

Quality is not an act,  
it is a habit...

The Nightingale CXO™  
is 94% Recyclable

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## How To Care For Your CXO™

With regular care and maintenance, your CXO™ will provide many years of superior performance and satisfaction. To maintain the quality of your Nightingale product, please follow the cleaning procedures outlined here.

### Mechanism

Once a year lubricate using WD40 or similar product. (Spray with plastic straw attached to sprayer) **NOTE:** To prevent dripping, avoid over lubrication which may cause damage to surrounding surfaces.

### ABLEX™ Mesh

Clean with mild detergent and water applied with a clean damp cloth or sponge. Rinse with a damp (water) cloth and let dry. Never use hot water and avoid scrubbing. Use gentle movements.

### Plastic parts

To clean spray with a mild detergent and wipe off using a damp (water) cloth. Do not use abrasives or excessive amounts of cleaner.

### Frame

Powder coat frames can be cleaned by wiping with a damp cloth and any mild detergent.

\* The instruction for the care and maintenance of Nightingale Products are provided to you as a service. No warranty is implied since results may vary.



Nightingale Office Chairs  
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SCAN this QR Code To Learn  
More About How To Use  
This CXO Chair.

## User Guide Instructions



MANUFACTURING CONTRACT OFFICE CHAIRS SINCE 1928



MODEL 6200D  
SHOWN



94%  
RECYCLABLE

# Congratulations On Purchasing Nightingale's CXO™

Please read and understand this user INSTRUCTION guide BEFORE operating this office chair.



## How To Use and Adjust My CXO™



**A. Pneumatic Height Adjustment**  
To lower chair, rotate the paddle counter clockwise while seated. To raise chair rotate the paddle counter clockwise with no weight on the seat.



**B. Seat Slider LIFT lever bar up to unlock, move seat to desired position, release lever to lock into position.**



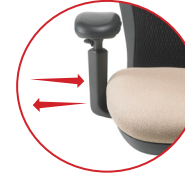
**C. Infinite Tilt Lock**  
To lock chair in desired position rotate the paddle clockwise. To unlock chair for free movement rotate paddle counter clockwise.



**D. Tension Knob** Turn clockwise to increase tension, turn counter-clockwise to decrease tension.



**E. Arm Height Adjustment**  
To raise or lower arm height, pull trigger up and move to desired position. Release trigger to lock into position.



**F. Horizontal Arm Adjustment**  
Pull arm out from seat to desired position from bottom of arm, for increased width. Push arm in to decrease width.



**G1. Arm Pivot Adjustment** (Front button on side of pad) Push button in to pivot, release button to lock into position.  
**G2. Arm Pad Front To Back Adjustment** (Back button on side of pad) Push button in to move to desired position, release button to lock into position.



**H. Horizontal and Vertical Lumbar Adjustment**  
For horizontal lumbar adjustment press H1 button down and move lumbar to desired (in or out) position, release button to lock. For vertical lumbar adjustment, lift lumbar H2 to desired position. To lower lumbar lift to top position and lower to lowest position. From that lowest position lumbar can then be reset as required.



**I. Ratchet Height Adjustable Headrest** Simply lift headrest to desired position and headrest locks automatically. To lower headrest lift to top position and headrest can then be lowered to lowest position. From the lowest position the headrest can be reset as required. **Headrest Feature Available Only On The 6200D CXO Version.**



Office  
Chairs



## PASS IT ON!

Our customers often tell us their friends stop and ask about their CXO™ If this happens to you, please give your friend this card so they can learn more about our chairs.

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