

BIOS | Medical  
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**2021**

**HELPING  
YOU TAKE  
CARE**



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Protocol<sup>12.0</sup>  
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A photograph of a male doctor with glasses and a stethoscope, wearing a white lab coat, holding a tablet and looking at it. An elderly female patient with white hair is standing next to him, looking at the tablet with a smile. They are in a bright, modern clinical setting with large windows in the background.

# DIAGNOSTICS

“Monitoring at home” is at the center of healthcare for patients with hypertension, diabetes and COPD.

As such, this section also includes important information about how and when to use devices.

If your pharmacy staff requires additional training on these products, we are happy to provide webinars or in-store training.

This section features products like:

- Blood Pressure Monitors
- Fever Thermometers
- Pulse Oximeters

... and much more!



## The Quest for Proper Home Blood Pressure Measurements

According to Hypertension Canada, 46% of the 7.5 million Canadians with hypertension own a home blood pressure monitor. The problem is, simply owning one and taking measurements randomly now and again doesn't provide enough information to adequately assess your blood pressure and properly manage hypertension.

Proper home measurement requires consistent measurements over a period of time. In the 2020 Guidelines to Physicians, Hypertension Canada outlines a simple home measurement protocol, that if followed accurately produces highly reliable data.

### 7 Day Home Monitoring Protocol

1. Measure 2 times in the morning (with 1 minute between), after going to the bathroom and before breakfast or coffee/tea.
2. Measure 2 times in the evening (with 1 minute between), at least an hour after eating and with no prior exercise, coffee, smoking or alcohol.
3. Patients should rest for 5 minutes before measuring.

This series should be repeated for 7 days and the systolic and diastolic readings should be averaged separately, without including the first days readings.

The data from this protocol can be used by medical professionals to:

- i) Diagnose hypertension by eliminating the white-coat effect
- ii) Make any necessary medication adjustments
- iii) Monitor and control hypertension among patients that have multiple cardiovascular risk factors and are considered high risk

In the case of ii and iii, patients should employ the 7 day protocol once a month and present the data to their medical professional.

### Tips on Taking Accurate Measurements



In the morning before breakfast, 2 hours after dinner, before taking medication.



Empty bladder (if necessary).



Avoid coffee and smoking within the hour, and no exercise 30 minutes before measuring.



Rest quietly for 5 minutes. Remain calm and quiet while the measurement is in process.



Do not speak while taking the measurement.



Take measurements on the non dominant arm.



Sit with legs uncrossed so as not to restrict blood flow.



Sit with back supported and measurement arm resting on a table. Sit with feet flat on the floor.



Ensure that the cuff is level with the heart while the arm is supported on the table.





**BIOS**  
*Diagnostics*

## PROTOCOL<sup>®</sup>7DMII Home Blood Pressure Monitor

**BD252**

This blood pressure monitor will connect via Bluetooth™ to Android and iOS devices. The **FREE** "BP ToolBox" App enables users to send secure data from patient to physician for interpretation and diagnosis. Users can set reminders to take measurements at the proper times. Patients and doctors can view specific time periods: 7 days, 30 days, 90 days or 1 year of data, in table or graph form. All information is non-tamperable and secure. Register for the **Free BP ToolBox APP**.

### Features

- Pre-installed 7 day software
- Irregular heartbeat indicator
- 2 users x 90 memories and 2 measurement alarms
- BP assessment indicator
- BIOS Averaging
- Low battery indicator
- Tamper proof recording
- Includes a wide range cuff:  
9.4" – 17" / 24 – 43 cm
- Includes storage bag
- AC adapter (included)
- Lifetime warranty



**PRECISION 12.0**



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## Monitors with Hypertension Guidelines Embedded

Hypertension Canada's Guidelines call for "out-of-office" measurements to confirm a diagnosis of hypertension, and rule-out the possibility of white coat hypertension. Patients follow a specific measurement protocol that requires four measurements per day (2 morning and 2 evening) sequentially, for seven days.

BIOS "Protocol" Home Monitors simplify the process for patients, and present clear, tamper-proof data for medical professionals to determine a diagnosis. The devices are validated blood pressure monitors. When users select 7D mode, the product is pre-programmed to follow the measurement methodology exactly; the resulting average is displayed. The data from the test period is held in the unit's memory until it can be reviewed and cleared. Any measurement omissions or anomalies are highlighted and the physician can review the data points to confirm the overall result is valid, or requires repeating.

A series of measurements over 7 days has been shown to produce very accurate data, on which medical professionals can diagnose, and manage patients for hypertension. A patients 7 day average is their "real average blood pressure".

### PRECISION 8.0



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**BIOS**  
*Diagnostics*

### Protocol® 7D Home Blood Pressure Monitor

**BD240**

The BIOS Protocol is specifically designed to help patients follow Hypertension Canada's recommendation that employs home blood pressure monitoring in the diagnosis and ongoing treatment of hypertension. The device has special software that follows HC guidelines exactly by automatically taking two morning and two evening blood pressure measurements for seven days. After the test period, the device calculates the patient's blood pressure according to the guidelines.

## Features

- Pre-installed 7 day software
- Irregular heartbeat indicator
- 2 users x 90 memories and 2 measurement alarms
- BP assessment indicator
- BIOS Averaging
- Low battery indicator
- Tamper proof recording
- Includes a wide range cuff: 9.4" – 17"/24 – 43 cm
- AC/DC adapter included
- 10 year warranty





**BIOS**  
*Diagnostics*

## Ultra Blood Pressure Monitor with Atrial Fibrillation Screening 3MS1-4K

A BIOS exclusive, this blood pressure monitor features a new technology that accurately detects Atrial Fibrillation, the most common form of heart arrhythmia or irregular heartbeat. The presence of AFIB is strongly linked to stroke, early detection can reduce the risk of stroke significantly. The blood pressure monitor comes with a **FREE** download for the BP Analyzer Software. This powerful medical tool automatically stores all your blood pressure readings. By clicking the viewing options the user can review the readings in multiple forms.

### What is Atrial Fibrillation?

Atrial Fibrillation (AFIB) is the most common sustained rhythm abnormality and occurs when rapid, disorganized electrical signals are present in the hearts two upper chambers called the atria. It causes them to contract rapidly and irregularly. Blood pools in the atria resulting in clots that can break off and travel to the brain causing a stroke.

### Signs & Symptoms of Atrial Fibrillation

In its early stages, AFIB is asymptomatic and therefore difficult to identify. As it progresses, people with AFIB will usually experience symptoms such as palpitations, irregular heartbeats, dizziness, shortness of breath, chest pains, faintness, sweating, and fatigue.

A majority of people will not present any symptoms. Early detection of AFIB can save lives and reduce the risk of strokes, the leading cause of disabilities worldwide.

### What Causes Atrial Fibrillation?

- Most common cause is high blood pressure
- Excessive use of alcohol
- Heart disease
- Stress
- Blood clots
- Genetics
- Age

**PRECISION 10.0**

**mam**  
technology  
inside

**Afib**



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**Hypertension Canada**  
Gold | Or



## Features

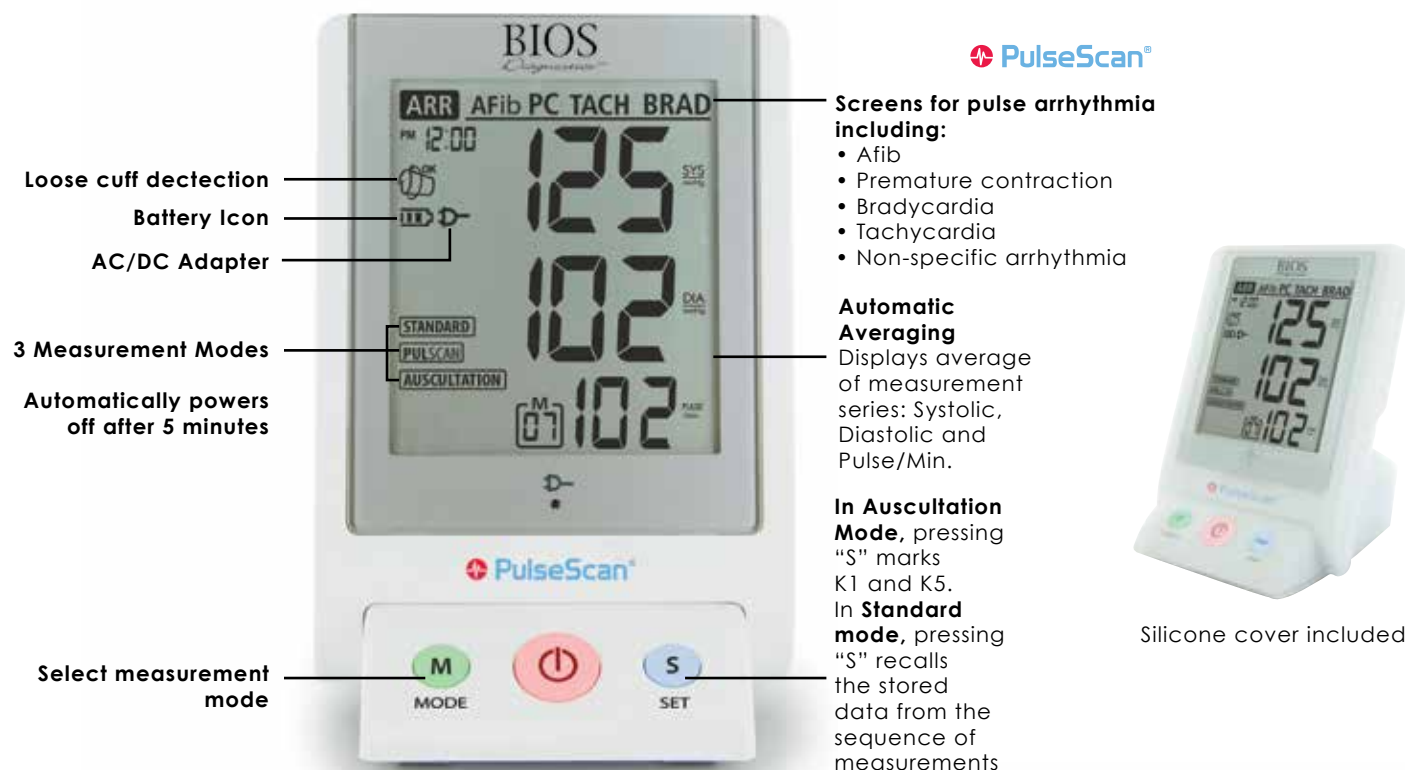
- 200 memory storage
- Averaging mode for superior accuracy (MAM)
- Low battery indicator
- Includes a wide range cuff: 8.7" – 16.5"/22 – 42 cm
- AC adapter included
- Lifetime warranty



# DIAGNOSTICS

## Automatic Professional Blood Pressure Monitor

Designed for professional office use. Automatically counts down 1, 3 or 5 minutes. Inflates or deflates three sequential measurements and averages the results.



## 3 Measurement Modes:

- Fully Automatic (PULSCAN)** - Set rest period 0-5 min. Takes 3 sequential measurements and displays average
- Auscultation** - User listens for Korotkoff sounds and "marks" K1 and K5 by pressing SET button (requires stethoscope)
- Standard** - 1 single measurement



## Technology

PulseScan technology detects pulse arrhythmia during a normal blood pressure measurement. It is intended as a screening tool that may lead clinicians to more investigation including ECG based analysis to identify the underlying pathological causes of a specific arrhythmia.

|             | Arrhythmia | AFIB   | Bradycardia | Premature Contraction | Tachycardia |
|-------------|------------|--------|-------------|-----------------------|-------------|
| Sensitivity | 95.16%     | 78.67% | 100%        | 74.07%                | 97.50%      |
| Specificity | 96.98%     | 98.39% | 99.14%      | 95.17%                | 99.13%      |





## Automatic Office Protocol

**BD270**

This device has been designed to follow the recommended best practice for Automated Office Measurements as outlined in Hypertension Canada's 2018 guidelines and the European Society of Hypertension.

### Recommended Technique:

1. Patient sits comfortably with back supported and legs uncrossed.
2. First measurement by health professional confirms cuff size and position.
3. Patient rests alone for 5 minutes.
4. The device automatically takes 3-5 measurements and averages results.



BD271

Optional  
Stand



### Product Specifications

|                           |   |
|---------------------------|---|
| <b>Name:</b>              | Automatic Professional Blood Pressure Monitor   |
| <b>Model:</b>             | BD270   |
| <b>Measurement:</b>       | Oscillometric   |
| <b>Measurement Range:</b> | 30-260 mmHg   |
| <b>Accuracy:</b>          | Pressure: $\pm 3$ mmHg<br>Pulse: $\pm 5\%$ of reading   |
| <b>Memory Capacity:</b>   | 7   |
| <b>Auto Shut-Off</b>      | After 5 minutes   |
| <b>Power Supply:</b>      | DC 4.8V 1800 mAH NIMH Battery<br>120V AC/DC Adapter   |
| <b>Package Contents:</b>  | Blood Pressure Monitor<br>Silicone Protective Cover<br>Large Cuff:<br>13.4" - 18.1"/34-46 cm<br>Medium Cuff:<br>9.4" - 14.2"/24-36 cm<br>Small Cuff:<br>6.2" - 10.2"/16-26 cm<br>Rechargeable battery and AC/DC adapter |



## Ambulatory Blood Pressure Monitor

ABP-01

24 hour Ambulatory monitoring is the preferred method for diagnosing patients with suspected white coat or masked hypertension. The data recorded while patients are ASLEEP and first thing in the morning provide insights that AWAKE measurements cannot.

### Ambulatory Settings

- Day & night measurement intervals of 5, 10, 15, 20, 25, 30, 40, 60 and 90 minutes
- Morning & special measurement intervals
- Cuff size selection

### BIOS Diagnostics Device

- Clinically validated to the BHS and AAMI accuracy criteria.
- Improved patient safety – ABP monitor contains an operating valve necessary for pumping pressure and an automatic pressure release valve to avoid injuries resulting from high cuff pressure.
- Medication indicator
- Small and lightweight
- Quiet operation and low noise for less disturbance and better sleep.

### Ambulatory Kit Includes:

- 1 USB optical cable with USB driver
- 2 Storage case
- 3 Small, medium & large cuffs
- 4 Ambulatory blood pressure monitor
- 5 Carrying pouch with straps
- 6 Batteries





Out-of-Office Measurements (24 hour - ambulatory and home BP monitoring) have been shown to have stronger association with cardiovascular events than office BP (with) high diagnostic and prognostic ability, either method can be used to identify patients with white coat hypertension.

Ambulatory blood pressure monitoring can be used in the diagnosis of hypertension; and considered when an office induced increase in BP is suspected in treated patients with:

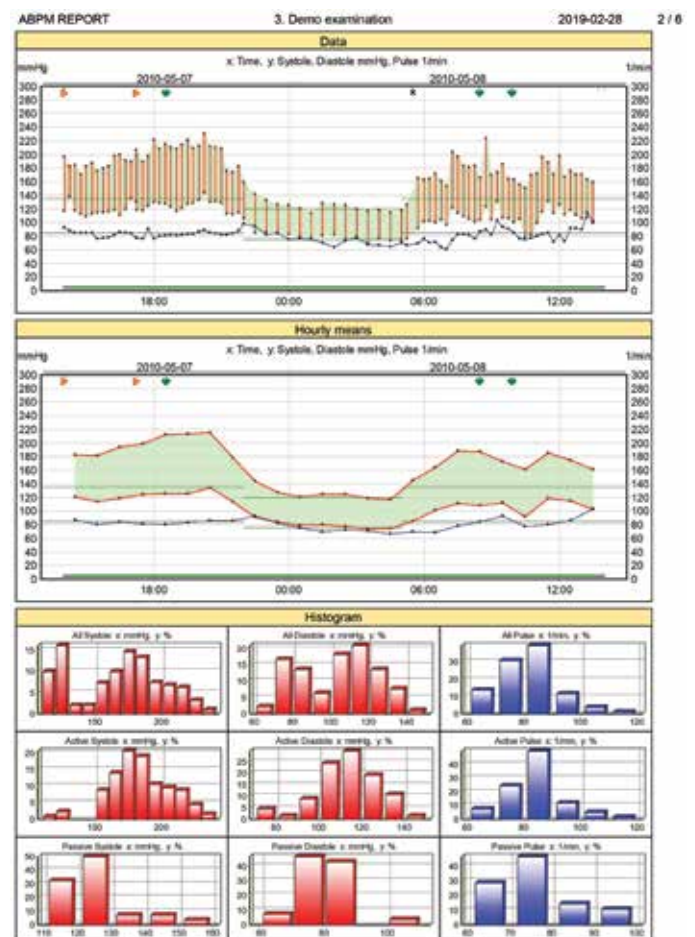
- i. Suspected white-coat hypertension
- iii. Suspected masked hypertension
- v. Resistant hypertension
- vii. Fluctuating office readings
- ii. Suspected nocturnal hypertension
- iv. To establish "dipper" status
- vi. Suspected hypotension
- viii. Pre-eclampsia

## Simple, Concise Reports

In PDF Format

- Patient information, examination start time and summary of successful readings
- Line graph and histogram of day and night measurements
- Summary of measurements: average, max/min of Systolic, Diastolic, Pulse, MAP, Pulse Pressure
- Data list of each measurement taken
- Medication ingestion times identified

| ABPM REPORT 3. Demo examination 2019-02-28 3 / 6 |              |               |               |             |                   |                |
|--|--------------|---------------|---------------|-------------|-------------------|----------------|
| Statistics                                       |              |               |               |             |                   |                |
| All 24:00:00                                     | Systole mmHg | Diastole mmHg | MAP mmHg      | PP mmHg     | Pulse 1/min       | Double product |
| Hypertension                                     | 130.00       | 80.00         |               |             |                   |                |
| Mean   | 106.13       | 103.23        | 124.20        | 62.90       | 80.54             | 13509.44       |
| Max  | 231.00       | 144.00        | 173.00        | 101.00      | 115.00            | 20559.00       |
| Min  | 114.00       | 69.00         | 85.00         | 37.00       | 61.00             | 7475.00        |
| SD   | 31.40        | 19.00         | 22.65         | 15.94       | 9.35              | 3341.37        |
| PTE  | 86.46        | 88.54         | 90.63         |             |                   |                |
| Hyperbaric impact                                | 867.42       | 521.01        | 633.48        |             |                   |                |
| Diurnal index                                    | 31.74        | 29.32         | 30.40         |             |                   |                |
| Morning surge                                    | 31.71        |               |               |             |                   |                |
| Statistics                                       |              |               |               |             |                   |                |
| Active period 17:00:00                           | Systole mmHg | Diastole mmHg | MAP mmHg      | PP mmHg     | Pulse 1/min       | Double product |
| Hypertension                                     | 135.00       | 85.00         |               |             |                   |                |
| Mean   | 103.08       | 112.88        | 136.28        | 70.19       | 82.62             | 15158.44       |
| Max  | 231.00       | 144.00        | 173.00        | 101.00      | 115.00            | 20559.00       |
| Min  | 118.00       | 74.00         | 88.67         | 43.00       | 61.00             | 8260.00        |
| SD   | 22.41        | 14.33         | 16.27         | 13.39       | 8.99              | 2563.55        |
| PTE  | 97.06        | 94.12         | 97.06         |             |                   |                |
| Hyperbaric impact                                | 1164.24      | 680.84        | 839.85        |             |                   |                |
| Hypotension                                      | 85.00        | 65.00         |               |             |                   |                |
| Statistics                                       |              |               |               |             |                   |                |
| Passive period 07:00:00                          | Systole mmHg | Diastole mmHg | MAP mmHg      | PP mmHg     | Pulse 1/min       | Double product |
| Hypertension                                     | 120.00       | 75.00         |               |             |                   |                |
| Mean   | 124.96       | 79.79         | 94.85         | 45.18       | 75.50             | 9504.71        |
| Max  | 159.00       | 106.00        | 123.67        | 57.00       | 98.00             | 15582.00       |
| Min  | 114.00       | 69.00         | 85.00         | 37.00       | 64.00             | 7475.00        |
| SD   | 11.75        | 8.67          | 9.48          | 5.31        | 10.20             | 2238.89        |
| PTE  | 60.71        | 75.00         | 75.00         |             |                   |                |
| Hyperbaric impact                                | 146.57       | 132.86        | 132.29        |             |                   |                |
| Hypotension                                      | 70.00        | 55.00         |               |             |                   |                |
| List of hourly means                             |              |               |               |             |                   |                |
| Date yyyy-mm-dd                                  | Time hh-mm   | Systole mmHg  | Diastole mmHg | Pulse 1/min | Measurement piece |                |
| 2010-05-07                                       | 14-15        | 181.9         | 120.1         | 86.8        | 5                 |                |
| 2010-05-07                                       | 15-16        | 181.0         | 113.9         | 79.9        | 5                 |                |
| 2010-05-07                                       | 16-17        | 193.6         | 118.9         | 83.5        | 5                 |                |
| 2010-05-07                                       | 17-18        | 198.9         | 124.4         | 80.9        | 6                 |                |
| 2010-05-07                                       | 18-19        | 212.0         | 125.3         | 80.4        | 5                 |                |
| 2010-05-07                                       | 19-20        | 213.5         | 125.2         | 83.0        | 5                 |                |
| 2010-05-07                                       | 20-21        | 215.5         | 133.9         | 85.6        | 5                 |                |
| 2010-05-07                                       | 21-22        | 178.9         | 114.2         | 86.0        | 5                 |                |



Set up is easy to do and initial training can be accomplished within 30 minutes.

Information is presented clearly for easy interpretation.



## Calibration

Digital blood pressure monitors do not require regular recalibration. Unless the product has been dropped and internal parts have been damaged. If the unit turns on and does not display an error code, the product is working properly. In extremely rare cases, the cuff may have developed a pin-hole leak, or the gasket where the cuff connector enters the monitor may not have a proper seal; both of these leaking air issues will potentially cause errors in accuracy, but otherwise the product will work accurately without drifting out of calibration.

## Comparing Readings to Other Blood Pressure Devices

Many questions arise when two blood pressure devices are compared in an effort to check accuracy. An accurate comparison requires repeatable measurements under the same conditions to a "reference device" with known accuracy. Significant time is required to reduce naturally occurring blood pressure variability during the test. The subject should be seated comfortably with feet flat on the floor, and have rested for 5 minutes before the first reading to allow blood pressure levels to stabilize.

The patients back, elbow and forearm should be supported, and the middle of the cuff should be at the level of the right atrium. There should be no talking or moving during the measurement and if comparing to an aneroid gauge or mercury column, observers should avoid parallax and be careful not to round measurements.

The most accurate way to compare devices is to take two readings at the same time. However, most people and doctor's offices do not have the equipment necessary to measure blood pressure from two devices simultaneously. To take sequential measurements properly requires a pair of initial measurements to determine the subjects blood pressure level: first with the reference equipment, followed by 60 seconds, then with the monitor-under-test. The actual accuracy test requires three pairs of measurements with 60 seconds between measurements. These measurements are averaged and a comparison can be made. Since most people tend to relax and their blood pressure falls with subsequent measurements, following this protocol reduces these natural changes in Blood Pressure levels. The standard technical error of both consumer and professional devices is normally  $\pm 3$  mmHg, so a discrepancy of 6 mmHg is acceptable even when the devices are working within their specifications.

Any comparisons without a known "reference device" and not following the procedures described above will yield unreliable results. In addition, to do an accuracy test properly the reference device must also be tested to a known reference to confirm its accuracy, prior to being used as the reference for comparisons.

## PRECISION 6.0

**BIOS**  
*Diagnostics*

## Easy Read Blood Pressure Monitor

**BD201**

The best mid-range blood pressure monitor on the market! It is easy to use and gives the accuracy that you have come to know from BIOS Diagnostics.

### Features:

- 2 users x 90 memories storage
- BP assessment indicator
- BIOS Averaging
- Low battery indicator
- Includes a wide range cuff:  
9.4" – 17"/24 – 43 cm
- 7 year warranty



Recommended by  
Recommandé par  
**Hypertension Canada**  
Silver | Argent







## PRECISION 4.0

**BIOS**  
Diagnostics

### Compact Blood Pressure Monitor

**BD216**

This Compact Blood Pressure Monitor delivers the accuracy and precision you expect from BIOS Diagnostics in half the size. Its compact design is ideal for travelling and its simplicity is favoured by many users.

#### Features:

- PAD Patented technology detects irregular heartbeat
- 99 memory storage
- BIOS Averaging
- Low battery indicator
- Includes wide range cuff: 8.7" – 16.5"/22 – 42 cm
- Requires 4 x AA batteries (included)
- 4 year warranty



## PRECISION 6.0

**BIOS**  
Diagnostics

### Wrist Blood Pressure Monitor

**W100**

In the 2018 guidelines to Canadian physicians, Hypertension Canada acknowledges that wrist models had "the highest diagnostic accuracy" in obese patients with BMI > 35 kg/m. Also recommended when patients complain of pain from an upper arm device. Pharmacists should recommend wrist models for the following patient groups: obese patients, patients intolerant to upper cuff pain and cancer patients concerned about lymphedema.




#### Features:

- PAD Patented technology detects irregular heartbeat
- 200 memory storage
- 2 medication alarms
- Low battery indicator
- Cuff range: 5.25" – 8.5"/13.5 – 21.5 cm
- Requires 2 x AAA batteries (included)
- 10 year warranty





# DIAGNOSTICS

| Stethoscopes   | Model # | Description  | Dual Chest Piece | Diameter |
|--|---------|--|------------------|----------|
| <br>BIOS<br>Diagnostics | 506DI   | <b>Sprague Rappaport Stethoscope</b><br>Small bell-like chest piece is used for auscultation of slight and low frequency sounds.<br><br>* Includes interchangeable bell type chestpiece (adult, medium and infant) and 3 size soft sealing ear tips (small, medium, large) | ✓                | 46 mm    |
| <br>BIOS<br>Diagnostics | 507DI   | <b>Deluxe Dual Head Stethoscope</b><br>Featuring a non chill rim and comfortable ear tip   | ✓                | 47 mm    |
| <br>BIOS<br>Diagnostics | 508DI   | <b>Cardiology Stethoscope</b><br>Comes with a spare transparent plastic diaphragm and an extra set of soft and regular ear tips  | ✓                | 48 mm    |

## WHAT IS A FEVER?



A temporary increase in the body's temperature in response to a disease or virus



Although a fever signals that a battle might be going on in the body, the fever is fighting for, not against that person



Body temperature will be highest in the evening and lowest about one hour before waking up



| Age             | Recommended Site  | Recommended Product   |
|-----------------|---|---|
| < 2 Years       | 1. Rectum<br>2. Underarm* (Axillary)                          | 1. Digital "Pen" Thermometer  |
| 2 - 5 Years     | 1. Rectum<br>2. Ear<br>3. Forehead<br>4. Underarm* (Axillary) | 1. Digital "Pen" Thermometer<br>2. Ear Thermometer<br>3. Forehead Thermometer |
| 5 Years & Older | 1. Oral<br>2. Ear<br>3. Forehead<br>4. Underarm* (Axillary)   | 1. Digital "Pen" Thermometer<br>2. Ear Thermometer<br>3. Forehead Thermometer |

### Normal Body Temperature Ranges:



Oral:  
35.5°C - 37.5°C  
95.9°F - 99.5°F



Ear:  
35.8°C - 38°C  
96.4°F - 100.4°F



Rectal:  
36.6°C - 38.0°C  
97.9°F - 100.4°F



Underarm (Axillary):  
36.5°C - 37.2°C  
97.7°F - 98.9°F



## Ear Thermometer with Bluetooth

240DI

- **FREE** PrecisionTemp App
- Accurate results in 1 second
- Probe illuminates for measurements at night
- "Clean Me" technology indicates when lens needs cleaning
- "Fever Glow" technology turns the screen red when a fever is detected
- Thermometer stores 30 readings
- Auto-shut off
- Requires 1 x CR2032 battery (Included)
- °C - °F switchable

## The Tympanic Membrane as a Measurement Site

The Tympanic Membrane or Eardrum is an excellent site to monitor body temperature accurately.

The body's response to a fever is almost immediate at the tympanic membrane and the temperatures closely reflect core body temperature.

## Fever Thermometer App

Accurately tracks each family member's temperature and connects via Bluetooth to the **FREE** PrecisionTemp App. The App warns parents when a fever is rising and when to consult a medical professional. Includes normal temperature ranges, measurement techniques and symptoms parents should watch for.

## App Features

- Creates a patient profile for each member of the family
- Summarizes patient information, clarifies details for medical professionals including symptoms and medications taken
- Records and tracks symptoms
- Provides a detailed history of temperatures with time
- All history screens can be sent securely to your doctor
- Medication reminder



Screen is red when fever is detected



Graph of readings





# DIAGNOSTICS

BIOS  
Diagnostics

## Ovulation Thermometer with Bluetooth

245DI

- **FREE** PrecisionTemp App
- Accurate results in 60 seconds
- 1/100th °C readout
- Water resistant for easy cleaning
- Thermometer stores 30 readings
- Auto-shut off
- Requires 1 x CR1632 battery (Included)
- °C - °F switchable

## What Is Basal Temperature and Why Use This Thermometer?

Changes in basal temperature relate to changes in the female reproductive cycle.

By taking your basal temperature daily, you can identify slight changes and patterns in your temperature. A slight rise in temperature predicts your most fertile days and maximizes your chances of conceiving naturally.

## Ovulation Thermometer App

By charting your basal temperature daily with the **FREE** PrecisionTemp App, you can identify slight changes and patterns in your temperature, as well as track your menstrual cycle.

## App Features

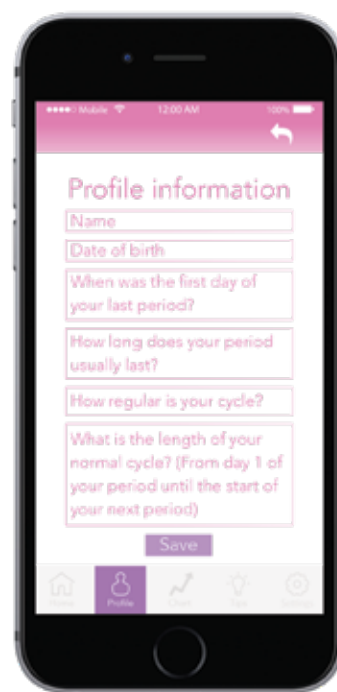
- Accurately determines your most fertile days
- Tracks your entire feminine cycle, including menstrual and ovulation days
- Reminder alarm feature prompts users to take temperature at the same time each morning
- Helpful tips for the user to better understand ovulation



Bluetooth™



Chart gives users a graphical view of their ovulation cycle, pinpointing the fertility window, the 6 days a woman is most likely to get pregnant.







## 1 Second Ear Thermometer 235DI

The "HALO" is a unique ear thermometer, offering users the ultimate in convenience with fast measurements. The probe illuminates, making measurements in the dark possible. "Clean Me" technology eliminates the need for probe covers and indicates when the lens needs cleaning.

- "Fever Glow" technology turns the screen red when a fever is detected
- Stores 30 temperature readings
- Auto-shut off
- Requires 1 x CR2032 battery (Included)
- Storage case included
- °C - °F switchable



"Clean Me" technology



Fever Glow Technology



## Ovulation Thermometer 16C2

Recording daily "basal" temperatures can help establish the female fertility cycle and the timing of ovulation.

- Accurate results in 60 seconds
- 1/100th °C readout
- Stores last measured temperature
- Water resistant for easy cleaning
- Protective storage case included
- Auto-shut off
- Requires 1 x SR41W battery (Included)
- °C only





# DIAGNOSTICS



## Instant Response Fever Thermometer

BIOS  
Diagnostics

237DI

- Accurate results in 2 seconds
- For oral, rectal and underarm (axillary) use
- "Fever glow" technology
- Innovative patented R.A.T.E 4G™ technology
- Stores last measured temperature
- 5 probe covers included
- Storage case included
- Auto-shut off
- Requires 1 x CR2032 battery (Included)
- °C - °F switchable



## Jumbo 5 Second Thermometer

BIOS  
Diagnostics

227DI

- For oral, rectal, and underarm (axillary) use
- "Fever glow" technology
- Flexible tip
- VTR - Visual Temperature Reference
- Stores last measured temperature
- Storage case included
- Auto-shut off
- Requires 1 x CR2032 battery (Included)
- °C - °F switchable



## Flex-Tip Digital Fast Read Thermometer

BIOS  
Diagnostics

238DI

- Accurate results in 10 seconds
- For oral, rectal, and underarm (axillary) use
- VTR - Visual Temperature Reference
- Stores last measured temperature
- Storage case included
- Auto-shut off
- Requires 1 x LR41 battery (Included)
- °C - °F switchable



DAISY ROVER OLIVER BETTY

## Character Flex-Tip Thermometer

BIOS  
Diagnostics

32704

- Accurate results in 10 seconds
- For oral, rectal, and underarm (axillary) use
- Fever alarm
- Stores last measured temperature
- Storage case included
- Available in a mixed pack of 5
- Auto-shut off
- Requires 1 x LR41 battery (Included)
- °C - °F switchable



BIOS  
Diagnostics

## Digital Fever Thermometer 1671

- Accurate results in 60 seconds
- For oral, rectal, and underarm (axillary) use
- Stores last measured temperature
- Water resistant for easy cleaning
- Available in a mixed pack of 4 colours
- Auto-shut off
- Requires 1 x LR41 battery (Included)
- °C - °F switchable



**Asthma.ca**  
Asthma Society of Canada  
ASTHMA·ALLERGY·COPD  
Exercise your right to breathe easy.

## Asthma/COPD Monitor PF100

Asthma attacks can be indicated in advance by low peak flow values, but using the Microlife Asthma Monitor. Using this device in conjunction with a doctor's consultation, helps patients with lung diseases manage their condition. Studies have shown that patients who regularly monitor their peak flow or spirometry and discuss results with their doctors have fewer severe asthma attacks.

This medical device measures both Peak Expiratory Flow (PEF) and Forced Expiratory Volume (FEV1) in 1 second. It is very easy to use and is suitable for all ages. It can store up to 240 memories, with date & time. Includes a traffic light indicator to help you determine your ideal values.

## Pulse Oximeter MD300C20

A pulse oximeter is a very important and common device to check oxygen saturation (SpO<sub>2</sub>) and pulse rate. As a small, compact, simple, reliable and durable physiological monitoring device the fingertip pulse oximeter measures your oxygen level and pulse rate for your daily needs.

- EZ – Read – view from 4 sides
- Adjustable brightness
- Displays SpO<sub>2</sub> and waveform
- Soft silicone padding
- Strong slip resistant clip
- Non-invasive
- Includes carrying case and lanyard
- Latex free
- 2 x AAA batteries included





# DIAGNOSTICS



120SC

121SC



Glycol Tubes  
(Optional) 121SC

- 1 glycol tube for temperature buffering
- Designed for use with the advanced vaccine thermometer (Sold Separately)

## Advanced Vaccine Thermometer

BIOSliving

120SC

Provides precision and accuracy along with a calibration certificate meeting Public Health Guidelines. This vaccine thermometer indicates three important features for vaccine storage: time and date stamping of maximum and minimum temperatures, high and low temperature alarms, and a handy low battery indicator on the display. Includes 2 AAA batteries. An accurate sophisticated thermometer at a low cost.

Meets Public Health guidelines



Saveris 2

400572.2032

Automated temperature monitoring for vaccines, medications and pharmaceutical storage.

- Protect your vaccines other liquid medications
- 24/7 automatic temperature monitoring with customized text/email alerts
- Alarm notifications when limited values are violated
- Internet-enabled for use on smartphone, tablet or PC
- Measurement data available anywhere, any time
- Free online data storage, download in minutes
- Saves you time and money

BIOSliving

124SC

## Vaccine Data Logger

The BIOS Living Vaccine Data Logger was designed for monitoring temperature conditions inside storage units where vaccines are kept. This logger attaches to the outside of the storage door, while the buffer sensor tube is placed inside. This allows users to see the current, minimum, maximum temperatures without opening the door. This unit can log every minute and store up to 24 million readings.

- Accuracy:  $\pm 0.5^{\circ}\text{C}/\pm 0.9^{\circ}\text{F}$
- Temperature range:  
Internal Sensor:  $0^{\circ}\text{C}$  to  $50^{\circ}\text{C}$ / $32^{\circ}\text{F}$  to  $122^{\circ}\text{F}$   
External Sensor:  $-50^{\circ}\text{C}$  to  $70^{\circ}\text{C}$ / $-58^{\circ}\text{F}$  to  $158^{\circ}\text{F}$
- 24 million readings logged
- Min/Max reading memory
- Flashing light/alarm indicator
- Waterproof external sensor in buffer solution
- Ideal for monitoring vaccines and liquid during storage
- Low battery symbol on display
- Removable SD memory card and USB interface for data retrieval
- Automatically generates CSV file







## MOBILITY

Mobility Aids are available to assist individuals of all ages who have balance or mobility issues. As we age, our risk of falling increases and the need to prevent falls is a must! In Canada, falls are the leading cause of injury among seniors where 85% end up being hospitalized. 50% of all falls happen at home, which can result in chronic pain, further reduction of mobility, hip-fractures and/or loss of independence. The mobility devices in this section are designed to provide safety and security for all.

This section features products like:

- Walkers
- Rollators
- Wheelchairs

... and much more!



# MOBILITY

BIOSliving

## 5-in-1 Mobility & Bathroom Aid

56120

This 5-in-1 device gives independence back to those with mobility issues. An individual no longer needs to have multiple devices in their home to help with their day-to-day routines.

### Features:

- One-button folding walker
- Lightweight aluminum frame
- Black tote bag included
- Non-slip foam padding included for shower seat
- Commode pail included
- **Weights:** 10 lbs/4.6 kg
- **Height Adjustment:** 30 – 38"/76 – 96.3 cm
- **Width:** 20"/50.8 cm



**Weight Capacity:** 300 lbs/136 kg



1



### Folding Walker

This one-button folding walker provides support and stability.

**Width:** 21"/53 cm

2



### Raised Toilet Seat

Designed to fit around most standard toilets and to help individuals that have difficulty sitting down or standing up from the toilet. The detachable seat with non-slip foam cushion adds an additional 3"/7.6 cm to the height.

3



### Toilet Seat Frame

Gives additional support for individuals that have difficulty sitting down or standing up from the toilet.



## GET MORE FROM YOUR MOBILITY AID

4



### Commode

The detachable commode pail can hold up to 5 litres/1.32 gallons of waste. Commode bags sold separately (59014).

5



### Shower Seat

The detachable seat with a non-slip foam cushion makes showering comfortable and safe. The lightweight aluminum frame is corrosion free, convenient drainage holes making sure water does not stay pooled in the legs. The rubber tipped feet stop the seat from sliding.



### Tote Bag Included

The included tote bag allows the user to discreetly travel with all the components of the 5-in-1 Mobility & Bathroom Aid so they are never inconvenienced.



# MOBILITY



BIOSliving



Tool Free  
Assembly  
  
Assemblage  
sans outils

## Deluxe Folding Walker with Wheels

**56023**

The double button folding walker was created for people that require extra stability and support. Its unique U-shape design allows users to bring the walker close to assist in standing. Made of lightweight construction, featuring 3 walker accessory pouches and rear gliding skis. Comes in green.

**Width with Wheels:** 26"/66 cm

**Height:** 31½" - 38"/80 - 97 cm

**Weight Capacity:** 300 lbs/136 kg



BIOSliving

Tool Free  
Assembly  
  
Assemblage  
sans outils

Tubing  
Diameter:  
1"/2.5 cm

## Folding Walker

**BD770**

The double button folding walker was designed for people requiring extra stability and support. Its unique U-shape design allows users to bring the walker close, to assist in standing. Features comfortable hand grips, adjustable height, lightweight aluminum construction and rubber feet to prevent slipping.

**Width:** 22"/56 cm

**Height:** 32" - 38½"/81 - 98 cm

**Weight Capacity:** 300 lbs/136 kg



BIOSliving

Tool Free  
Assembly  
  
Assemblage  
sans outils

Tubing  
Diameter:  
1"/2.5 cm

## Folding Walker with Wheels

**56004**

This double button folding walker features 5"/13 cm wheels and rubber feet for the utmost convenience and independence on difficult terrain. The unique U-shape design allows users to bring the walker close, to assist in standing. Other key features include comfortable hand grips, adjustable height and lightweight aluminum construction.

**Width with Wheels:** 25"/64 cm

**Height:** 31½" - 38"/80 - 97 cm

**Weight Capacity:** 300 lbs/136 kg

**Also available in a pack of 4 - 56117**



BIOSliving

## Walker Skis

**56033**

Provides solid stability and helps glide a walker more easily. The ski shaped curve allow walkers to move smoothly over uneven terrain, thresholds, driveways, carpet or sidewalks. Sold as a pair. Fits 1"/2.5 cm diameter tubing.





## Walker Basket

**LF822**

Plastic-coated wire basket can be attached to most walkers. Features a heavy-duty clear plastic tray that has one large compartment, a change or medication holder and a round compartment for a glass, can or cup. Strips of hook and loop closures hold it to the cross and vertical bars.

**Dimensions:** 5½" x 16" x 7"/14 x 41 x 18 cm



## Sheepskin Walker Grips

**LG872**

These walker hand grips will provide comfort for your hands through all seasons. Fits most standard walker handle grips.



## Padded Walker Seat

**LG932**

Fits most walkers and attaches easily with hook and loop fasteners. Washable leather-like cover.

**Dimensions:** 24" x 8" x 3"/61 x 20 x 7.5 cm

**Weight Capacity:** 250 lbs/113 kg



## Walker Coasters

**LG671**

An innovative product designed to replace tennis balls, wheels and rubber tips on walker legs. The coasters glide smoothly over thresholds, sidewalks and carpet. Sold as a pair. Comes in yellow. Fits 1"/2.5 cm diameter tubing.



# MOBILITY



**Walker Tray** **LG886**

Made from durable heavy-duty plastic, this universal tray fits securely on side-bars of most standard walkers. It has raised edges and 2 recessed cup holders.

**Dimensions:** 21" x 16"/53 x 41 cm



**Universal Quilted Pouch** **LF875**

Designed to fit virtually all walkers and wheelchairs. Attractive blue print features a large 15½" x 11"/39 x 28 cm pocket and two inner 4" x 5"/10 x 13 cm pockets. Machine washable.

**Dimensions:** 16" x 14"/41 x 36 cm



**Wheelchair/Walker Handy Bag** **LG316**

This multi-pocket bag allows clients to carry personal items with ease. Features assorted sized pockets and includes a name tag and key ring holder.

**Dimensions:** 12" x 12"/30 x 30 cm



**Double-Sided Quilted Walker Bag** **LG062**

A stylish cotton bag with pockets in the front and back. Conveniently hangs over the walker crossbar. Machine washable and tumble dry. Comes in a blue print.

**Pocket Dimensions:** 13" x 10"/33 x 25 cm



Plaid



Green



Zebra

## Wheelie™ Walker Bag

This fun walker bag will allow you to hold your valuables securely, and easily attaches to any walker. Features a front cell phone holder with Velcro® tab for easy access, as well as multiple storage compartments inside/out with a divider and zippered pouch. Made of 100% pre-shrunk cotton and is machine washable.

|       |       |
|-------|-------|
| 59047 | Plaid |
| 59048 | Zebra |
| 59049 | Green |

BIOSliving



## Offset Cane - Blue

BD780

Made from lightweight aluminum, this cane has an offset handle which is ergonomic, comfortable to use and reduces stress on hands and wrist. This functional cane is adjustable in height, with a non-slip rubber foot which provides solid support and stability.

**Height:** 31" - 39"/79 - 99 cm

**Increments:** 1"/2.5 cm

**Weight Capacity:** 300 lbs/136 kg

**Also available in black - 56015**

BIOSliving



## J-Handle Cane

Offers a classic look and the added convenience of being easily hung over the forearm or coat hook. Made from lightweight aluminum, it features a cushion foam grip handle for less stress on the wrist and hand.

**Height:** 33" - 37"/84 - 94 cm

**Increments:** 1"/2.5 cm

**Weight Capacity:** 300 lbs/136 kg

|       |  |
|-------|--|
| 56013 | Black  |
| 56014 | Silver   |
| 56012 | Copper   |
| 57067 | Mixed pack of 2 black, 2 silver and 2 copper canes |

BIOSliving



## Offset Cane with Ice Pick

56005

Made from lightweight aluminum, this cane has an offset handle which is ergonomic, comfortable to use and reduces stress on hands and wrist. This functional cane is adjustable in height, with a retractable ice pick foot which provides solid support and stability in icy conditions. Comes in black.

**Height:** 31" - 39"/79 - 99 cm

**Increments:** 1"/2.5 cm

**Weight Capacity:** 300 lbs/136 kg



# MOBILITY

BIOSliving



## Derby Cane - Red

**BD784**

Includes a convenient strap for easy handling and storage. Features a derby handle, with a wide circumference, easy for cramped fingers to grip. Made from lightweight aluminum.

**Height:** 33" - 37"/84 - 94 cm

**Increments:** 1"/2.5 cm

**Weight Capacity:** 300 lbs/136 kg

**Also available in black - 56011**

BIOSliving



## Folding Cane - Black

**BD783**

Conveniently fits into its own compact carrying case, ideal for travel and storage. The non-slip rubber foot provides solid support and durability. Made from lightweight aluminum.

**Height:** 31" - 35"/79 - 89 cm

**Increments:** 1"/2.5 cm

**Weight Capacity:** 300 lbs/136 kg

**Also available in Copper - BD768**

BIOSliving



## Orthopedic Cane - Copper

**56017**

This functional cane has an angled ergonomically designed soft grip handle, which will reduce stress on the user's wrist and hands. It is simple to use and comes with one-button height adjustment to provide the right support and stability to anyone who has difficulty walking.

**Height:** 31" - 39"/79 - 99 cm

**Increments:** 1"/2.5 cm

**Weight Capacity:** 265 lbs/120 kg

**Also available in black - 56018**

BIOSliving



## Quad Cane - Black

**BD740**

Provides added stability and support with a large base and slip resistant rubber tipped feet. Ergonomic offset handle provides additional support and reduces stress on the wrist. Made from lightweight aluminum.

**Height:** 29" - 38"/74 - 97 cm

**Increments:** 1"/2.5 cm

**Weight Capacity:** 300 lbs/136 kg





BIOS living



**Quad Cane Tip** **LF829**

This lightweight and sturdy rubber tip is suitable for use with most canes. The compact design allows ease of use on stairs, uneven terrain. Loose sand or gravel can be navigated with ease. Enhances stability and reduces fatigue associated with stress impact to the hand, wrist and elbow. Fits canes with 1/2" diameter tubing.



**Aventure™ Pivoting Cane Tip** **LF813**

Designed to improve safety and mobility on uneven and slick surfaces. Completely latex-free and longer lasting than traditional tips on the market, flexes up to 30° for increased surface contact. Pivoting flexing ankle joint. Comes in a pack of 2.

**Cane Diameter:** 3/4" - 7/8" / 2 - 2.2 cm

BIOS living



**Cane Tips**

Designed to fit canes, walkers and crutches. These rubber pads prevent slipping and are made to withstand repeat use on outdoor surfaces.

|       |             |
|-------|-------------|
| 56026 | 1"/2.5 cm   |
| 56027 | 7/8"/2.2 cm |
| 56028 | 3/4"/2 cm   |
| 56029 | 5/8"/1.5 cm |

BIOS living



**5 Star Cane Ice Pick** **56032**

This cleated ice pick makes walking on icy surfaces much easier with a cane. Made from stainless steel, the ice pick attachment easily installs on all canes and can be flipped out of the way when not in use.



# MOBILITY



## Lifting Handle

**LF830**

Provides adjustable height support for getting up from any chair. The handle is suitable for most 3/4"/2 cm diameter standard walking canes.

**Weight Capacity:** 250 lbs/113 kg



## Offset Cane Handgrip - Black LF811B

This foam handle is a great replacement grip for most aluminum offset canes. Replace current grip handle with a more fashionable look and comfortable feel.

**Also available in violet/black - LF811PR**



## All Weather Cane Cover

**LF832**

Perfect for wet or snowy conditions, especially for seniors with gout or arthritis that may prevent the use of gloves. Made of water resistant polyester, lined with soft fleece. Machine washable.

BIOSliving



## Cane Strap

**56030**

Ensures that you can let go of your cane without it dropping to the floor. Made from durable nylon, this product easily slides onto any size cane.

**Dimensions:** 8.7"/21 cm



## CaneMate Fashion Strap

A stylish way to keep your cane at hand. Made with soft, flexible leather and embellished with twilight crystals for some added bling! Comes with a quick and easy connection fitting for most 3/4"/2 cm diameter canes.

**Dimensions:** 8" x 1/4"/20 x 1 cm

|               |                 |
|---------------|-----------------|
| <b>LF812L</b> | Lavender/Willow |
| <b>LF812W</b> | Wisteria/Rose   |



## LED Safety Light

**56069**

Increase visibility and safety by providing extra light when using a mobility device (Red LED lights with 3 operation modes: emergency, continuous, flashing). Designed to attach to most walking aids, provides bright light to increase safety in any dark environment.



BIOS living



## Cane Holder

**56031**

Made from latex-free moulded plastic, this compact cane holder can be carried easily for everyday use. The non-slip pad prevents slippage on any surface, while the holder can slide up or down the cane shaft to the desired position.

**Diameter:** 1/2" - 1"/1.5 - 2.5 cm



## Liquid Caddy Beverage Holder LF823

Keep drinks upright at all times. Designed with double gimbaled construction, this drink holder moves with gravity, keeping the base pointing upright no matter what angle it is moved in. Suitable for wheelchairs, walkers, crutches, scooters and rollators. Comes in black.



# MOBILITY



## Wheelie™ Rollator Covers 59045

This unique seat and handlebar cover for your rollator is reversible, giving you two attractive designs for the price of one. Made of 100% machine washable, pre-shrunk cotton. Comes in a golden floral pattern.

BIOS living

## Folding Rollator BD749

This high quality rollator provides solid support and aids in maintaining balance while walking. A padded seat and backrest allow for comfortable resting during breaks between walks. An easy fold frame simplifies transport when the rollator is not in use.

**Adjustable Handle Height:** 31½" - 35"/80 - 88 cm

**Wheel Diameter:** 8"/20 cm

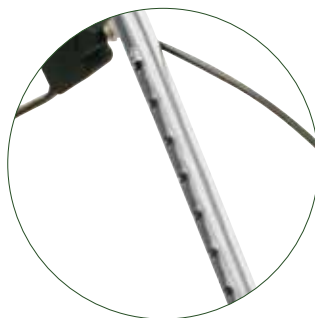
**Weight Capacity:** 300 lbs/136 kg

**Weight:** 16.5 lbs/7.5 kg

**Seat Width:** 18"/45.72 cm



ERGONOMIC  
HANDLES



ADJUSTABLE  
HANDLE HEIGHT



BIOS living

## Transport Chair 56053

Ideal for the daily routine. Foldable, durable and compact, this chair features a stain resistant seat, hand strap, leg band, 8"/20 cm front and rear MAG wheels, seat belt and detachable footrests.

**Seat Width:** 20"/51 cm

**Weight Capacity:** 300 lbs/136 kg







## wheelz ahead®

LET'S GET MOVING 56094

With its patented design, lightweight and compact body, the WheelzAhead® Rollator is loaded with all the convenient features you need to keep moving forward.

### Specifications

#### Regular

Length: 28"/71 cm

Width: 25"/64 cm

Height: 31¾" - 36¾"/81 cm - 94cm

#### Folded

Length: 26½"/67 cm

Width: 9½"/24 cm

Height: 16"/41 cm

#### Seat

Length: 8¾"/22 cm

Width: 18¼"/46 cm

Height: 22"/56 cm

#### Total Weight

16 lbs/7.25 kg

#### Weight Capacity

300 lbs/136 kg



Ontario

**GOVERNMENT APPROVED**

**ADP NO: AA0001235**



#### Safety Light

For users to see and be seen. Includes emergency flash feature.



#### Small Storage Pouch

Great for cell phone, water bottle, keys, etc.



#### Shoulder Bag

Ideal for laptops, books, and documents.



#### Hand Break

8 reflectors for enhanced safety.



#### Utility Bag

Detachable mesh design to hold shopping bags or oxygen tanks.



#### Serving Tray

For transporting food and beverages.



#### Locking Front Castors

Holds front wheel(s) from swivelling. Usable for patients who have asymmetrical weakness.



#### Cane Holder



## **Glider**<sup>Plus</sup>

56092

### ***Confidence in Mobility***

The BIOS Living Glider Plus is an innovative rollator that is compact and sturdy. Designed for seniors and boomers on-the-go, the Glider Plus has unique Multi-Fold Technology making it easy to put together and collapses into the convenient travel bag.

The Glider Plus provides the user confidence in their mobility, gives back their freedom and most of all provides reliable service.

#### **Glider Plus Features:**

- Multi-fold technology
- Rest anywhere seat and padded backrest
- Adjustable handle height: 31½" - 36"/80 - 91.4 cm
- Lockable brakes
- Seat width: 20"/50.8 cm
- Seat height: 21"/53 cm
- Width between handles: 17"/43 cm
- Weight capacity: 300 lbs/136 kgs

#### **Glider Plus Benefits:**

- Easy push feather light frame that weighs 15.9 lbs/7.2 kg
- Includes cane holder
- Detachable LED safety light
- Comes with shoulder bag and a nylon travel bag

**Folds in  
6 easy  
steps!**





**Padded Backrest**



**Travel Bag**  
Storable in overhead compartments on planes, under beds and in trunks.



**LED Safety Light**  
For users to see and be seen.



**Cane Holder**



**Shoulder Bag**  
Ideal for laptops, books and documents.





**4**



**5**



**6**





# MOBILITY



BIOSliving

## 18"/45.5 cm Wheelchair **56084**

This steel framed folding wheelchair features removable footrests, full length fixed arms and solid MAG wheels. Suitable for short excursions and basic transport needs, it can be either propelled by the user or pushed by the caregiver.

**Chair Width:** 25½"/65 cm

**Seat Width:** 16"/40.6 cm

**Seat Height:** 18.5"/47 cm

**Weighs:** 40 lbs/18 kg

**Weight Capacity:** 300 lbs/136 kg



## 20"/51 cm Wheelchair **LH011**

A steel framed folding unit with removable foot and armrests, maintenance-free solid front tires and rear MAG wheels. Embossed lightweight PVC upholstery. Rugged design allows for multiple years of service with minimum maintenance.

**Chair Width:** 27½"/69 cm

**Seat Width:** 20"/51 cm

**Weighs:** 50 lbs/23 kg

**Weight Capacity:** 300 lbs/136 kg



## 22"/56 cm Bariatric Wheelchair **LG119**

This heavy duty wheelchair features a steel folding frame, removable arm and footrests as well as solid wheels.

**Chair Width:** 29½"/75 cm

**Seat Width:** 22"/55 cm

**Weighs:** 50 lbs/23 kg

**Weight Capacity:** 400 lbs/181 kg

**Also available 24"/61 cm Bariatric Wheelchair - LG120**



## Quilted Waterproof Seat Protector **LG780**

Helps protect sensitive skin from making contact with fluids. Simply toss this protector over any upholstery or fabric to keep chairs, wheelchairs and car seats clean and dry. Machine washable.

**Dimensions:** 18½" x 20½"/47 x 52 cm





## Wheelchair Cushion

High density foam for sitting in comfort. Fits all standard wheelchairs. Removable and washable cover. Comes in navy blue.

|              |                                |
|--------------|--------------------------------|
| <b>LF882</b> | 16" x 18" x 3"/41 x 46 x 8 cm  |
| <b>LF883</b> | 16" x 18" x 4"/41 x 46 x 10 cm |
| <b>LF884</b> | 18" x 18" x 2"/46 x 46 x 5 cm  |



BIOS living



## Pressure-EZ™ Gel/Foam Cushion

**LF890**

Enjoy total comfort with this unique combination of gel and foam. Reversible for a soft or firm seat. Gel is sealed in a heavy-gauge poly bag, cushion is stored within a navy cover.

**Dimensions:** 16" x 18" x 2½"/41 x 46 x 6 cm

## Quilted Chair Pad

**LF990**

Protect your chairs, wheelchairs or even upholstery in the car. The bottom layer consists of a waterproof vinyl, backed with polyester to provide some "tack" to help eliminate slipping or sliding. Machine washable.

**Dimensions :** 17" x 24"/43 x 61 cm





# MOBILITY

BIOS living



Soft Foam  
Gel Layer  
Firm Foam

## Wheelchair Gel Cushion with Fleece Top

Gel and foam construction provide perfect weight distribution for maximum comfort while you sit.

|              |                                |
|--------------|--------------------------------|
| <b>LF886</b> | 16" x 16" x 3½"/41 x 41 x 9 cm |
| <b>LF887</b> | 16" x 18" x 3½"/41 x 46 x 9 cm |



Cheetah



Denim



Plaid



Floral

## Wheelie™ Styles

High-density foam cushions provide excellent lumbar support in a wheelchair. These fun, colourful, reversible and fully washable cushions feature an integrated security pouch and matching backpack.

|              |         |
|--------------|---------|
| <b>59050</b> | Floral  |
| <b>LH101</b> | Cheetah |
| <b>59052</b> | Plaid   |
| <b>59051</b> | Denim   |

BIOS living



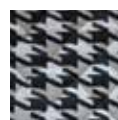
## Pressure-EZ™ Gel Cushion **LF888**

Provides total displacement of pressure and helps prevent decubitus ulcers. 100% gel is enclosed in heat-sealed heavy-gauge vinyl with navy cover.

**Dimensions:** 16" x 18" x 2"/41 x 46 x 5 cm



Camouflage



Hounds Tooth



Cheetah

## Wheelie™ Expressions

Unique designs to change your wheelchair look without the expense of buying all-new cushions. Slips easily over Wheelie™ Styles products.

|              |              |
|--------------|--------------|
| <b>59043</b> | Cheetah      |
| <b>59046</b> | Hounds Tooth |
| <b>59044</b> | Camouflage   |



## Convuluted Seat Cushion

LF894

Ideal for the home, office, car or wheelchair. Allows for better air circulation to lessen heat build-up and reduce the risk of developing decubitus ulcers. Washable cover included.

**Dimensions:** 16" x 18" x 4"/41 x 46 x 10 cm



## Woolpile Wheelchair Seat Cover

LG876

This cozy seat cover features a 1"/2.5 cm, 100% woolpile top with a polyester knit backing for comfort and relief. Velcro tabbed straps hold the seat cover in place and the entire cover is machine washable.

**Dimensions:** 18" x 36"/46 x 91.5 cm

Moulded inner core for superior comfort!



## Deluxe Wheelchair Cushion

LF898

Designed to promote proper positioning and skin protection. Moulded foam core features a unique contour design. Flame retardant cover is also water-resistant. Removable and washable. The bottom coating of the cushion has a slip-free finish to remain in place.

**Dimensions:** 16" x 18" x 2"/41 x 46 x 5 cm



# MOBILITY

BIOSliving

## Coccyx Gel Cushion

LG896

Cut-out design to relieve pain on the spine, made from high density foam with a gel pad in the centre. It helps reduce pressure on the tailbone as well as the spine. The navy cover with fleece top is machine washable.

**Dimensions:** 16" x 18" x 3"/41 x 46 x 8 cm



BIOSliving



## Samba RX™

LF081

This sleek, portable cushion improves sitting posture and reduces back pain and fatigue during prolonged periods of sitting. Reduces stiffness, aches, pains and fatigue in the lower back while sitting. Alleviates pressure points underneath the buttocks by taking pressure off the coccyx and pelvic floor.

**Dimensions:** 18½" x 15½" x ½"-2"/  
47 x 39 x 1.27-5 cm

## Wheelchair Sloping Wedge

LF899

Unique design prevents user from sliding forward and helps promote proper posture. Removable washable cover.

**Dimensions:** 16" x 18" x 3" - 1"/41 x 46 x 8 - 2.5 cm





## Chair Pack

**LG319**

Store books, newspapers and personal items. Foam inner lining shapes with the back of the chair for added comfort. Easily fits on the back of any chair. Wipes clean or can be laundered. Features a pencil/pen holder with zipper closure.



## Oxygen Tank Holder

**LF877**

Lightweight, easy to attach and lift! Provides a safe, convenient and practical way to carry oxygen cylinders. Size D and E tanks fit into this holder with minimum lifting and positioning. Attaches to the handles and frame of the wheelchair and positions the tank off-centre to avoid contact with the user's head or back. Made of heavy-duty waterproof nylon.



## Wheelchair Drink Holder

**LG064**

Keep bottles, cups and mugs within reach. It features two slots to accommodate drinkware with handles. The plastic clamp with large way-to-tighten lever knob is simple to attach and easily removed from the wheelchair or walker frame.



## Wheelchair Tissue Holder

**LF819**

This wheelchair tissue holder with two storage pouches is ideal for holding mobile phones, bottle drinks and more. The canvas holder opens to slide tissue boxes in and out easily. A Philip screwdriver is required to secure the tissue holder to the wheelchair.



# MOBILITY



## Trabasack™ Wheelchair Bag & Lap Tray **LF824**

Fully functional wheelchair travel bag with an integrated lap tray, lightweight and easy to attach to any wheelchair. Use as a writing aid or an easy-to-clean tray for food and drinks. Allows the user to move without dropping the tray. Side straps loop onto an armrest or frame for added security.

**Dimensions:** 15" x 14½" x 3"/38 x 37 x 8 cm



## Early Warning E-Z Release Seat Belt

Hook and loop fastener belt, ideal for high-risk, active patients. Once patient begins unfastening the belt, an alarm is triggered. After triggering alarm, patient must unfasten an additional 12"/30 cm of hook and loop fastener, before they are free to rise. The E-Z Release Seat Belt is a more economical choice (without the extra 12"/30 cm of fastener) for less-active, sedentary patients.

|              |                             |
|--------------|-----------------------------|
| <b>LF455</b> | Belt with TR2 Alarm         |
| <b>LF456</b> | Belt with IQ Duo Plus Alarm |
| <b>LF457</b> | Belt with Voice Alarm       |



## Auto Wheelchair Seat Belt **LF855**

Designed for use by individuals with mobility limitations or spinal cord injuries. Helps the wheelchair user remain upright in the chair without sliding. This belt encircles the user and crosses in back. Can be used with most wheelchair or transport chair models. The belt is made of washable nylon and comes with grommet holes.

**Length:** 60"/152 cm



## Buckled Seat Belt Alarm

Uses a familiar car seat belt buckle to keep patients securely in place. Effective for patients with sustained cognitive disorders, such as dementia, post-CVA (Cardiovascular Accident) and other neurological states.

|              |                             |
|--------------|-----------------------------|
| <b>LF449</b> | Belt with TR2 Alarm         |
| <b>LF450</b> | Belt with IQ Duo Plus Alarm |
| <b>LF451</b> | Belt with Voice Alarm       |



## Fleece Armrests with Pouch **LG475**

Easily attaches to wheelchair arms with hook and loop adjustments. It features a large storage compartment for added convenience. Comes in a pack of 2.

**Dimensions:** 10" x 9"/25.5 x 23 cm

**Pocket:** 4½"/11 cm



BIOSliving

## Leg Lifter **LF266**

This convenient device will allow you to move your legs safely, especially following hip surgery. Ideal for individuals with weak hip flexors following total hip replacement. The foothold bends to accommodate any foot size.

**Length:** 42½"/108 cm

**Foothold:** 10"/25 cm

BIOSliving



## Anti-Slip Snow Treads

These special non-slip studs offer excellent traction on ice and snow. The 12 durable spikes are made from thermoplastic elastomer. Designed using a stretchable material for a unisex fit. They are flexible up to -40°C/-40°F.

|              |         |              |
|--------------|---------|--------------|
| <b>57039</b> | Medium  | 8 - 11 (US)  |
| <b>57041</b> | Large   | 11 - 14 (US) |
| <b>57042</b> | X-Large | 14+ (US)     |

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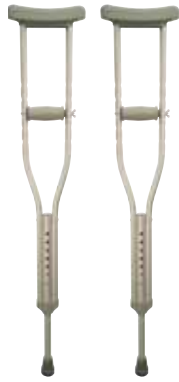


## Snow and Ice Shoe Grippers **LG034**

Universal to suit most shoes, boots and trainers. The steel studs provide excellent traction on ice and snow. Comes in a set of 2. One size fits all. Comes in black.



# MOBILITY



BIOSliving

## Aluminum Crutches

These lightweight crutches are made from durable aluminum with a push-button for easy height adjustment. Features jumbo contoured crutch tips for excellent traction. Sold as a pair.

**Weight Capacity:** 300 lbs/136 kg

|       |                |                                 |
|-------|----------------|---------------------------------|
| 56034 | Youth          | 4'6" - 5'2" /<br>121.9 - 157 cm |
| 56036 | Adult (Medium) | 5'2" - 5'10" /<br>157 - 178 cm  |
| 56035 | Adult (Tall)   | 5'10" - 6'6" /<br>178 - 198 cm  |

BIOSliving



## Replacement Crutch Tips 56037

Easy to attach to the end of a crutch and are non-slip. Sold in a 2 pack.

**Diameter:** 7/8" / 2.2 cm

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## Crutch Grips 56038

Easy to attach and is made with extra thick cushioning to help reduce fatigue. Sold in a 2 pack.

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## Crutch Underarm Pads 56039

Easy to slip on top of most aluminum crutches providing comfort and protection. Sold in a 2 pack.





## Winter Wheelchair Poncho **LG762**

These ponchos feature an oversized and fully lined hood with a one snap easy closure. It has full body coverage with a truncated back to prevent the garment from becoming entangled in wheelchair wheels. The easy-on easy-off slipover feature makes this an all time favourite for those confined to a wheelchair that don't want to struggle with bulky coats.



## IWalk 2.0™

## **LG670**

A hands-free crutch alternative that frees you from the limitations of conventional crutches and provides unsurpassed mobility. Designed for people with lower leg injuries who still want to enjoy their basic daily routines but cannot while supporting their weight on standard crutches.

**Fits Users:** 4'10" - 6'6"

**Weight Capacity:** 275 lbs/125 kg



## BiFold Suitcase Ramp

This ultra-strong, single-fold ramp provides safety and strength while remaining lightweight and portable. The smooth action of the live hinge adds stability to the ramp. Ergonomically flexible, handles offer a comfortable grip.

**Weight Capacity:** 600 lbs/272 kg

|              |      |
|--------------|------|
| <b>LG588</b> | 3 ft |
| <b>LG589</b> | 4 ft |
| <b>LG590</b> | 5 ft |
| <b>LG591</b> | 6 ft |



## TriFold Ramp

A ramp with a unique 3-fold design, offers the length required for wheelchairs and scooters to easily access steps, vehicles, and raised landings. This portable ramp is designed to be used and carried as one unit, or if desired, can be quickly separated into two individual sections, each with its own hinge. Unfolds to a 29"/73.5 cm wide platform. Made of welded aircraft-grade aluminum.

**Weight Capacity:** 600 lbs/272 kg

|              |      |
|--------------|------|
| <b>LG593</b> | 6 ft |
| <b>LG594</b> | 7 ft |
| <b>LG595</b> | 8 ft |



# BATHROOM



## BATHROOM

The most hazardous activities for all ages are bathing, showering and getting in and out of the tub or shower. Approximately 50% of all accidents/falls at home happen in the bathroom due to slippery and hard surfaces. Bathroom safety is paramount in making sure that accidents/injuries are prevented.

This section features products like:

- Grab Bars
- Raised Toilet Seats
- Anti-Slip Strips/Circles

... and much more!



# BAMBOO

No other plant features a faster growth rate. When harvested, virtually every part of the bamboo plant is used.

Bamboo fibers are far more stronger than other wood fibers. Therefore bamboo products are much less likely to warp from changing climates, making them the most suitable products to use in the bathroom.



BIOS living



Made from  
**100%**  
Natural Bamboo



## Bamboo Bath Stool

60061

Bathe in confidence and style with the anti-slip Bamboo Bath Stool. Features rust free aluminum legs with large suction cup feet for extra stability.

**Height of legs extend to:** 13" - 20"/33 - 50 cm  
**Weight Capacity:** 300 lbs/136 kg



BIOS living



Made from  
**100%**  
Natural Bamboo



## Bamboo Shower Caddy

60065

Organize and display your soaps and shampoos in style. Made with rust free aluminum material and durable bamboo shelving.

**Dimensions:** 24" x 10" x 4 3/4"/61 x 25 x 12 cm

BIOS living



Made from  
**100%**  
Natural Bamboo



## Bamboo Shower Bench

60058

An elegant piece for any bathroom, shower or sauna. This shower bench provides maximum support as well as practicality with its smooth texture and storage shelf below.

**Dimensions:** 19" x 10" x 17 3/4"/48.3 x 25 x 45 cm  
**Weight Capacity:** 300 lbs/136 kg





# BATHROOM



BIOSliving



## Bamboo Bathtub Caddy 60056

Turn your everyday bathroom into a spa oasis with the luxurious yet functional Bathtub Caddy. This simplistic unit is extendable to fit the width of your tub. Features 3 convenient notches built into the caddy to allow for a variety of reading positions, a wine glass holder for your favourite beverage and phone holder on the side that can be used for a variety of different things; candles, soap, etc.

**Closed Dimensions:** 27½" x 8¾" x 1.4" / 70 x 22 x 3.6 cm

**Extends to:** 41"/104.14 cm



BIOSliving



## Bamboo Shower Crate Mat 60057

Enjoy the modern sophistication of this Shower Crate Mat in your bathroom. It is slightly elevated to allow water to drain and evaporate underneath. A great accessory to any shower, sauna, pool side or bathroom.

**Dimensions:** 23½" x 15¾" x 1" / 60 x 40 x 2.5 cm

**Weight Capacity:** 300 lbs/136 kg

## Bathtub Safety Rail

BIOSliving

Provides discreet peace of mind. The knurled chrome finish increases grip and support while accenting most bathroom decorating schemes.

**Note:** This item must be screw-fixed permanently into the wall.

**Pull Pressure:** 220 lbs/100 kg

|       |                              |
|-------|------------------------------|
| 56089 | <b>Dimensions:</b> 12"/30 cm |
| 56090 | <b>Dimensions:</b> 18"/46 cm |
| 56091 | <b>Dimensions:</b> 24"/61 cm |







BIOS living



### Suction Cup Grab Bar 59027

Easy to use, non-permanent with more support while bathing and showering. The suction grab bar has a flip-up release for easy installation and removal.

**Pull Pressure:** 132 lbs/60 kg

**Dimensions:** 24"/61 cm

BIOS living



### Suction Grab Rail

Completely portable and has flip-up easy release tabs for installation and removal. Great for one piece tub surround baths, glass, tile or granite surfaces. Rail must be applied to a solid surface - will not adhere over grout lines. For balance assistance only, not full body weight.

|              |           |  |
|--------------|-----------|--|
| <b>LF790</b> | 12"/30 cm | <b>Pull Pressure:</b><br>132 lbs/60 kg |
| <b>LF791</b> | 16"/42 cm | <b>Pull Pressure:</b><br>121 lbs/55 kg |
| <b>LF792</b> | 24"/61 cm |  |

BIOS living



### Bathtub Safety Rail BD715

This rail makes bathing safer and more comfortable. Provides stability when getting in and out of the bathtub. The rail has a corrosion resistant steel with powder coated finish and fits most tubs with a wall thickness of 3" to 6"/8 to 15 cm. The clamp is lined with non-staining rubber pads to securely attach for maximum safety.

**Pull Pressure:** 300 lbs/136 kg

**Height:** 15"/38 cm

**Weights:** 7 lbs/3.2 kg

BIOS living



### Bath Step LF770

Get in and out of the bathtub with ease. Adds 4"/10 cm to your step! Extra-large platform and rubberized feet to help prevent slipping.

**Weight Capacity:** 418 lbs/190 kg



# BATHROOM



BIOSliving



## Adjustable Bath Bench 59002

This large moulded seat features built-in handles to enhance support. The aluminum frame is lightweight, durable and corrosion free. The legs are rust resistant, durable and flared to prevent tipping.

**Height of legs extend to:** 14" - 21"/36 - 53 cm

**Weight Capacity:** 300 lbs/136 kg

**Replacement feet also available - 59000**



BIOSliving



## Adjustable Bath Bench with Backrest 59001

This moulded seat with drain holes and flared legs makes bathing safer and more comfortable. The lightweight aluminum frame is rust resistant, durable and corrosion free.

**Height of legs extend to:** 14" - 21"/36 - 53 cm

**Weight Capacity:** 300 lbs/136 kg

**Replacement feet also available - 59000**



BIOSliving



## Adjustable Bath/Shower Stool 59005

Versatile stool can be used in smaller showers or bathtubs. The lightweight aluminum legs are rust resistant, durable and flared to prevent tipping.

**Height of legs extend to:** 15 $\frac{1}{4}$ " - 19 $\frac{3}{4}$ "/40 - 50 cm

**Weight Capacity:** 300 lbs/136 kg

**Replacement feet also available - 59000**



BIOSliving



## Padded Bath Transfer Bench LF740

Comfortable cushioned seat and backrest. The aluminum frame is lightweight, sturdy and corrosion-resistant, while the extra large suction cups provide added safety. Height adjusts in 1"/2.5 cm increments and the 3 position adjustable backrest can be removed, reversed and replaced without tools. For use in both a right or left handed bathtub.

**Height of legs extend to:** 18" - 19"/46 - 48 cm

**Weight Capacity:** 400 lbs/181 kg

**Plastic Bath Transfer Bench also available - LF741**



### Folding Bath Chair with Arm Rests

**LH033**

Comes standard with a height adjustable/removable seat, flip-up arms for comfort and support and back pads for easy cleaning. Uses a small footprint when folded for easy transport and storage.

**Height of legs extend to:** 14¾" - 18½"/37.5 - 47 cm  
**Weight Capacity:** 175 lbs/80 kg



### Bath Board

**LF773**

A portable seat for bathing that will fit on most bathtubs. Adjustable rubber stops on the bottom of the bath board allow the board to be adjusted for different bathtub widths. The handle at the side of the board can be used for balance when transferring into and out of the tub.

**Width adjusts from:** 17½" - 28"/45 - 71 cm  
**Weight Capacity:** 300 lbs/136 kg

BIOS living



### Shower Scrub

Never bend again with this convenient shower scrubbing tool designed to alleviate the strain on your back. The long handle eliminates the need for bending in the tub but also gives you the reach to clean shower walls.

|              |                           |            |
|--------------|---------------------------|------------|
| <b>LF180</b> | Shower Scrub              | 43"/110 cm |
| <b>LF182</b> | Cleaning Head Replacement |            |



### Personal Hand-Held Shower Kit

**LF788**

Provides comfort and convenience for personal hygiene. The shower head delivers a consistent flow of water creating an overall rhythmic body massaging sensation, stimulating the entire body while aiding in muscle relaxation. Kit comes standard with an easy-to-use on/off switch, mounting wall brackets and diverter valves.

**Dimensions:** 84"/213 cm



# BATHROOM

BIOSliving

## Bath Lift

59023

Provide peace of mind for individuals who have difficulty getting in and out of the bath tub. It is portable for easy transport or store away.

**Adjustable Height:** 2" - 19"/5 - 48 cm

**Backrest Recline:** 10 - 50 degrees

**Chair Width:** 13¾"/35 cm

**Chair Depth:** 16½"/42 cm

**Back Height:** 25¼"/64 cm

**Back Width:** 13¼"/34 cm

**Transfer Seat:** 14½"/36.83 cm

**Flaps x 2:** 6¾"/17.15 cm each

**Weight Capacity:** 308 lbs/140 kg

Tool Free  
Assembly



Assemblage  
sans outils







BIOS living



## Bed Pan

**BD702**

This bed pan is a helpful aid for bed-ridden patients. Made from a lightweight durable plastic, this unit is easy to clean and odour resistant. The contoured design prevents spillage.

BIOS living



## Sitz Bath

**57006**

Designed to easily fit over a standard commode and most toilet bowls. Made from durable plastic with slightly contoured edges for patient comfort and convenience. Included is a 2000 cc (2 liter) water bag which can be hung from any convenient fixture or placed flat on the counter.

**Dimensions:** 14¾" x 14" x 3½"/37 x 35 x 9 cm

BIOS living



## Male Urinal with Female Attachment

**BD700**

This urinal is especially helpful for bed-ridden patients when getting in/out of bed can be challenging. With its convenient attachment this urinal easily converts to assist female patients. Designed to prevent spillage during use in standing/prone positions, it is durable and easy-to-clean.

**Female urinal also available - BD701**



## Comfort Pan

**LF700**

This revolutionary product replaces both the pontoon and fracture pan. The low ½"/1 cm rim at the seat area allows your backside to glide easily onto the pan. It is fully autoclavable and can hold over 2 quarts of liquid. Perfect for bariatric patients.

**Dimensions:** 15" x 3" x 14¼"/38 x 8 x 36 cm

**Weight Capacity:** 1,200 lbs/544 kg



# BATHROOM



## Female Urinal

LH648

Perfect for when you don't want to sit on an unsanitary public toilet or when one is not available. Completely hygienic and easy to use, it allows women of all ages to urinate in a standing up, sitting down or lying position without undressing. It is discreet, portable & reusable and designed not to flow back, splash or spill.



## Splash Guard

LG068

Sits on the toilet seat and prevents urine from missing the toilet. It can be used on any standard or elongated toilet, as well as most elevated toilet seats.

**Dimensions:** 14" x 6" x 4"/35.5 x 15 x 10 cm

## Raised Toilet Seat

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Designed to help individuals who have difficulty sitting down or standing up from the toilet. Provides maximum comfort and can support up to 300 lbs/136 kg. This product has been made to **fit most standard toilets** and is easy to install. As added protection the toilet seat clamps to the toilet bowl and will remain firmly in place.

|        |             |          |
|--------|-------------|----------|
| 59056  | Without Lid | 2"/5 cm  |
| 59057  |             | 4"/10 cm |
| 59058  |             | 6"/15 cm |
| 59056L | With Lid    | 2"/5 cm  |
| 59057L |             | 4"/10 cm |



Tool Free  
Assembly  
Assemblage  
sans outils



## Raised Toilet Seat with Handles 59013

BIOS living

The clamp-on toilet seat attaches easily to most commodes. Made from a comfortable moulded plastic which is easy-to-clean and durable. Non-skid pads prevent seat from slipping.

**Dimensions:** 4½"/11.5 cm  
**Weight Capacity:** 220 lbs/100 kg



## Hinged Elevated Toilet Seat

Unique design features a seat riser made of 2 parts that are hinged together, allowing the ring to be lifted in the same manner as your regular toilet seat. The seat is installed using the existing toilet seat and lid and does not drastically change the appearance of the toilet. The hinged feature makes cleaning easy. Hardware kit included.

**Elevates Seat:** 3"/7.5 cm  
**Weight Capacity:** 350 lbs/159 kg

|          |                      |
|----------|----------------------|
| LF775    | Standard             |
| LF776    | Elongated            |
| LF776HET | Hinged "Secure Bolt" |



## Vinyl Cushion Toilet Seat LG470

Easily fits most standard size toilet seats. It has comfortable foam padding which helps minimize pressure points. Easily attaches to seat with hook and loop straps.

**Elevates the Seat:** 4"/10 cm



# BATHROOM

BIOSliving



## Commode Bags

59014

Disposable commode bags are a quick and convenient method of disposing human waste. Each pack contains water soluble bags with powerful absorbent crystals, which block odours and can easily be disposed of. Comes in a pack of 7.

**Dimensions:** 15¾" x 23"/40 x 58 cm

**Capacity:** 2 Liters/33.8 fl. oz



## Commode Chair

Constructed from lightweight aluminum and rust resistant, the adjustable head and footrests allow for precise height alignment. Anti-tip rear bars and four 5"/13 cm locking casters included to prevent backwards falls. The insert cushion, calf strap, seat belt, slide on pail and snap on seat are all removable. Model LH018 & LH016 come equipped with 24"/61 cm rear wheels.

|       |  |
|-------|--|
| LH014 | 18"/46 cm Commode Chair                  |
| LH017 | 18"/46 cm Tilt Commode Chair             |
| LH015 | 20"/51 cm Commode Chair                  |
| LH018 | 20"/51 cm Tilt Commode Chair with Wheels |
| LH016 | 22"/56 cm Commode Chair with Wheels      |

BIOSliving



## Deluxe Commode

59024

Easily converts from a commode to a raised toilet. Ideal for consumers with restricted mobility, who are not ambulatory or with compromised health, which limits their ability to walk to bathrooms. Comes complete with a durable plastic seat, form fitting cover and commode bucket that holds 5.2 litres/1.37 gallons.

**Height of legs extend to:** 30" - 34"/76 - 86 cm

**Weight Capacity:** 300 lbs/136 kg



## Deluxe Toilet Safety Support

LF760

An easy solution to help people be safe and independent. Sturdy arms rise to meet the user, making it easier to sit and rise in safety. Includes a handy magazine rack and slip resistant padding on bottom. Made from sturdy steel.

**Dimensions:** 29½" x 5¼" x 1¼"/74 x 14 x 4.5 cm

**Weight Capacity:** 220 lbs/100 kg





## Toilevator

LF774

A toilet riser designed to elevate a toilet for people with mobility limitations. The oval shape fits round and elongated toilet bowls and bolts to the floor under the toilet, elevating the entire toilet. Comes in white.

**Elevates toilet:** 3½"/9 cm

**Weight Capacity:** 500 lbs/227 kg



BIOS living



## Toilet Safety Frame

LF759

Designed to add comfort and an excellent gripping surface. Assembled in minutes without tools and quickly secures to most toilets.

**Height of legs extends to:** 18" - 25"/45 - 63.5 cm

**Dimensions:** 28" - 32"/71 - 81 cm

**Weight Capacity:** 220 lbs/100 kg



## Soft Touch Bath Mat

LF785

You won't believe how comfortable this padded bath mat is! Made of high-quality PVC foam for luxurious cushion and comfort. Adheres to the tub with suction cups.

**Dimensions:** 17" x 36"/43 x 91 cm



## Hydro Bath Mat

LG810

Place directly over the drain and enjoy the safety of a lush bath mat that feels heavenly and won't get soggy. The non-slip mat is fast drying and always stays clean. It never wears out and is anti-microbial mildew and stain resistant.

**Dimensions:** 29½" x 17"/75 x 44 cm



# BATHROOM

BIOSliving

## Therapy Bath Mat

59034

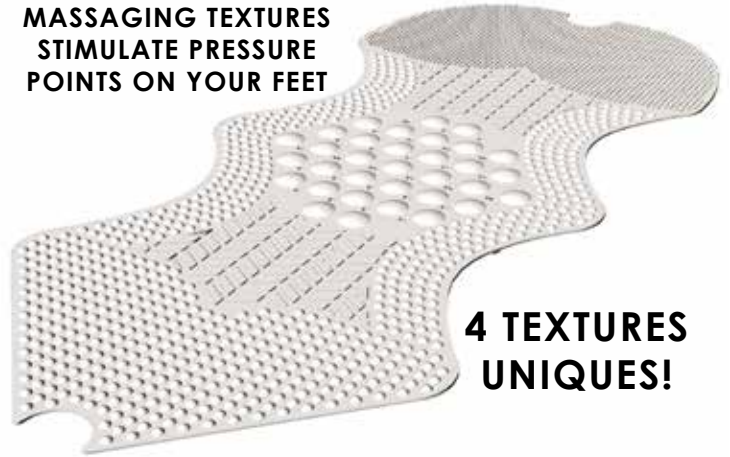
Eases pain underfoot by providing comfort and relaxation to tired, achy feet. Designed with bath seating products in mind this spa like mat is made of 100% TPR and has over 200 suction cups on the back to provide a secure grip for maximum safety.

This mat is both unique and versatile made with sleek beveled edges for full tub coverage, along with two drain cut outs, one on each end, for versatility and convenience. The drainage holes in the centre of the mat stops the water from pooling on top as well as allow you to use this mat in showers and tubs with centre drains.

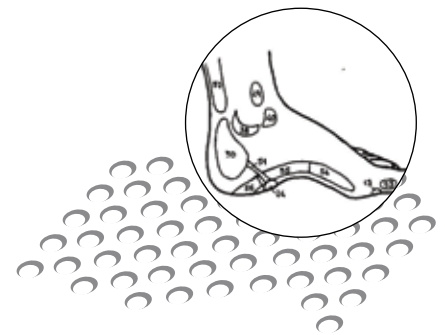
Made with an antimicrobial agent that kills and stops harmful bacteria such as fungi and mold from growing. It is Latex, BPA and PVC free with no added colours. It's also lightweight, durable and machine washable.

**Dimensions:** 40" x 19¾" / 101.6 x 50.17 cm

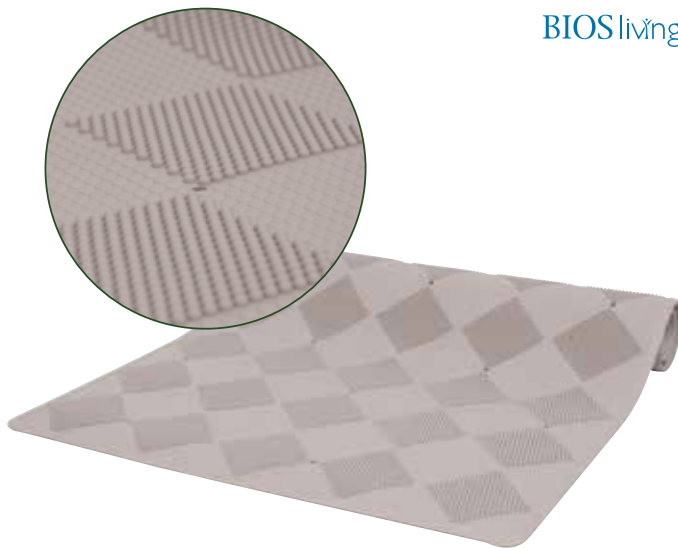
**MASSAGING TEXTURES  
STIMULATE PRESSURE  
POINTS ON YOUR FEET**



**4 TEXTURES  
UNIQUES!**



BIOSliving



## Non-Slip Bath Mat

59041

Step onto our comfortable bath mat, made from 100% TPR material. A non-traditional look suitable for any tub. Non-slip suction cups on the bottom prevent movement and slipping.

**Dimensions:** 15¾" x 27½" / 40 x 70 cm

BIOSliving



## Square Shower Mat

LF783

Allows for smooth drainage, and features a modern square design specifically for your shower. Provides reliable slip protection on almost any non-textured surface. Made of high-quality, allergen-free vinyl. Adheres to the shower floor with suction cups.

**Dimensions:** 21" x 21" / 53 x 53 cm



BIOS living



**Self-Adhesive  
Anti-Slip Strips - White 58004**

Easily installed vinyl adhesive strips provide an unobtrusive solution to slippery, unsafe bath tubs and shower floors. Sold in a pack of 12 the strips add traction and grip, allowing you to feel secure. Not to be used on grouted surfaces.

**Dimensions:** 10"/25.4 cm  
**Also available in clear - 58003**



**Self-Adhesive  
Anti-Slip Circles - White 58006**

Easily installed vinyl adhesive circles provide an unobtrusive solution to slippery, unsafe bath tubs and shower floors. Sold in a pack of 32 the circles add traction and grip, allowing you to feel secure. Not to be used on grouted surfaces.

**Diameter:** 1½"/3.8 cm  
**Also available in clear - 58005**



BIOS living



**Bluetooth™ Shower Speaker 59042**

Wirelessly play your music or answer phone calls. This Bluetooth™ Shower Speaker automatically connects to your device after a one-time setup. Features hands-free calling, water resistance: IPX 4, transmission distance: 10M/32 F. Lithium battery and USB charger included. Playing time 3 hours.

**Dimensions:** 3.4" x 3.4" x 2"/8.8 x 8.8 x 5 cm



5X

**Fog Free Shower Mirror with  
Adjustable Magnification LH862**

This fog free shower mirror features a patented hydrophobic coating to repel water and keep it completely fog free. Its unique adjustable magnification cycles between 1x and 5x simply by rotating the mirror head. The 1x magnification is great for all-around viewing needs while the 5x magnification is perfect for getting up close and personal when shaving smaller, more sensitive areas of your face.

**Dimensions:** 6½" x 2" x 7½"/16.5 x 5 x 19.1 cm



# BATHROOM



10X

## LED Vanity Mirror

LG465

This mirror features dual-sided, optical quality glass to ensure a clear reflection. On one side, the 10x magnification is great for touch-ups, detail and make-up application. On the other side, the 1x magnification is perfect for all-around hairstyling, cosmetics and every beauty task. Requires 4 x AA batteries (not included). Satin nickel finish.

**Diameter:** 7"/17.5 cm



10X

## Light-Up Make-Up Vanity Mirror

LK062

This large vanity mirror features 16 bright LED lights, a bonus 3.5"/9 cm suction cup and 10x magnification for those with low vision issues. Rotates to horizontal or vertical position and has a touch On/Off/Dimmer. Requires 4 x AA batteries (not included).

**Dimensions:** 6½" x 8¼"/16.5 x 21 cm



15X

## Magnifying Mirror

LG054

Ideal for putting in contact lenses, applying make-up, tweezing or shaving. This mirror also comes with a suction cup to allow the user to take it anywhere they go.

**Diameter:** 3½"/9 cm



12X



## E-Z Grip™ Spot Mirror

LG466

The versatile and break-resistant design of this mirror, makes it perfect for compact on-the-go travel in your purse or carry-on. Plus, it easily mounts to any flat surface via 18 secure suction cups, so you can view yourself at any angle completely hands-free.

**Diameter:** 3½"/9 cm





## BATH SCALES

Bathroom scales have increasingly become part of the overall design of the bathroom. In the past, bathroom scales lacked style, functionality and personality, but have since changed due to high demand. Bathroom scales are no longer just a necessity but rather an accessory.

New designs are now both practical and decorative, suitable for any living space. With technology advancing, precision type models are becoming more popular.

This section features products like:

- Analog Scales
- Digital Scales
- Body Fat Scales

... and much more!



## **Retro Mechanical Scale** **SC402**

What once was old is now NEW! Say hello to the BIOS Living Retro Mechanical Scale. This old school scale will take you down memory lane with its white rigid platform; chrome trimmed dial and large block numbers.

- Easy to read dial
- Solid steel base
- Anti-slip coated platform
- Retro dial face
- 5 year warranty

**Dimensions:** 10¼" x 10½"/26 x 26.7 cm

**Weight Capacity:** 280 lbs/127 kg



## **Personal Analog Scale** **SC412**

The Personal Analog Scale is affordable and stylish. The faux stainless steel look makes this scale perfect for any location in the house.

- Easy to read 5"/12.7 cm dial
- Solid steel construction
- Easy to clean non-slip platform
- 5 year warranty

**Dimensions:** 10½" x 11"/26.7 x 28 cm

**Weight Capacity:** 300 lbs/136 kg





BIOS living

## **Premium Analog Scale** **SC413**

This scale accurately displays weight with its large and easy to read dial and non-slip platform.

- Extra large 8"/20 cm dial
- Solid steel construction
- Easy to clean non-slip platform
- 5 year warranty

**Dimensions:** 18" x 13"/46 x 33 cm

**Weight Capacity:** 330 lbs/150 kg



BIOS living

## **Mechanical Personal Scale** **SC424**

This elegant analog bathroom scale combines contemporary appeal with timeless quality, with its smooth, clear glass and brushed aluminum features.

- Extra large 6¾"/7 cm dial
- Stainless steel base
- Tempered glass surface
- 5 year warranty

**Dimensions:** 14" x 14"/35.5 x 35.5 cm

**Weight Capacity:** 260 lbs/120 kg





## Digital Glass Scale

SC421

This scale allows you to keep track of your weight and features an extra large easy to read LCD display.

- LCD display: 3¾" x 1¾"/9.5 x 3 cm
- Durable tempered glass
- Low battery indicator
- Requires 1 x CR2032 lithium battery (included)
- 5 year warranty

**Dimensions:** 11.9" x 11.8"/30.2 x 30 cm

**Weight Capacity:** 330 lbs/150 kg



## Digital Analog Scale

SC427

This dual dial scale is both functional and practical due to its modern dashboard design. It features both analog and digital readings and its unique look makes it a great accessory to any bathroom.

- Unique dual display dashboard
- Blue backlight LCD
- Tempered glass platform
- Daily reminder alarm
- Low battery and overload indicator
- Requires 3 x AAA batteries (included)
- 5 year warranty

**Dimensions:** 12" x 12¼"/30.5 x 31 cm

**Weight Capacity:** 396 lbs/180 kg







## Metallic Digital Scale

**SC428**

Rich in design, this Metallic Scale is the perfect accent to any modern bathroom. With its smooth, scratch resistant surface and anti-slip grips underneath, this high gloss scale will accurately calculate your weight in seconds.

- LCD Display: 3¼" x 1¾"/8.26 x 4.45 cm
- Equipped with high precision strain gauge sensor system
- Inverse LCD backlight
- Tempered glass platform
- Low battery and overload indicator
- Requires 4 x AAA batteries (not included)
- 5 year warranty

**Dimensions:** 12¼" x 12¼"/31 x 31 cm

**Weight Capacity:** 396 lbs/180 kg

**Also available in Silver - SC429**



BIOS living

## Ultra Slim Electronic Glass Scale

**SC403**

An ultra thin profile and sleek design make this modern scale a welcome addition to any bathroom.

- LCD display: 3¼" x 1½"/8.25 x 3 cm
- Shatterproof glass platform
- Low battery indicator
- Requires 1 x CR2032 lithium battery (included)
- 5 year warranty

**Dimensions:** 11.8" x 11.8"/30 x 30 cm

**Weight Capacity:** 350 lbs/158 kg

**\*Comes in a mixed case of black and white scales**



BIOS living



## Bamboo Bathroom Scale SC422

Enjoy the natural texture, look and simplicity of this scale. Made from real bamboo giving your feet a soft, smooth, durable surface to stand on. Add a touch of elegance to your bathroom décor.

- Blue backlight display: 2.9" x 1½"/7.4 x 3.8 cm
- Equipped with high precision strain gauge sensor system
- Super slim design
- Low power/Over load indication
- Auto on/Auto off
- Requires 2 x AAA batteries (included)
- 5 year warranty

**Dimensions:** 11¾" x 11¾"/30 x 30 cm  
**Weight Capacity:** 396 lbs/180 kg/24 St

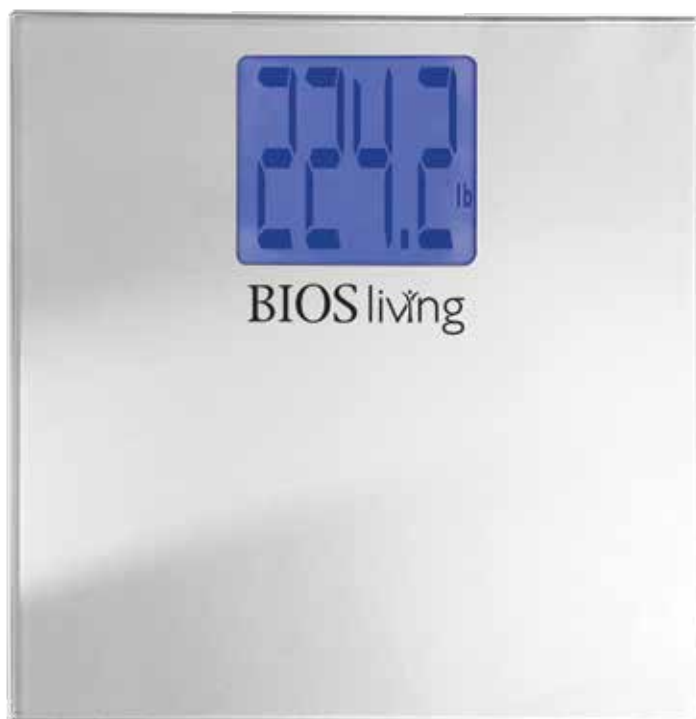


## Jumbo Digital Display Scale SC423

Weigh yourself in complete confidence! This sturdy high quality glass platform has a weight capacity of 550 lbs/250 kg and features an extremely large LCD screen for those who have difficulty seeing over their body. The blue backlit design caters to those who are vision impaired and need a bit of extra help seeing the screen. A modern day design, suitable for any bathroom.

- Extra large blue backlight LCD display: 4" x 3½"/10.6 x 9 cm
- Great for those who are vision impaired
- Tempered glass platform
- Requires 3 x AAA batteries (included)
- 5 year warranty

**Dimensions:** 11.8" x 11.8"/30 x 30 cm  
**Weight Capacity:** 550 lbs/250 kg





## Glass Lithium Body Fat Scale SC411

Advanced, smooth and functional with high precision sensors. The Glass Lithium Body Fat Scale will calculate results instantly giving you an inside view of your health.

### Measures:

1. Body fat %
  2. Body water %
  3. Muscle weight
  4. BMI
  5. Calorie consumption (kCAL)
- Blue backlight LCD display: 2¾" x 1¼"/7 x 3 cm
  - Tempered glass with stainless steel accents
  - LB/KG/ST switchable
  - Requires 1 x CR2032 battery (included)
  - 5 year warranty

**Dimensions:** 12¼" x 12¼"/31 x 31 cm

**Weight Capacity:** 330 lbs/150 kg/23 st



## Premium Digital Body Fat Scale SC401

The Premium Digital Body Fat Scale uses high precision strain gauge sensors to accurately measure your BMI and more. This scale was designed to give you a snap shot of your body composition to help you visualize your path to optimal wellness.

- Digital LCD
- Auto ON/OFF
- LB/KG/ST switchable
- Low battery/overload indication
- Stores data for 10 users
- Requires 4 x AAA batteries (included)
- 5 year warranty

**Dimensions:** 11.8" x 11.8"/30 x 30 cm

**Weight Capacity:** 441 lbs/200 kg/31 st



### 7 measurement indicators:

1. Body weight
2. Body fat %
3. Body water %
4. Bone weight
5. Muscle %
6. Calorie consumption (kCAL)
7. BMI



# PERSONAL CARE



## PERSONAL CARE

Aids to Daily Living items play a major role for individuals that have various ailments such as limited range of motion or even the use of one limb. The items in this section are designed to give freedom back to those individuals, allowing them to be more independent.

This section features products like:

- Long Handled Products
- Hip Kits
- Pillboxes

... and much more!





Includes Charcoal  
Tag with Lifetime  
subscription

Also available in  
white - **00010**

## Wearsafe

**00017**

Every generation can feel more secure with Wearsafe, a simple and instant call for help. Bring peace of mind to family members and feel safe wherever you are, knowing that trusted friends and family are just a button press away.

**Dimensions:** 2" x 3"/5 cm x 7.62 cm



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## Extendable Back Scratcher

**LG031**

Great for those hard to reach spots, the telescopic design makes it ideal for travel. You will want to have one of these extendable back scratchers handy at home, at the office and in the car.

**Length:** 6" - 20"/15 - 51 cm



## Reach N' Scratch

**LH567**

Features a full length bendable handle that can be easily shaped to reach all body parts. Soft foam handle grip runs entire length of handle for maximum comfort.

**Length:** 26"/66 cm



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Made from  
**100%**  
Natural Bamboo

## Bamboo Foot Brush

**60054**

Transform your feet from rough and callused to soft and smooth. The pumice stone scrubs away dead skin cells while the foot brush polishes your skin leaving your feet feeling rejuvenated. Made from 100% pig bristle.

**Dimensions:** 2¾" x 1¼" x 1½"/5 x 3 x 4 cm



# PERSONAL CARE



## Bamboo Body Brush 60053

Pamper yourself with this long handle Bamboo Body Brush. The natural bristles remove impurities and dirt while moisturizing and polishing your skin. Use the massaging head on your body to stimulate blood flow and to reduce the appearance of cellulite. Made from 100% pig bristle.

**Dimensions:** 13¾" x 3" x 1¾"/35 x 7.5 x 4.5 cm



## Natural Wooden Bath Brush LG798

Featuring a beech wood handle and head that can be used wet or dry to exfoliate and massage the body. The head can be detached and used in the palm of your hand with the strap. The bristles are made from the aloe vera plant.

**Dimensions:** 17" x 2½" x ½"/43 x 6 x 1 cm



## Long Handled Bath Sponge LF357

This extra long bath brush was designed to help those with limited reaching abilities. The curve in the handle is designed to conform to the back. The soft, textured, and mold resistant sponge head measures 6" x 4" x 2"/15 x 10 x 5 cm.

**Length:** 24"/61 cm

**Weighs:** 0.29 lbs/0.13 kg



## Foot Brush LF317

This foot brush allows individuals with limited reaching or bending abilities to maintain proper foot hygiene. The long contoured handle allows you to clean your feet while remaining in a relatively upright position. Use the brush to scrub feet and the sponge to clean in between the toes. 2 replacement sponges are included.

**Length:** 30"/76.2 cm



## Lula Brush

**LF354**

Adjustable to 3 different angles so a person can easily wash their back, feet and legs when experiencing limited range of motion. Contains a nylon brush, loofah, and brush/sponge combo. The plastic handle and body is mould resistant.

**Dimensions:** 12" x 3" x 2"/30 x 8 x 5 cm



## FootMate™ Brush

**LF345**

A complete foot care system for cleaning, soothing, stimulating, and massaging your feet every time you shower. The wide, gentle inner brush massages your tender soles. Stiffer outer bristles smooth rough skin and calluses while stimulating circulation. The contoured bristles create a deeper massage and extra cleaning power for both the bottom and sides of your feet. Cleaning gel included.



## Bath Mitt

**LG332**

This durable and reusable mitt is made of soft sheepskin, calming the skin as it cleanses. The mesh pocket holds soap and exfoliates the skin. It is machine washable for infection control.

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## Long-Handled Brush

**LF319**

Ergonomically designed to aid individuals with mobility restrictions in brushing or combing hair with little effort or strain. The long anti-slip handles are comfortable to grip. Requires minimum maintenance as they can be fully immersed in water, are non-absorbent and quick drying.

**Length:** 15"/38 cm

**Also available in a comb - LF318**



# PERSONAL CARE



## Beauty Hair Washer

**LG494**

Substitutes the fingers used to apply shampoo and massages the scalp. The shaft and handle are designed to make it easier to reach your head without strain on the hands, shoulders or arms.

**Length:** 14¼"/36 cm



## Body Washer

**LG492**

Designed to make it easy to reach and wash the entire body. The built-in wash cloth does not absorb water, making it lightweight and balanced even when wet. The handle is oval shaped and has a surface which enables a secure grip. The wash cloth is machine washable.

**Also available in a back washer - LG493**



## Easy Clean Hair Brush

**LK014**

Keep your brush hair-free and clean with the Easy Clean Hair Brush. When the brush is full of hair, simply slide the ring down, and it instantly becomes hairless! The nylon bristles will not bend out of shape or break off making this brush quick and easy to use.

**Length:** 9½"/24 cm



## Hair Washing Tray

**LF310**

Compact and lightweight to diminish awkward bending for those with limited mobility. The nylon strap wraps around the user's forearm to stabilize the tray. Raised edges allow water to drain into the sink without making a mess. Can be used with a chair or wheelchair.

**Dimensions:** 18" x 13" x 1½"/45 x 33 x 4 cm  
**Strap Length:** 35"/89 cm





## Inflatable Easy Shampoo Basin LF311

Inflatable tray comfortably supports and cushions the head, neck and shoulders during the shampooing process. The 8"/20 cm high double-tube design prevents splashing and spilling. A drain hose conveniently removes soap suds and water. Made of heavy vinyl.

**Dimensions:** 24" x 20" x 8"/61 x 51 x 20 cm



## Deluxe Drying & Styling Stand LK061

Designed for hands free use for individuals with arthritis, carpal tunnel syndrome, Parkinson's disease and muscular discomfort. The neck can adjust to any angle and the stand can be used on the counter or from the floor. Included is an adjustable strap to secure different sized hair dryers.

**Height:** 27" - 39"/68 - 99 cm



## Lotion Applicator LG073

Designed to help apply lotions, suntan oils, sport creams and medications on hard to reach places. The built-up ribbed handle has a thumb rest and is angled in two spots for maximum maneuverability.

**Length:** 12"/30.5 cm  
**2 Pack Replacement Sponge also available - LG073RS**



## Lotion Applicator LF320

Apply lotion and gels smoothly, evenly and massage muscles with the 19 floating balls. The extra long handle makes it perfect to reach those hard to get areas like the back, ankles and feet. Included is a cover to protect the lotion from spilling between uses.

**Length:** 17"/43 cm  
**Diameter Head:** 3 3/4"/9.5 cm



# PERSONAL CARE



## Folding Lotion Applicator **LG074**

Massages the body while applying ointment or cream. It features two different massage rollers that are easy to use and change. Handle folds for easy storage and travel.

**Unfolded:** 14½"/37 cm

**Folded:** 8"/20 cm



## Swivel Head Lotion Applicator **LH533**

Reduces the need to bend or stretch while applying lotion on the hardest to reach parts of the body, including the feet, lower legs and the back. Features a sponge head that swivels to accommodate the unique contours of the body. The hypoallergenic velvety soft sponge will not flake, crumble or shed fibres.

**Length:** 23½"/60 cm

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## Hygienna Bidet **LF303**

The world's first portable bidet. Discreetly carry in your pocket, purse, briefcase or bag. Attach to any small-mouth water bottle to transform it into your personal hygiene device. The most important feature is the angle of the nozzle, designed to provide a direct flow of water to the desired wash area. The shower-head nozzle produces a gentle stream of water that is more effective than using toilet paper alone.

**Diameter:** ¾" x .87"/1.9 x 2.2 cm

**Height:** 3"/7.5 cm



## Self Wipe **LG067**

Comfortable and easy to use. It helps anyone who has difficulty bending or has limited use of their hands or arms to function independently when using the toilet.

**Dimensions:** 14¾" x 5¾" x 1¾"/37 x 14 x 4 cm



## Freedom Wand

A multi-task, multi-length personal hygiene device that helps those with limited range of motion. It can effectively hold your ointment pad, loofah, lightweight wash cloth, disposable shaver, toilet tissue, etc. and can be used at 7", 14", 21" and with extra extensions up to 25" and 30". The product comes apart and can be stored conveniently in the included cloth carrying bag to suit your active, independent lifestyle. Extension attachment and handle strap are each sold separately.

|              |                      |                                       |
|--------------|----------------------|---------------------------------------|
| <b>LF701</b> | Freedom Wand Kit     | <b>Length:</b><br>7" - 30"/18 - 76 cm |
| <b>LH860</b> | Extension Attachment | <b>Length:</b><br>5"/12.7 cm          |
| <b>LH861</b> | Handle Strap         | -                                     |



Extension Attachment



Handle Strap (not included)



## Long Reach Comfort Wipe

**LK016**

The ergonomic shape helps those with limited dexterity. The soft flexible head grips toilet paper, tissue or pre-moistened wipes securely. Simply push the unique release button on the end for fast, sanitary disposal.

**Length:** 15½"/39.3 cm

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## Ring Cushion

**57018**

Evenly distributes weight over the entire seating area due to an opening at the center of the moulded cushion and is designed to relieve pressure from postnatal discomfort, post-op pain and hemorrhoids.

**Dimensions:** 18½" x 14"/47 x 36 cm



# PERSONAL CARE

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## Standard Hip Kit

LH999

Conveniently provides the items essential to a patient's needs after hip surgery. Purchasing the kit is less costly than purchasing the items separately.

### Contents:

- 26"/66 cm Reacher
- Sock Aid
- Bath Brush
- Long Handled Metal Shoehorn
- 26"/66 cm Black Elastic Shoelaces

## Premium Hip Kit

LF998

All the great features of the LH999; with the addition of a Dressing Stick and Raised Toilet Seat.

### Contents:

- 26"/66 cm Reacher
- Sock Aid
- Bath Brush
- Long Handled Metal Shoehorn
- 26"/66 cm Black Elastic Shoelaces
- Dressing Stick
- Raised Toilet Seat With Handles

**Items shipped individually and not in a kit**

## Deluxe Hip Kit

LH180

- 26"/66 cm Folding Reacher
- Terry Cloth Sock Aid
- Bath Brush
- Long Handled Metal Shoehorn
- Dressing Stick

**Items shipped individually and not in a kit**

## Platinum Hip Kit

LH181

- 34"/18 cm Heavy Duty Reacher
- Terry Cloth Sock Aid
- Bath Brush
- Long Handled Metal Shoehorn
- Dressing Stick
- 26"/66 cm Black Elastic Shoelaces

**Items shipped individually and not in a kit**

## Post Op Kit

57034

- Sock Aid
- Dressing Stick
- Long Handled Metal Shoehorn
- 26"/66 cm Black Elastic Shoelaces

**Items shipped individually and not in a kit**



Terry Cloth  
Sock Aid

Sock Aid



Elastic  
Shoe  
Laces



Metal  
Shoehorn

Reacher  
(Folding reacher available)



Bath Brush



Dressing  
Stick



Raised Toilet Seat  
with Handles







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## Inflatable Rubber Ring **57019**

Evenly distributes weight, relieves pressure on sensitive areas, perfect for new mothers, post-surgical care or hemorrhoid sufferers. Made with heavy gauge durable natural rubber and easily inflates or deflates for ideal comfort and is easy to clean with a damp cloth.

**Diameter:** 16" x 3"/40 x 7.5 cm  
**Weight Capacity:** 286 lbs/130 kg

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## Jumbo Therapy Light for Seasonal Affective Disorder (SAD) **59072**

This Jumbo Therapy Light is designed to be used by the whole family in a shared living space like the family room, dining room or kitchen. It provides 10,000 LUX of full spectrum bright white light and is 100% UV free. Features an adjustable dimmer, 5-step timer, mood lights and includes a power adapter.

**Please Note:** This device is not a general illumination light and is not intended to be used as such.

**Dimensions:** 10.6" x 10.6" x 3"/27 x 27 x 7.5 cm

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## Therapy Light for Seasonal Affective Disorder (SAD) **59071**

Designed to mimic the effects of daylight, the LED 35 bulbs provide up to 10,000 LUX of white light. Perfect for those who experience low energy levels, seasonal affective disorder (SAD) and general fatigue. Features an adjustable dimmer and visual timer. Power adapter included.

**Please Note:** This device is not a general illumination light and is not intended to be used as such.

**Dimensions:** 6" x 5" x 5¼"/15.5 x 13 x 13.5 cm



LG322

LG323

## Soft Foam Heel Protector **LG322**

Off-loads the heel for decubitus ulcer protection. The heel insert is covered with low friction fabric for reduction of sweating and friction burns. Features two soft, comfortable cozy cloth tie straps and includes auxiliary pad for extending the length and height. Multiple ventilation holes for cooling effect and soft foam for pressure relief.

**Convoluted Heel Protection also available - LG323**



# PERSONAL CARE



## Foot Pillows

**LG770**

Surround your foot with an ultra plush foot pillow. The cradle-shaped foot pillow envelopes your foot in cloud-like softness to relieve skin pressure in bed, or when seated. Velcro® closure strap is designed for sizing flexibility and softness against sensitive skin. Perfect for sore, achy feet. Machine washable. Comes in plaid. One size fits all.



## Sheepskin

**LG880**

Premium quality sheepskin comes in a natural shape and is fully washable. Ideal for pressure relief and personal comfort when sitting or lying down.

**Dimensions:** 8 sq ft./42" x 26"/106 x 66 cm



## Stay-on Heel Protector

**LG326**

Features a special design making it difficult to kick off in the middle of the night. This product features a secure slide-lock buckle closure and two layers of plush synthetic sheepskin for superior pressure relief.



## Sheepskin Heel Protector

**LG879**

Made for comfort and pressure relief. Features double straps and no seam at the rear of the heel. The Velcro® straps have sheepskin tabs to protect the skin on the instep. One size fits all. Sold in pairs.



## Roomy Slippers For Men And Women

Specifically designed to help those suffering from edema, diabetes, sensitive skin, swollen feet and ankles, sensitive corns and bunions, or anyone who wants to enjoy a non constricting soft slipper. Unique design and construction features a 40% wider footprint at toe and heel. Adjustable Velcro® closure strap.

|              |           |            |
|--------------|-----------|------------|
| <b>LG980</b> | 7 - 8½    | Men (US)   |
| <b>LG981</b> | 9 - 10½   |            |
| <b>LG982</b> | 11 - 12   |            |
| <b>LG983</b> | 12½ - 13½ |            |
| <b>LG984</b> | 5 - 6     | Women (US) |
| <b>LG985</b> | 6½ - 7½   |            |
| <b>LG986</b> | 8 - 9     |            |
| <b>LG987</b> | 9½ - 11   |            |



## Foot Elevator

**LH914**

Use when relaxing in bed or sitting down in your favorite chair. This innovative foot elevation pillow adds extra relief, support and comfort. Its unique design even promotes air circulation to help prevent pressure sores and ulcers. Comes with a soft, flannel-type cover. Made of 100% polyurethane foam that properly cushions your ankle for maximum comfort. This product can be laundered and dried to temperatures up to 82°C/180°F. Bleach is not recommended.

**Dimensions:** 12" x 12" x 4"/30.5 x 30.5 x 10 cm



## Extreme Grip Glove

Easy to get on and off, will not snag or damage expensive garments. Great for taking off compression socks. Can be used for a range of other purposes where extreme grip might be necessary. Comes in black.

|              |       |
|--------------|-------|
| <b>LG699</b> | Small |
|--------------|-------|



# PERSONAL CARE



## Magnetic Therapy Gloves

Provides gentle compression and massaging relief. Comfortable, lightweight and does not hinder daily activities. Helps improve circulation, accelerating the natural healing process. Magnet gauss strength 2g – 10g per magnet with 160 magnets per glove.

|       |       |         |
|-------|-------|---------|
| LH528 | Beige | Large   |
| LH529 | Black |         |
| LH530 | Beige | Regular |
| LH531 | Black |         |



## Cold Weather Mask

LH525

Helps to minimize asthma, emphysema and other respiratory concerns. Features an adjustable elastic band for a comfortable fit and is machine washable. Made with 100% polyester.



## His & Hers Heated Scarf

LH614

Designed with built-in pockets for your hands. The scarf heats up in just seconds, keeping you warm on those chilly days.



## Rain Poncho

LG761

This poncho features an oversized and fully lined hood with a one snap easy closure. It has full body coverage with a truncated back to prevent the garment from becoming entangled in wheelchair wheels. The easy-on easy-off slipover feature makes this an all time favourite for those confined to a wheelchair that don't want to struggle with bulky coats.





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## Disposable Hand Warmers LH177

Ideal for effective relief for arthritic or muscle/joint pain sufferers. People engaging in cold weather sporting activities or outdoor work will find these soft, lightweight hand warmers easy to use. They fit in pockets, purses, knapsacks or glove compartments. They maintain temperatures up to 65°C/150°F for up to 10 hours. Sold as a pair.

**Dimensions:** 2" x 4"/5.1 x 10.2 cm



## Medical Warning ID Bracelet/Necklace

Features a raised "Star of Life" emblem with glossy epoxy red paint. Made of surgical steel and the plaque is hand polished. Can be engraved with other medical conditions, illnesses, drug allergies and patient information.

|              |                     |                                    |
|--------------|---------------------|------------------------------------|
| <b>LG438</b> | Men's ID Bracelet   | <b>Heavy Chain:</b><br>8½"/21.5 cm |
| <b>LG440</b> | Women's ID Bracelet | <b>Thin Chain:</b><br>8½"/21.5 cm  |
| <b>LG439</b> | ID Necklace         | 24"/61 cm                          |

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## Companion™ Slip-Behind Sunglasses

Companions™ provide instant full wrap-around protection against the sun's harmful rays. Simply insert behind regular/prescription eyeglass frames to block 100% UVA/UVB.

|              |        |
|--------------|--------|
| <b>LH916</b> | Grey   |
| <b>LH917</b> | Copper |



## Wrap Around Sunglasses LF110

These wrap around sunglasses are a safe way to shield your eyes from the sun, they block light from all directions. High definition lenses enhance clarity and colour. These glasses are suitable for both men and women and can be worn with or without prescription glasses. Visor clip included.



# PERSONAL CARE

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## Pillbox® Liberty

LF336

For active and mobile patients taking different medications. Modular cases make it easy to leave home with a day's treatment. 7 independent modules and 4 compartments per module (morning, noon, evening and night).

**Dimensions:** 7" x 4½" x 1"/18 x 11.5 x 2.5 cm

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## Pillbox Wallet

57084

Has the flexibility of leatherette in a product that is soft to the touch. A pocket book appearance. Includes: a card holder for keeping health records, insurance card, 7 independent modules, each with 4 separate compartments per module (morning, noon, evening, night) to organize weekly treatment.

**Dimensions:** 7" x 5" x 1½"/18 x 13 x 3.5 cm

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## Pillbox® Maxi

LF337

Designed for people taking a large number of medications. Contains individual holders so the daily dose can be carried around. Specially adapted for the visually-impaired. Features a patient form to record essential medical and therapeutic information.

**Dimensions:** 6" x 5" x 2"/15 x 13 x 5 cm

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## 7 Day Pill Organizer with AM/PM Compartments

LG122

Easily remember to take your pills by using this 7 day AM and PM colour coded pill organizer. Each compartment is deeper and larger to hold more medication or bigger pills. Translucent covers help you confirm that you took your medication without having to open each compartment.

**Dimensions:** 7½" x 3½" x 1"/19 x 9 x 2.5 cm



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## 7 Day Pill Organizer

LG121

Easily remember to take your pills by using this 7 day colour coded pill organizer. Each day's clear plastic pill container has four hinged compartments labelled with the dosage time of day: morn, noon, eve, and bed. Included are stickers for labelling and a convenient storage tray.

**Dimensions:** 7½" x 5½" x 1"/19 x 14 x 2.5 cm

## 7 Day Pill Pod Tray

LG123

Easily remember to take your pills by using these 7 day AM and PM colour coded removable pill pods. The individual pods are ideal for your pocket or purse and have a divider for AM and PM pills. Included are stickers for labeling and a convenient storage tray.

**Dimensions:** 4" x 2" x 1¾"/10 x 5 x 4.5 cm



## Pilbox® Daily

LF339

Ideal for people taking several medications a day. Features a pill box for daily intake and has 4 compartments for: morning, afternoon, evening, bedtime. Also has a large space that can accommodate a tube, medication and blister pack. Can be used as a medication travel kit.

**Dimensions:** 4" x 2½" x 1"/10 x 6 x 2.5 cm

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## Grande Pill Organizer

LG125

Easily remember to take your pills by using this grande pill organizer for each day of the week. The pop open compartments make it easy to retrieve pills. The grande size makes it ideal for holding larger pills when needed. Each compartment lid indicates the day of the week.

**Dimensions:** 6" x 1¼" x 1"/15 x 3 x 2.5 cm



# PERSONAL CARE

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## Petite Pill Organizer

LG124

Easily remember to take your pills by using this petite pill organizer for each day of the week. The pop open compartments make it easy to retrieve pills and the size makes it ideal for carrying in a jacket pocket or purse. Each compartment lid indicates the day of the week.

**Dimensions:** 4½" x 1" x ¾"/11.5 x 2.5 x 2 cm

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## Mini Pill Boxes - Pack of 3

LG127

The perfect size to hold medication, vitamins and supplements on a day-to-day basis. Each compartment is translucent so you don't have to open the compartments to be sure you took your medication. Fits easily in your purse or jacket pocket for easy transportation.

**Dimensions:** 4½" x 1" x ¾"/11.5 x 2.5 x 2 cm  
**2 pack also available - LG128**

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## Detachable 7 Day Pill Organizer

LG126

Easily remember to take your pills by using this 7 day pill organizer with detachable compartments. Each compartment is deeper and larger to hold more medication or bigger pills. Translucent covers help you confirm that you took your medication without having to open each compartment.

**Dimensions:** 8" x 1¾" x 1¼"/20 x 4.5 x 3 cm

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## Pill Crusher

57085

Crushes pills for easier consumption, effortlessly turns tablets into powder. You can store pills in the convenient storage compartment.





## Cup with Pill Container Lid and Spout

LF713

This cup has an innovative lid that can store pills! The lid also has space to write a patient's name if used in an institutional environment. The spout is designed for use by individuals with upper extremity tremors and/or swallowing disabilities. The drinking spout in the included lid prevents spills. This cup is safe for dishwasher and autoclave use. Colour may vary.

**Capacity:** 16 ml/0.5 fl. oz



## Easy Flow Pill Swallowing Aid

LG098

Allows pills to glide down unnoticeably while drinking from a water bottle. Simply insert cap into the top of a bottle, drop a pill into the grid and drink normally. Compact design that fits into a purse, backpack or pocket.

**Diameter:** ¾"/2 cm



## Pill Out

LG605

An ergonomic aid to remove pills from blister packs. Can be used with or without the medicine cup. It can be used with the right or left hand.



## Pharmaclock™

LF324

A travel size pill container which includes a built-in alarm system that utilizes both sound and light to provide an effective way to remember your medicine. The product is small enough to travel with you on the go and large enough to hold all of your medication for a full week. Easy to use. Up to 4 daily loud reminders. Requires 3 x AAA batteries (not included).

**Dimensions:** 5" x 5" x 1"/ 12.5 x 12.5 x 2.5 cm



# PERSONAL CARE

## MedReady™ System

LF322

An automated medication dispenser that brings more independence to your loved ones. It has an audible alarm that can be set up to 4 times a day and holds 28 doses of dry medication. Medication is under lock and key so only the most recent medication dose is available. The pill tray rotates to the next dose when the next audible alarm sounds. If the user misses a dose, the pill dispenser denies access to the missed dose. Alarm in pill dispenser can be set as a digital clock. Rechargeable backup battery and AC adapter included.

**Dimensions:** 13" x 11½" x 3" / 33.5 x 29 x 8 cm



## Pistol Grip Toenail Clipper

LH532

This long handled toenail clipper is ideal for anyone that suffers from back pain, limited range of motion or can not reach their toes. The pistol grip with trigger action provides more leverage and makes it easier to manipulate.

**Length:** 18"/46 cm

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## Rotary Nail Clipper

LF343

The swivel action of this nail clipper puts an end to awkward twisting. You will always find a comfortable angle to trim your nails. The wide, easy-grip handles are ergonomically designed to provide safe, secure handling, and the high-quality stainless steel blades allow for a trouble-free accurate trim.



## Evolution Nail Clipper **LF340**

Whether you have arthritis, carpal tunnel syndrome or less hand strength than you used to, you will find this clipper to be an easy-to-hold powerhouse. One gentle squeeze on the cushioned, non-slip, ergonomic grip provides an amazing amount of cutting force.

*Toenail clipper also available - LF341*



## Suction Cup Fingernail Brush **LH560**

Easily used by people with one functional hand to scrub nails and hands. Two suction cups assure that the nylon bristles brush stays firmly in place and will secure to any smooth, flat surface.

**Dimensions:** 6" x 6" x 1¼"/15.2 x 15.2 x 4.5 cm



## Pedi Foot Smoother **LG038**

The perfect tool for a self pedicure that leaves your feet looking and feeling soft and smooth. It traps shavings inside the ball, leaving no mess to clean up.



## 4 Way Callus Remover **LG032**

A well engineered and complete pedicure tool. Features 4 interchangeable tool heads to make your feet feel as good as they will look. The strong and sturdy handle is designed for comfort and optimal control. This kit allows you to remove calluses in the comfort of your own home. It is easy to use and clean. Provides 4 effective callus removal tools, including a callus shaver and remover as well as a foot smoother.



# PERSONAL CARE

BIOSliving



## Denture Brush

LG050

Features an ergonomic handle and bristles shaped to clean hard-to-reach areas that normal toothbrushes cannot reach.



## Tube Squeezer

LG603

Ideal for those with limited hand strength and dexterity as well as designed for one-handed use. The thumb rotator screw is an easy way to put pressure on toothpaste and similar tubes.

**Maximum Tube Size:** 2"/5 cm



## Dentool® Jr.

LG376

Features two professional quality stainless steel dental instruments in one ultra-compact body. Screw the cap onto the bottom and it turns into a stable, easy-to-use, full size tool. With a perfectly sized pick for optimum removal of trapped food. Features a unique patented scaler for maximum plaque and tartar removal. Unique, convenient and dentist recommended.



## Dentemp®

LG373

A must-have for anyone with caps, crowns or fillings. Loose caps or crowns and lost fillings are fixed fast. Features a unique formula that allows you to control the mix, depending on your needs, with more medication for instant relief.





## Denture Bath Set

**LG051**

Vital for the maintenance of dentures and orthodontic retainers. Simply soak in your favourite denture cleaner, and rinse off with warm water using the rinse basket. Denture brush is included.



## Vibrating Denture Cleaning Kit

**LG602**

Provides thorough daily cleaning to your dentures. The micro-vibrations increase the soaking efficiency and fully clean your dentures in all corners. Mounted by suction with 4 anti-slide pads. Requires 2 x AA batteries (not included).



BIOSliving

## True Easy Syringe

**LG429**

A liquid medication dosage device designed to help caretakers administer a safe and precise prescribed dose. The patented design delivers an accurate dose of medication every time.

**Capacity:** 2 tsp/10 ml



BIOSliving

## Medicine Spoon

**LG432**

Designed for easy cleaning and features easy-to-read measurements. Made of high quality, non-breakable polystyrene.

**Capacity:** 2 tsp/10 ml



# PERSONAL CARE

BIOSliving



## Hearing Aid Air Blower

LG423

Helps keep earmolds and tubing clear from moisture, dirt and debris for clear and unobstructed sound. Great for earmolds, tubes and open fit hearing aids.

BIOSliving



## Hearing Aid Dehumidifier

LG416

The easiest and most effective hearing aid dehumidifier. Simply place your hearing aids into the dehumidifier before retiring for the night and close the lid. The innovative lining will remove moisture for 6 months from the first use.

BIOSliving



## Eye Ease

LF323

Clips into place and positions the eye drop bottle at the correct angle over the eye. Special cup prevents blinking by keeping the lower eyelid open while a small pinhole directs eyesight upward and away from the descending drops.

**Dimensions:** 6 $\frac{3}{4}$ " x 6" x 1 $\frac{3}{4}$ " / 17 x 15 x 4 cm

BIOSliving



## Multi Purpose Alcohol Wipes

379SC

Disinfectant wipes contain 70% Isopropyl that kills germs and bacteria. Can be used for cuts and bruises or cleaning your fever thermometers, lancets, etc. Each box contains 100 individually wrapped wipes to be discarded after each use. Sold in cases of 1000 wipes, 100 wipes per box.



BIOSliving



## Gauze Bandage

A simple woven strip of material, with an absorbent barrier to prevent adhering to wounds. A gauze bandage can be used for almost any bandage application, including holding a dressing in place.

|              |                          |
|--------------|--------------------------|
| <b>LG723</b> | <b>Length:</b> 2"/5 cm   |
| <b>LG724</b> | <b>Length:</b> 3"/7.5 cm |
| <b>LG725</b> | <b>Length:</b> 4"/10 cm  |



## Bandage Scissors

**LG895**

These convenient scissors have a blunt tip on the bottom blade, which helps cut bandages without gouging the skin.

**Dimensions:** 3 3/4"/9.5 cm

BIOSliving



## Elastic Bandage

A stretchable bandage used to create localized pressure. Elastic bandages are commonly used to treat muscle sprains and strains. They reduce the flow of blood to a particular area by the application of even stable pressure which can restrict swelling at the place of injury.

|              |                          |
|--------------|--------------------------|
| <b>LG726</b> | <b>Length:</b> 2"/5 cm   |
| <b>LG727</b> | <b>Length:</b> 3"/7.5 cm |
| <b>LG728</b> | <b>Length:</b> 4"/10 cm  |
| <b>LG729</b> | <b>Length:</b> 6"/15 cm  |



## Cast Protectors

Bath/shower with confidence and comfort! Unique ring eliminates the need for vinyl bags with strapping or loop closure. Latex-free diaphragm stretches easily over a cast to form watertight seal. Durable polyvinyl prevents water penetration.

|              |                      |             |
|--------------|----------------------|-------------|
| <b>LF095</b> | Foot/Ankle           | 10"/ 25 cm  |
| <b>LF096</b> | Short Arm            | 22"/ 56 cm  |
| <b>LF097</b> | Long Arm             | 39"/ 99 cm  |
| <b>LF098</b> | Short Leg            | 23"/ 58 cm  |
| <b>LF099</b> | Long Leg             | 42"/ 107 cm |
| <b>LH811</b> | Pediatric Medium Arm | 18"/46 cm   |
| <b>LH812</b> | Pediatric Large Arm  | 22"/56 cm   |
| <b>LH813</b> | Pediatric Medium Leg | 18"/46 cm   |
| <b>LH814</b> | Pediatric Large Leg  | 23"/58 cm   |



# PERSONAL CARE

BIOSliving



## **Universal Finger Splint** **LG413**

A customized fit for better protection. Has one adjustable strap which eliminates the need for tape. One size fits all.

BIOSliving



## **Large 4 Sided Finger Splint** **LK017**

Designed to hold an injured finger to prevent further irritation and/or injury. The convenient Velcro® straps eliminate the need for adhesive tape and the foam padding helps absorb shock.

BIOSliving



## **Large 2 Sided Finger Splint** **LK018**

Designed to hold an injured finger to prevent further irritation and/or injury. The convenient Velcro® straps eliminate the need for adhesive tape and the foam padding helps absorb shock.

BIOSliving



## **Gutter Finger Splint** **LG431**

This splint immobilizes and protects injured fingers. It has a malleable aluminum alloy which adjusts to different finger sizes. One size fits all.





## Disposable Grade Latex Gloves

- Pure 100% premium Malaysian natural latex
- Textured surface on powder-free provides superior wet/dry grip
- Exceptional tactile sensitivity
- USP grade corn starch for powdered gloves
- Beaded cuff for added strength
- Ambidextrous design
- AQL 1.5 examination grade
- Accepted for use in Canadian food processing facilities
- Thickness: 5 mil
- Length: 9½"/24 cm

\* Case quantities available, 10 boxes per case

|       |                             |                       |    |
|-------|-----------------------------|-----------------------|----|
| FS380 | BIOS living<br><br>Powdered | 100 Gloves Per<br>Box | XS |
| FS381 |                             |                       | S  |
| FS382 |                             |                       | M  |
| FS383 |                             |                       | L  |
| FS384 |                             |                       | XL |
| FS370 | Powder-Free                 |                       | XS |
| FS371 |                             |                       | S  |
| FS372 |                             |                       | M  |
| FS373 |                             |                       | L  |
| FS374 |                             |                       | XL |



## Disposable Grade Nitrile Gloves

- Pure 100% premium nitrile
- Textured surface provides superior wet/dry grip
- Exceptional tactile sensitivity
- Latex-free
- USP grade corn starch for powdered gloves
- Beaded cuff for added strength
- Protects against oil, grease & organic solvents
- Superior puncture resistance
- Ambidextrous design
- AQL 1.5 examination grade
- Accepted for use in Canadian food processing facilities
- Thickness: 5 mil
- Length: 9½"/24 cm

\* Case quantities available, 10 boxes per case

|       |             |                    |    |
|-------|-------------|--------------------|----|
| FS324 | Powdered    | 100 Gloves Per Box | S  |
| FS325 |             |                    | M  |
| FS326 |             |                    | L  |
| FS327 |             |                    | XL |
| FS330 | Powder-Free |                    | S  |
| FS331 |             |                    | M  |
| FS332 |             |                    | L  |
| FS333 |             |                    | XL |





# PERSONAL CARE

## Disposable Grade Vinyl Gloves

- Pure 100% premium vinyl
- Exceptional fingertip sensitivity
- Soft and stretchable for comfortable wear
- USP grade corn starch for powdered gloves
- Beaded cuff for added strength
- Ambidextrous design
- AQL 1.5 examination grade
- Accepted for use in Canadian food processing facilities
- Thickness: 4 mil
- Length: 9½"/24 cm

\* Case quantities available, 10 boxes per case

|       |  |                       |    |
|-------|--|-----------------------|----|
| FS340 | Powdered   | 100 Gloves Per<br>Box | XS |
| FS341 |  |                       | S  |
| FS342 |  |                       | M  |
| FS343 |  |                       | L  |
| FS344 |  |                       | XL |
| FS350 | <div>BIOS</div> <div>Professional</div> <div>Powder-Free</div> |                       | XS |
| FS351 |  |                       | S  |
| FS352 |  |                       | M  |
| FS353 |  |                       | L  |
| FS354 |  |                       | XL |



## Acrylic Glove Dispenser

Safe, convenient and hygienic, this acrylic glove dispenser is made from clear acrylic for durability and elegance. Can be used on a counter or mounted on a wall. Gloves not included.

|       |        | Box Size                       |
|-------|--------|--------------------------------|
| LG782 | Single | 11" x 3½" x 4¾"/28 x 9 x 12 cm |
| LG783 | Double | 11" x 3½" x 9½"/28 x 9 x 24 cm |



## Finger Cots

**LG404**

The rubber finger cot stretches to fit easily over injured finger tips and toes. The durable rubber won't break or crack. In addition to protecting injured fingers, cots are also useful when applying creams and medications. Crafters also use them to protect their finger tips while quilting. 40 pieces per pack.



## Reusable Incontinence Briefs

Ideal for moderate to heavy bladder incontinence. Complete four layer protection with ultra-soft cotton knit fabric that is very gentle on the skin.

|              |           |                        |
|--------------|-----------|------------------------|
| <b>LG904</b> | Small     | 30" - 32"/76 - 81 cm   |
| <b>LG905</b> | Medium    | 34" - 36"/86 - 91 cm   |
| <b>LG906</b> | Large     | 38" - 40"/96 - 101 cm  |
| <b>LG907</b> | X-Large   | 42" - 44"/107 - 112 cm |
| <b>LG908</b> | XX-Large  | 46" - 48"/117 - 122 cm |
| <b>LG909</b> | XXX-Large | 50" - 52"/127 - 132 cm |



## Reusable Incontinence Panty

Ideal for moderate to heavy bladder incontinence. Complete four layer protection with ultra-soft cotton knit fabric that is very gentle on the skin.

|              |           |                        |
|--------------|-----------|------------------------|
| <b>LG910</b> | Small     | 25" - 27"/63 - 68 cm   |
| <b>LG911</b> | Medium    | 28" - 31"/71 - 79 cm   |
| <b>LG912</b> | Large     | 32" - 36"/81 - 91 cm   |
| <b>LG913</b> | X-Large   | 37" - 40"/94 - 101 cm  |
| <b>LG914</b> | XX-Large  | 41" - 44"/104 - 112 cm |
| <b>LG915</b> | XXX-Large | 45" - 48"/114 - 122 cm |



## Unisex Vinyl Protective Pull-On

These vinyl pull-ons are waterproof with added protection from incontinence. Designed to slip easily over underwear or an adult diaper and fit comfortably without irritating the skin. With an elasticized waistband and leg holes, these pull-ons are whisper-quiet during everyday movement. Comes in a pack of 3.

|              |          |                       |
|--------------|----------|-----------------------|
| <b>LG917</b> | Medium   | 26" - 34"/66 - 86 cm  |
| <b>LG918</b> | Large    | 28" - 36"/71 - 91 cm  |
| <b>LG919</b> | X-Large  | 30" - 38"/76 - 96 cm  |
| <b>LG920</b> | XX-Large | 32" - 40"/81 - 101 cm |



## Carezips - Adaptive Trousers

An innovative pair of pants (trousers) designed for teens or adults with 3 uniquely positioned zippers that allow the front to open completely to the knees. Easy and fast access to the abdomen for dignified brief changes, wound care, or colostomy bags.

|              | Sizes   | Waist Relaxed | Waist Extended | Hips | Length/Inseam |
|--------------|---------|---------------|----------------|------|---------------|
| <b>LK001</b> | X-Small | 23"           | 37"            | 38"  | 29"           |
| <b>LK002</b> | Small   | 26"           | 40"            | 40½" |               |
| <b>LK003</b> | Medium  | 29"           | 43"            | 43"  |               |
| <b>LK004</b> | Large   | 33"           | 47"            | 46¾" |               |
| <b>LK005</b> | X-Large | 37"           | 51"            | 50¾" |               |



# PERSONAL CARE

## FAB Sense City Print Adult Briefs

Who say's adult briefs have to be WHITE?!

Introducing the FAB Sense Super Absorbent City Print Adult Brief! The brief boasts 3,000 ml absorbency, stretch elastic waistband, refastenable medical grade tapes, double leg cuffs, a soft and breathable core and fun green city print. This plastic backed brief is great for day or night, and will help prevent leaks with it's superior absorbency. 30 per case (3 bags of 10).

- Fun colourful Green City print design
- FDA approved & latex free for sensitive skin
- Cases are packed in plain & discreet boxes

|       | Sizes       | Waist Size                 | Absorbency |
|-------|-------------|----------------------------|------------|
| LK026 | Medium Case | 27" - 39.5" / 68 - 100 cm  | 3000 ml    |
| LK027 | Large Case  | 39.5" - 59" / 100 - 150 cm |            |



## Forsite Health Under The Sea Maximum Absorbency Briefs

Maximum absorbency protection with a colourful twist, these new Under the Sea briefs boasts incredible absorbency making it one of the most absorbent briefs in Canada. Maximum protection designed for heavy incontinence, ideal for night time use. Features a wider and thicker core, plastic backed design, tall standing leak guards, refastenable tape zone with medical grade tapes. 30 per case (3 bags of 10).

- Fun Blue Under the Sea print
- FDA approved & latex free for sensitive skin
- Odour protection
- Cases are packed in plain & discreet boxes

|       | Sizes       | Waist Size              | Absorbency |
|-------|-------------|-------------------------|------------|
| LK031 | Medium Case | 32" - 42" / 81 - 106 cm | 4980 ml    |
| LK032 | Large Case  | 36" - 50" / 91 - 127 cm | 5360 ml    |







## Forsite Health AM:PM Maximum Absorbency Briefs

The most absorbent adult briefs in Canada are now available! This high end brief will give you the protection and peace of mind you need. If you or a loved one has ever faced the issue of night time leaks, discomfort or ineffective "drug store" brands, you owe it to yourself to try this product. These briefs feature soft-standing leak guards, wetness indicator, odour protection, a high grade USA fluff core, plastic backed design, a comfort elastic waistband and a refastenable tape zone with extra strong medical grade tape.

- Save time & money with less changes
- Incredible overnight protection
- FDA approved & latex free for sensitive skin
- Cases are packed in plain & discreet boxes

|              | Sizes       | Waist Size                    | Absorbency |
|--------------|-------------|-------------------------------|------------|
| <b>LK024</b> | Medium Case | 27" - 39.5" /<br>100 - 268 cm | 4615 ml    |
| <b>LK025</b> | Large Case  | 39.5" - 59" /<br>100 - 150 cm | 5100 ml    |



## Forsite Health Maximum Absorbency Protective Underwear (Pull Ups)

The most absorbent adult protective underwear/ pull ups in Canada are now available! Ideal for day or night, this protective underwear has a superior absorbency of 2,500 ml for worry free comfort. Compare these to other "drug-store" brands and you immediately can spot the difference. Features include double leg cuffs, odour control, tall elastic waistband & extra soft cotton-like surface. The front side of the underwear is noted by blue lines on the inside of the waistband.

80 per case (4 bags of 20).

- FDA approved & latex free for sensitive skin
- Cases are packed in plain & discreet boxes

|              | Sizes        | Waist Size                  | Absorbency |
|--------------|--------------|-----------------------------|------------|
| <b>LK028</b> | Medium Case  | 23" - 36" /<br>58 - 91 cm   | 2,500 ml   |
| <b>LK029</b> | Large Case   | 34" - 48" /<br>86 - 121 cm  |            |
| <b>LK030</b> | X-Large Case | 46" - 62" /<br>116 - 157 cm |            |





## HOT & COLD THERAPY

We treat everything from arthritis, pulled muscles, inflammation, and fevers with ice packs or heating pads. Hot and cold therapy can be extremely effective but it is important to know what to use hot and cold for. Generally cold therapy or cryotherapy is used for the treatment of acute injuries or pain. It reduces blood flow to a particular area significantly reducing inflammation and swelling that causes pain. Heat therapy is used for the treatment of muscle pain or stiffness. It improves circulation and blood flow and can relax and soothe muscles and heal damaged tissue.

This section features products like:

- Heating Pads
- Ice Packs
- Therapy Braces

... and much more!



## Digital Heating Pad with Moist Heat Technology

**57064**

This heating pad has 4 heat settings and has a two hour auto shut off. An LED control makes it easy to switch heat settings and the pad is contained in a soft, plush cover. A 9' power cord allows for convenient access to the nearest power outlet.

**Dimensions:** 12" x 24"/30 x 61 cm

**Also available in 12" x 15"/30 x 38 cm - 57065**



## Thermophore Maxheat™

This upgraded heating pad features a hands-free timer with an easy ON/OFF and pause feature. Ideal for treating the lower back, shoulders, hips or multiple areas at one time.

|               |        |   |
|---------------|--------|---|
| <b>LF924P</b> | Small  | <b>Dimensions:</b> 4" x 17"/10 x 43 cm  |
| <b>LF924M</b> | Medium | <b>Dimensions:</b> 14" x 14"/36 x 36 cm |
| <b>LF924L</b> | Large  | <b>Dimensions:</b> 14" x 27"/36 x 69 cm |
| <b>LF925</b>  | Muff   | <b>Dimensions:</b> 5" x 17"/13 x 43 cm  |



## GOOD2GO™ Microwavable Moist Heat Packs

Microwavable heat packs provide moist heat to alleviate body stiffness and soreness. The outer fabric provides a vapour barrier to direct heat towards the body.

|              |                              |   |
|--------------|------------------------------|---|
| <b>LF918</b> | Hot/Cold Mitt                | <b>Dimensions:</b> 8" x 13"/20 x 33 cm  |
| <b>LF919</b> | Medium                       | <b>Dimensions:</b> 9" x 12"/23 x 31 cm  |
| <b>LF920</b> | Large                        | <b>Dimensions:</b> 12" x 16"/31 x 41 cm |
| <b>LF921</b> | Cervical/<br>Pelvic/<br>Neck | <b>Dimensions:</b> 5" x 16"/13 x 41 cm  |
| <b>LF922</b> | Shoulder                     | <b>Dimensions:</b> 13" x 14"/33 x 36 cm |



# HOT & COLD



## Thermophore Classic™

This heating blanket provides an area of heat therapy large enough to cover the entire spinal area, the length of a hip and leg or across both shoulders. This effectively relieves pain and relaxes all the associated muscles – not just one small, isolated point.

|        |        |                                  |
|--------|--------|----------------------------------|
| LF923P | Small  | Dimensions: 4" x 17"/10 x 43 cm  |
| LF923M | Medium | Dimensions: 14" x 14"/36 x 36 cm |
| LF923L | Large  | Dimensions: 14" x 27"/36 x 69 cm |



## Rapid Relief® Instant Cold Pack

Ready-to-use in any situation when cold therapy is needed. When activated the pack reaches 0°C/32°F within seconds and remains below 5°C/41°F for up to 10 minutes. Latex free, double bag construction used for added quality and longer use.

|       |       |                                    |
|-------|-------|------------------------------------|
| LH173 | Small | Dimensions: 4" x 6"/10.2 x 15.2 cm |
| LH174 | Large | Dimensions: 6" x 9"/15.2 x 22.9 cm |



LH171



LH170



LH172

## Rapid Relief® Reusable Cold and Hot Compress

This compress can be placed in a freezer for cold treatment or in hot water or microwave for fast heating. It is non-toxic, flexible and reusable for long lasting applications.

|       |        |                                      |
|-------|--------|--------------------------------------|
| LH170 | Small  | Dimensions: 4" x 6"/10.2 x 15.2 cm   |
| LH171 | Medium | Dimensions: 5" x 10"/12.7 x 25.4 cm  |
| LH172 | Large  | Dimensions: 10" x 12"/25.4 x 30.5 cm |



## Rapid Relief® Instant Hot Pack LH175

Ready-to-use in any situation when hot therapy is needed. When activated the pack reaches up to 47.7°C/118°F and remains warm for up to 20 minutes and is latex free.

Dimensions: 6" x 10"/15.2 x 25.4 cm





## Rapid Relief® Instant Extra Hot Compress LH176

Ready-to-use in any situation when hot therapy is needed. When activated it reaches up to 57.2°C/135°F and remains hot for up to 30 minutes. Designed with a foam insulation to provide added comfort.

**Dimensions:** 6" x 10"/15.2 x 25.4 cm



## Hot/Cold Gel Cervical Collar LG890

This unique inner gel pack can be heated in the microwave or chilled in the freezer. It is perfect to relieve tense muscles and ease aches. It has a soft poly/cotton cover that is removable for washing. Hook and loop closure adjusts to fit all. One size fits all.

BIOSliving



## Wrist Therapy Brace LG419

This brace utilizes a 360° hot/cold system to provide optimal treatment. It contains a removable splint for adjustable support and is reversible to fit the left or right hand. One size fits all.

BIOSliving



## Hot/Cold Therapy Brace LG418

The unique 3-in-1 design fits ankles, elbows, and knees. The brace can be easily cleaned and is usable in hot or cold treatment. Includes 1 brace with 2 straps. One size fits all.



# HOT & COLD

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## Therma-Wrap

57040

Designed to provide a natural source of moist heat and ideal for treating sore joints/muscle pain. This easy to hold wrap aids in the relief of cramps and muscle tension. Simply heat in the microwave for hot application or cool in the freezer for cold application.

**Dimensions:** 22" x 4"/55 x 10 cm

BIOSliving



## Therma-Ball

57044

Aids in stress relief and helps to ease muscle tension. Designed to provide a natural source of moist heat, ideal for treating sore joints and muscle pain. A soft exterior texture provides a comfortable grip. Heat in the microwave for hot application or cool in the freezer for cold application.



## Gel Bead Eye Thera-Mask

LK064

Pamper yourself with this luxurious gel bead eye mask. Designed to help relieve puffy tired eyes, migraines, headaches, and sinus pressure by heating or freezing the mask. Soft, plush backing and adjustable Velcro® straps allow for a perfect fit.



## Migraine Relief Wrap

LH526

Helps relieve migraines, headaches and sinus pain naturally. Designed with gel-filled beads, this wrap will conform to the unique shape of any head for maximum therapy coverage. Can be used for hot or cold application, the gel is non-toxic and the wrap is secured using an adjustable elastic strap. Microwave safe.

**Dimensions:** 29" x 3½"/73 x 9.5 cm



BIOS living



## TRU-ICE®

**LG422**

A reusable cold therapy device that delivers a fast, effective and mess-free ice massage aimed at reducing swelling and soreness. Includes 1 massager and 2 reusable liners.



## Ice Bag

**57009**

Constructed of two layers, the outer layer is made from a woven cotton/polyester fabric, which allows for gentle contact against skin. A second layer made of a rubberized lining prevents leakage. In addition, the lid has deep threads and a rubber gasket to protect against leakage.

BIOS living



## Hot Water Bottle Cozy

**57036**

This cable knit hot water bottle cozy wraps perfectly around a standard 2 litre bottle and helps hold in the heat. Hot water bottle not included.

BIOS living



## Massaging Hot Water Bottle Cover

**LF308**

This luxurious plush terry cloth hot water bottle cover features a soothing massager. The vibration creates small therapy waves and is ideal for non-invasive pain relief. The convenient battery operation requires 2 x AA batteries (included). Operational with or without the massage. Hot water bottle not included.





## THERAPY

Regular exercise should be a part of one's life, regardless of age, gender or alignments. Exercise therapy in general helps prevent or relieve pain and symptoms, rehabilitate following an injury, change fault in movement patterns and improve your overall fitness and well-being.

This section features products like:

- Exercise Bands
- Stopwatches
- Pedometer

... and much more!





# THERAPY



## Motion Medicine

**LG763**

A blend of ingredients recommended for topical application to areas of body that are sore due to inflammation, muscle strain and joint arthritis. Made from known anti-inflammatory compounds and circulation enhancers, as well as ingredients that may facilitate tissue repair. Comes in a bottle of 120 g.



## CanDo® Band Pack

Can be used for a progressive resistance exercise program. Each pack comes with three different bands and an illustrated instruction/ exercise chart. It is lightweight, portable and durable. Effective when used alone, or with handles and anchors.

|              |                                       |
|--------------|---------------------------------------|
| <b>LG243</b> | Easy: (Yellow, Red and Green)         |
| <b>LG244</b> | Moderate: (Green, Blue and Black)     |
| <b>LG245</b> | Challenging: (Black, Silver and Gold) |

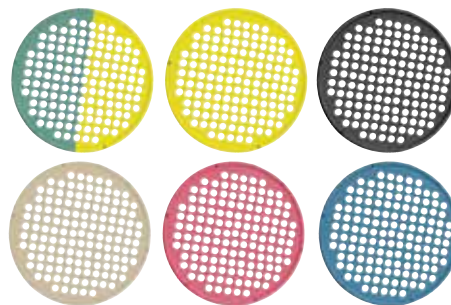


## Digital TENS/EMS Device

**LF983**

Used for effective pain relief and muscle toning, this unique device comes with 17 modes of use; 5 TENS, 3 EMS and 9 preprogrammed settings. Utilizing 100 mA of strength, this device provides 99 steps of intensity control. Convenient pause feature and push button control make using this device extremely easy. Powered by either an AC adapter or 1 x 9V battery (included).

**Dimensions:** 4½" x 2¼" x 1"/10.5 x 6 x 3 cm  
**Replacement electrodes in packs of 4 - LG099**



## Extension/Flexion Web

Used in hand therapy for flexion, extension, opposition and supination exercises. Resistance may be modified by adjusting the hand position or depth of finger insertion.

|              |                               |          |
|--------------|-------------------------------|----------|
| <b>LG264</b> | Tan                           | XX-Light |
| <b>LG265</b> | Yellow                        | X-Light  |
| <b>LG266</b> | Red                           | Light    |
| <b>LG267</b> | Green                         | Medium   |
| <b>LG268</b> | Blue                          | Heavy    |
| <b>LG269</b> | Black                         | X-Heavy  |
| <b>LG270</b> | Yellow/Green Multi-Resistance |          |
| <b>LG271</b> | Red/Blue Multi-Resistance     |          |



## Hand Therapy Putty

Each colour putty has a different consistency, SOFT for strengthening grasp to FIRM for developing a stronger grip. Putty comes in an air-tight, re-sealable plastic container for individual home or clinical use. Aids in rehabilitation of fingers, hands and forearms. Putty is odourless, non-flammable and non-stick. 2 oz containers.

|               |        |             |
|---------------|--------|-------------|
| <b>LF962T</b> | Tan    | Super-Soft  |
| <b>LF962</b>  | Yellow | Soft        |
| <b>LF963</b>  | Red    | Soft-Medium |
| <b>LF964</b>  | Green  | Medium      |
| <b>LF965</b>  | Blue   | Firm        |



## Exercise Ball

A great tool for strengthening your core, improving flexibility, or working on balance. Ideal for physical therapy, yoga exercises, pilates or general strength training. The ball can be inflated with a standard air pump (not included).

|              |        |                               |           |
|--------------|--------|-------------------------------|-----------|
| <b>LF934</b> | Yellow | Body Height:<br>4'6" or below | 18"/45 cm |
| <b>LF935</b> | Red    | Body Height:<br>4'7" to 5' 2" | 22"/55 cm |
| <b>LF936</b> | Green  | Body Height:<br>5'3" to 6'    | 26"/65 cm |
| <b>LF937</b> | Blue   | Body Height:<br>6'1" to 6' 5" | 30"/75 cm |
| <b>LF938</b> | Silver | Body Height:<br>Over 6' 6"    | 33"/85 cm |



## Wate Ball

A colour-coded weighted ball that is small and flexible enough to grasp with one hand, but large enough to hold with two hands during expanded exercises. Can be inflated or deflated easily with a standard air pump, creating a harder or easier grasp.

|              |        |                |
|--------------|--------|----------------|
| <b>LG272</b> | Tan    | 1.1 lbs/0.5 kg |
| <b>LG273</b> | Yellow | 2.2 lbs/1.0 kg |
| <b>LG274</b> | Red    | 3.3 lbs/1.5 kg |
| <b>LG275</b> | Green  | 4.4 lbs/2.0 kg |
| <b>LG276</b> | Blue   | 5.5 lbs/2.5 kg |
| <b>LG277</b> | Black  | 6.6 lbs/3.0 kg |



## Gel Hand Exercise Eggs

Perfect for increasing grip strength, dexterity, mobility and fine motor skills. Can be used in hot or cold therapy.

|              |        |          |
|--------------|--------|----------|
| <b>LG257</b> | Tan    | XX-Light |
| <b>LG258</b> | Yellow | X-Light  |
| <b>LG259</b> | Red    | Light    |
| <b>LG260</b> | Green  | Medium   |
| <b>LG261</b> | Blue   | Heavy    |
| <b>LG262</b> | Black  | X-Heavy  |



# THERAPY



## Thera-Band® Hand Exerciser

Made of a patented non-latex polymer, developed specifically to allow full range of motion of the hand and fingers with consistent resistance throughout the exercise. Available in 5 progressive levels of resistance. They are used for hand, finger and forearm strengthening.

| Force at 50% Compression: |        |                 |
|---------------------------|--------|-----------------|
| <b>LF953</b>              | Yellow | 1.5 lbs/0.68 kg |
| <b>LF954</b>              | Red    | 3 lbs/1.36 kg   |
| <b>LF955</b>              | Green  | 5 lbs/2.27 kg   |
| <b>LF956</b>              | Blue   | 8 lbs/3.62 kg   |
| <b>LF956B</b>             | Black  | 17 lbs/7.71 kg  |



## CanDo® Twist-n-Bend® Flexible Exercise Bar - 12"

This flexible hand bar exerciser is lightweight, portable and designed to strengthen muscles in the hand, wrist and shoulder. It promotes coordination and increases range-of-motion. With its 1.75"/4.5 cm diameter it is a perfect size for twisting, bending and performing oscillation movements for neuromuscular balance training and joint mobilization.

|               |        |         |
|---------------|--------|---------|
| <b>LF959Y</b> | Yellow | X-Light |
| <b>LF959</b>  | Red    | Light   |
| <b>LF960</b>  | Green  | Medium  |
| <b>LF961</b>  | Blue   | Heavy   |



## Cuff Therapy Weights

These flexible weights contour to easily fit snugly around the wrist or ankle. Ideal for gradually building strength or recuperating after injuries. Weights have a long strap to comfortably secure and adjust to appropriate size. Made of heavy-duty material, double stitched seams and marked with both pounds and kilograms.

|              |       |              |  |
|--------------|-------|--------------|--|
| <b>LF930</b> | Blue  | 1 lbs/0.5 kg | 10" x 1/4" x 3 3/4" / 25.5 x 1 x 9.5 cm  |
| <b>LF931</b> | White | 2 lbs/0.9 kg | 12" x 1/2" x 4 1/4" / 30.5 x 1 x 11 cm   |
| <b>LF932</b> | Black | 5 lbs/2.3 kg | 14 1/2" x 1/2" x 4 3/4" / 37 x 1 x 12 cm |
| <b>LF933</b> | Red   | 8 lbs/3.6 kg | 16" x 1" x 5" / 40.5 x 2.5 x 12.5 cm     |



## Mini Thera-Rolls™

**LG348**

Targets cervical musculature and plantar fascia to help stimulate blood flow and reduces pain and swelling in the feet. Firm ridges offer excellent soft tissue manipulation and isolates trigger points. Allows self-massage of hard-to-reach areas such as middle and upper back either against a wall or on the floor. Rolls can be stored in the freezer prior to use to help relieve inflammation and pain. Comes in a 2 pack with 1 medium (4 lbs/1.8 kg) and 1 firm (6 lbs/2.7 kg).

**Dimensions:** 3 1/2" x 6"/9 x 15 cm



### Foam Roller - Black

**LG686**

Activate deep core muscles, improve balance and posture. This professional roller is made of top-quality closed-cell foam with a non-skid surface that promotes a variety of movements while sitting, standing and lying down.

**Length:** 36"/91 cm

**Also available in purple - LG687**



### Deluxe Pedlar

**LK035**

Tone your arms and legs and increase your blood circulation in a safe way and low impact exercise. Five function digital readout measure calories burned revolutions per minute, strides and exercise time. It's lightweight, folds flat for easy storage and feature adjustable tension.

**Dimensions:** 18½" x 15½" x 10"/47 x 39 x 25 cm



BIOS living

### Sit-N-Stroll

**LF974**

Improve circulation and reduce swelling! Get the benefits of walking while you sit. Helps those suffering from varicose veins. Digital display tells you how many steps you have taken, calories you have burned and how long you have been strolling. Requires 2 x AAA batteries (not included).

**Dimensions:** 13½" x 14"/34 x 36 cm



### Leg Strider Exerciser

**LK037**

Get fit while you sit with this low impact leg strider. Stride front to back AND side to side, effectively working out and increasing blood circulation throughout your entire lower body. The first of it's kind on the market. Very quiet while in use, this is perfect for use under a desk as you will not bang your knees on the underside of your desk. Features a strong steel frame, carry handle and adjustable foot pedals.

**Dimensions:** 19" x 16½" x 17"/48 x 42 x 43 cm





## Digital Pedometer

335FC

Maintain a healthy, active lifestyle with the BIOS Living Digital Pedometer. This pedometer counts steps walked, distance travelled and calories burned, all in one sleek, compact device. The large LCD screen also makes this pedometer easy to read. Colour may vary. Requires 1 x AG10 battery (included).



## Yoga Mat

LG055

Yoga aims to realign and rebalance the body's structure. This non-slip mat provides the perfect surface for any yoga routine. It is easy to roll and carry for convenient travel. A non-slip foam provides traction and protection on hard surfaces. Colours may vary.

**Dimensions:** 68" x 24"/173 x 61 cm



## CanDo® Economy Balance Board

LH140

This balance board has raised circles on the surface making the board slip-resistant. Helps increase muscle tone in calves and ankles. Strengthen and condition lower body. Improve ankle range-of-motion, balance, body awareness, and develop joint mobility and reaction skills. Made from lightweight molded plastic.

**Dimensions:** 14" x 2" x 14"/35.6 x 5.1 x 35.6 cm



Appli My  
Fit Log



BIOS living

### Digital Exercise Tracker

333FC

Keep your fitness goals on track with the heart rate fitness band. Track steps, calories burned, distance and much more with the free app. The bands built in optical heart rate monitoring technology offers heart rate information in real time. Know your limits or push yourself further, all the information you need is on your wrist.

BIOS  
Professional



### Digital Stopwatch

FP600

Records real time and split time with an easy to read display. Requires 1 x LR44 battery (included).

Lanyard: 18"/48 cm

BIOS  
Professional



### Timer/Stopwatch

650SC

The timer/stopwatch counts down or up to 99 minutes and 59 seconds. Requires 1 x LR44 battery (included).

Lanyard: 15"/38 cm

BIOS living



### Premium Stopwatch

FP603

Track your best time with this premium stopwatch. It has a maximum countdown of 99 minutes and 59 seconds with 60 lap memory. Features a blue backlight display with clock, date and alarm functions. Water resistant. Requires 1 x CR2032 battery (included).

Lanyard: 48"/120 cm



## COPPER EMBEDDED PERFORMANCE WEAR



WICKING



ANTIBACTERIAL



UPF 50 +



ODOUR FREE



EMBEDDED COPPER



COPPER IONS



BLOOD CIRCULATION



PERFORMANCE

## COPPER 88

Copper 88 is the only garment in the marketplace today that offers 88% embedded Copper in its composition. The special copper fibres remain in the garment after countless wears and washes. Designed for all ages and lifestyles. The line of performance garments has been designed for anyone seeking to attain peak physical performance and to aid in faster recovery time. Copper compression is a patented performance fabric that delivers a complete spectrum of attributes to our range of styles. While comfortably supporting your muscles and joints to help improve blood circulation, its inherent properties provide all styles with antibacterial, anti-odour, UV protection and super-fast wicking qualities. Copper 88 compression garments harness the all natural properties found in copper to aid in the relief of pain due to muscle stiffness and soreness by transporting oxygen through the bloodstream of affected areas.

- Supports your muscles and joints aiding in faster recovery time
- Helps improve blood circulation
- Comfortably worn during exercise, daily activities and rest
- Super-fast wicking keeps garments dry
- Antibacterial and anti-odour properties will keep you feeling and smelling fresh
- All attributes are inherent and will last for the entire lifespan of the products



### Unisex Wrist/Hand Sleeve

|          |     |                           |
|----------|-----|---------------------------|
| LH790S   | S   | 5½" - 6½"/14 - 16.5 cm    |
| LH790M   | M   | 6½" - 7½"/16.5 - 19 cm    |
| LH790L   | L   | 7½" - 8½"/19 - 21.6 cm    |
| LH790XL  | XL  | 8½" - 9½"/21.6 - 24.1 cm  |
| LH790XXL | XXL | 9½" - 10½"/24.1 - 25.4 cm |



### Full Finger Gloves

|         |    |                           |
|---------|----|---------------------------|
| LH837S  | S  | 6½" - 7½"/16.5 - 19 cm    |
| LH837M  | M  | 7½" - 8½"/19 - 21.6 cm    |
| LH837L  | L  | 8½" - 9½"/21.6 - 24.1 cm  |
| LH837XL | XL | 9½" - 10½"/24.1 - 25.4 cm |



### Half Finger Gloves

|         |    |                           |
|---------|----|---------------------------|
| LH838S  | S  | 6½" - 7½"/16.5 - 19 cm    |
| LH838M  | M  | 7½" - 8½"/19 - 21.6 cm    |
| LH838L  | L  | 8½" - 9½"/21.6 - 24.1 cm  |
| LH838XL | XL | 9½" - 10½"/24.1 - 25.4 cm |



### Unisex Wrist Sleeve

|          |     |                           |
|----------|-----|---------------------------|
| LH839S   | S   | 5½" - 6½"/14 - 16.5 cm    |
| LH839M   | M   | 6½" - 7½"/16.5 - 19 cm    |
| LH839L   | L   | 7½" - 8½"/19 - 21.6 cm    |
| LH839XL  | XL  | 8½" - 9½"/21.6 - 24.1 cm  |
| LH839XXL | XXL | 9½" - 10½"/24.1 - 26.7 cm |





## Unisex Elbow Sleeve

|          |     |                           |
|----------|-----|---------------------------|
| LH840S   | S   | 8" - 10"/20.3 - 25.4 cm   |
| LH840M   | M   | 10½" - 12"/26.7 - 30.5 cm |
| LH840L   | L   | 12½" - 14"/31.8 - 35.6 cm |
| LH840XL  | XL  | 14½" - 16"/36.8 - 40.6 cm |
| LH840XXL | XXL | 16½" - 18"/41.9 - 45.7 cm |



## Unisex Arm Sleeve

|          |     |                           |
|----------|-----|---------------------------|
| LH841S   | S   | 8" - 10"/20.3 - 25.4 cm   |
| LH841M   | M   | 10½" - 12"/26.7 - 30.5 cm |
| LH841L   | L   | 12½" - 14"/31.8 - 35.6 cm |
| LH841XL  | XL  | 14½" - 16"/36.8 - 40.6 cm |
| LH841XXL | XXL | 16½" - 18"/41.9 - 45.7 cm |



## Unisex Calf Sleeve

|          |     |                          |
|----------|-----|--------------------------|
| LH843S   | S   | 10" - 12"/25.4 - 30.5 cm |
| LH843M   | M   | 12" - 14"/30.5 - 35.6 cm |
| LH843L   | L   | 14" - 16"/35.6 - 40.6 cm |
| LH843XL  | XL  | 16" - 18"/40.6 - 45.7 cm |
| LH843XXL | XXL | 18" - 20"/45.7 - 50.8 cm |



## Unisex Ankle Sleeve

|          |     |                            |
|----------|-----|----------------------------|
| LH844S   | S   | 9½" - 11½"/24.1 - 29.2 cm  |
| LH844M   | M   | 12" - 13"/30.5 - 33 cm     |
| LH844L   | L   | 13½" - 14½"/34.3 - 36.8 cm |
| LH844XL  | XL  | 15" - 16½"/38.1 - 41.9 cm  |
| LH844XXL | XXL | 17" - 18½"/43.2 - 47 cm    |



### Unisex Knee Sleeve

|                 |     |                           |
|-----------------|-----|---------------------------|
| <b>LH842S</b>   | S   | 14" - 15"/35.6 - 38.1 cm  |
| <b>LH842M</b>   | M   | 15½" - 17"/39.4 - 43.2 cm |
| <b>LH842L</b>   | L   | 17½" - 19"/44.5 - 48.3 cm |
| <b>LH842XL</b>  | XL  | 19½" - 21"/49.5 - 53.3 cm |
| <b>LH842XXL</b> | XXL | 21½" - 23"/54.6 - 58.4 cm |



### Mid Crew Socks/Liners

|               |       |           |       |
|---------------|-------|-----------|-------|
| <b>LH845</b>  | Men   | Size 8-11 | Black |
| <b>LH845W</b> | Women | Size 6-9  |       |



### Work Socks

|               |       |           |       |
|---------------|-------|-----------|-------|
| <b>LH846</b>  | Men   | Size 8-11 | Black |
| <b>LH846W</b> | Women | Size 6-9  |       |



### Calf High Socks

|               |       |           |       |
|---------------|-------|-----------|-------|
| <b>LH847</b>  | Men   | Size 8-11 | Black |
| <b>LH847W</b> | Women | Size 6-9  |       |



## Knee High Socks

|               |       |           |       |
|---------------|-------|-----------|-------|
| <b>LH848</b>  | Men   | Size 8-11 | Black |
| <b>LH848W</b> | Women | Size 6-9  |       |



## Calf High Socks

|               |       |           |       |
|---------------|-------|-----------|-------|
| <b>LH849</b>  | Men   | Size 8-11 | White |
| <b>LH849W</b> | Women | Size 6-9  |       |



## Knee High Socks

|               |       |           |       |
|---------------|-------|-----------|-------|
| <b>LH850</b>  | Men   | Size 8-11 | White |
| <b>LH850W</b> | Women | Size 6-9  |       |



## Men's Short Sleeve Shirt

|                 |     |                             |
|-----------------|-----|-----------------------------|
| <b>LH851S</b>   | S   | 34" - 37"/86.4 - 94 cm      |
| <b>LH851M</b>   | M   | 37½" - 41"/95.3 - 104.1 cm  |
| <b>LH851L</b>   | L   | 41½" - 44"/105.4 - 111.8 cm |
| <b>LH851XL</b>  | XL  | 44½" - 48"/113 - 121.9 cm   |
| <b>LH851XXL</b> | XXL | 48½" - 52"/123.2 - 132.1 cm |



### Men's Shorts

|                 |     |                            |
|-----------------|-----|----------------------------|
| <b>LH852S</b>   | S   | 27" - 29"/68.6 - 73.7 cm   |
| <b>LH852M</b>   | M   | 30" - 33"/76.2 - 83.8 cm   |
| <b>LH852L</b>   | L   | 34" - 37"/86.4 - 94 cm     |
| <b>LH852XL</b>  | XL  | 38" - 41"/96.5 - 104.1 cm  |
| <b>LH852XXL</b> | XXL | 42" - 45"/106.7 - 114.3 cm |



### Women's Short Sleeve Shirt

|                |    |                             |
|----------------|----|-----------------------------|
| <b>LH853S</b>  | S  | 32" - 37"/81.3 - 94 cm      |
| <b>LH853M</b>  | M  | 37½" - 40"/95.3 - 101.6 cm  |
| <b>LH853L</b>  | L  | 40½" - 43"/102.9 - 109.2 cm |
| <b>LH853XL</b> | XL | 43½" - 46"/110.5 - 116.8 cm |



### Women's Shorts

|                |    |                           |
|----------------|----|---------------------------|
| <b>LH854S</b>  | S  | 27" - 29"/68.6 - 73.7 cm  |
| <b>LH854M</b>  | M  | 30" - 33"/76.2 - 83.8 cm  |
| <b>LH854L</b>  | L  | 34" - 37"/86.4 - 94 cm    |
| <b>LH854XL</b> | XL | 38" - 41"/96.5 - 104.1 cm |



### Men's Long Sleeve Shirt

|                 |     |                             |
|-----------------|-----|-----------------------------|
| <b>LH855S</b>   | S   | 34" - 37"/86.4 - 94 cm      |
| <b>LH855M</b>   | M   | 37½" - 41"/95.3 - 104.1 cm  |
| <b>LH855L</b>   | L   | 41½" - 44"/105.4 - 111.8 cm |
| <b>LH855XL</b>  | XL  | 44½" - 48"/113 - 121.9 cm   |
| <b>LH855XXL</b> | XXL | 48½" - 52"/123.2 - 132.1 cm |





# THERAPY



## Women's Long Sleeve Shirt

|         |    |                             |
|---------|----|-----------------------------|
| LH856S  | S  | 32" - 37"/81.3 - 94 cm      |
| LH856M  | M  | 37½" - 40"/95.3 - 101.6 cm  |
| LH856L  | L  | 40½" - 43"/102.9 - 109.2 cm |
| LH856XL | XL | 43½" - 46"/110.5 - 116.8 cm |



## No Show Socks

|        |       |           |       |
|--------|-------|-----------|-------|
| LH857  | Men   | Size 8-11 | Black |
| LH857W | Women | Size 6-9  |       |



## Unisex Ankle Socks/Liners

|        |       |           |       |
|--------|-------|-----------|-------|
| LH858  | Men   | Size 8-11 | Black |
| LH858W | Women | Size 6-9  |       |



## Back Belt

Designed for anyone experiencing back pain or simply looking for additional lumbar support. Belt straps help keep your core and back muscles warm while taking excess weight and pressure off by providing support to your spine. It is durable, lightweight and helps with back alignment and posture. Its inherent properties provide our belts with antibacterial, anti-odour and accelerated wicking qualities.

|        |   |                       |
|--------|---|-----------------------|
| LH859S | S | 26" - 31"/66 - 79 cm  |
| LH859L | L | 32" - 40"/81 - 102 cm |



## So What Is A Muscle Knot?

A trigger point is a “knot” in the muscle that can be the size of a pin head, small pea, macaroni noodle - even a small pickle. This little knot of contracted muscle fibers can be the source of an amazing amount of pain because these little fibers are contracted so tightly, they’ve forgotten how to relax - cutting off blood and oxygen to the area.

## Muscle Knots “Refer” Pain

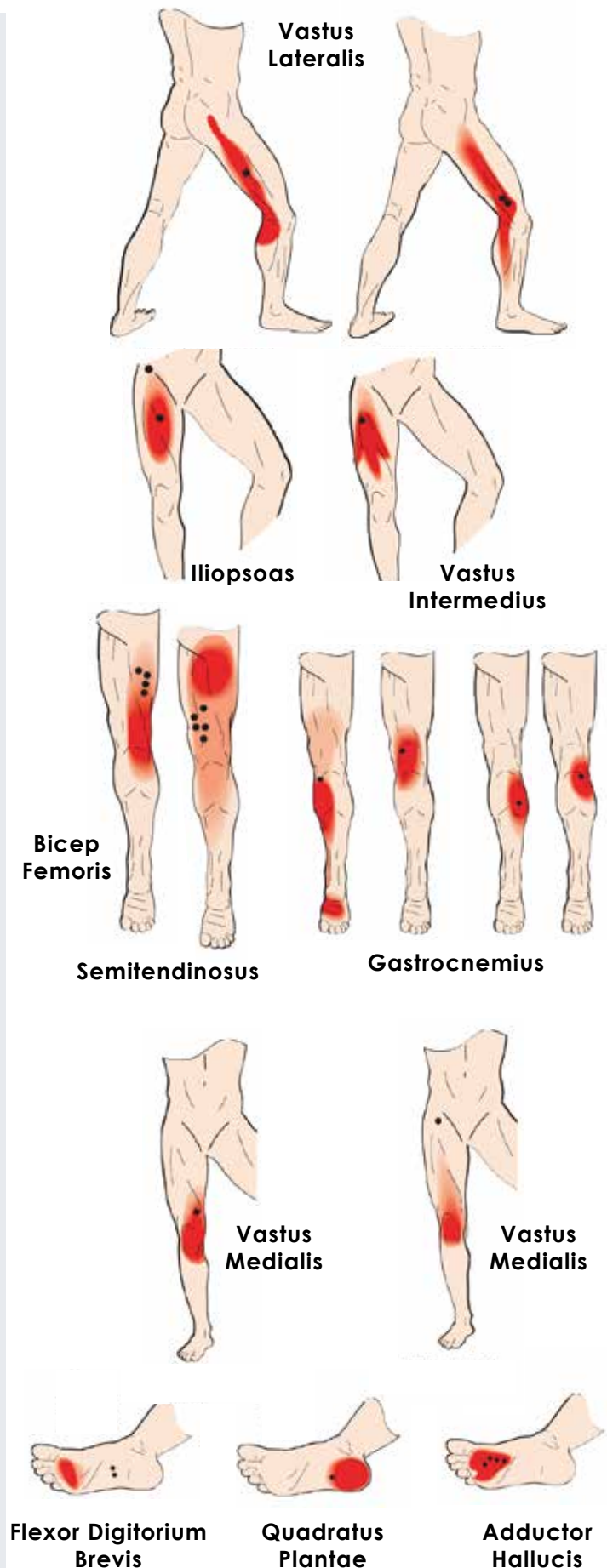
The pain you feel is often NOT in the location of the muscle knot. This means that the bottom of your foot might hurt (referred pain), but the muscle knot is in your calf. You might not even know you have a muscle knot until you apply pressure. But make no mistake, when you press on one with just the right amount of pressure, it can make you laugh and cry at the same time because it can “hurt so good”.

## The Science And Research Behind Trigger Points Began More Than 165 Years Ago.

A trigger point is what most people refer to as a “knot” in the muscle. Janet G. Travell, M.D. (1901-1997) and David G. Simons, M.D. (1922-2010) are the pioneers of trigger point research. Through this research, it is believed that approximately 70-85% of ALL pain is related to muscle knots either directly or indirectly.

## Self-Help Muscle Compression

Self-help Muscle Compression is beneficial to increasing blood flow and nutrition to the muscles and other tissues, restoring normal function and increasing range-of-motion. There are many tools that can help you work out Knot Spots, including the Tiger Tail® Portable foam roller. The Tiger Tail® foam roller helps relieve sore muscles and speed muscle recovery while helping reduce stress and tension in the muscles. Designed for self-help muscle knot release, the Tiger Tail® family of tools ultimately make the job a whole lot easier and faster.





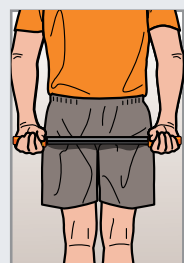
**Calves**



**Hamstrings**



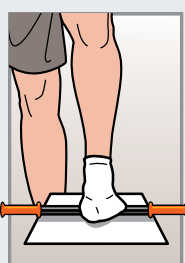
**Quads**



**Glutes**



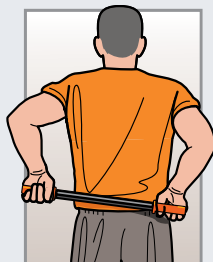
**IT Bands**



**Feet**



**Shoulder**



**Lower Back**



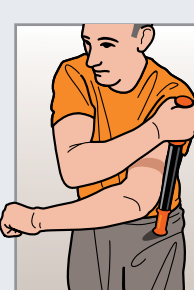
**Upper Back**



**Neck**



**Bicep**



**Tricep/  
Forearm**

## 22"/56 cm Long Tiger Tail

**LH815**

Featuring a longer and lightweight design, the Tiger Tail® 22" Portable Foam Roller distributes consistent pressure along the body with a greater surface area for muscular relief. The roller's 14" surface is made of a high density foam that applies friction on the body for a deeper massage that reaches the muscles and fascia.

## 18"/46 cm Classic Tiger Tail

**LH816**

The Tiger Tail® 18" Portable Foam Roller is a must-have for on-the-go fitness enthusiasts and athletes to relieve muscle soreness. From lower body aches to neck and shoulder tension, the 10" cushioned foam surface glides smoothly over muscles to distribute consistent pressure. Weighing in at 10.4 oz., the roller is easy to use.

## 11"/28 cm Roadster

**LH817**

Powerfully portable, your new travel companion. All the power of the Tiger Tail® Portable Foam Roller in a smaller package. The Tiger Tail® 11" Roadster can go anywhere. Packs easily into sports bags, travel bags, cars even in office drawers. Plus, it's a fantastic foot massager! Cushioned foam center spins.



22"/56 cm



18"/46 cm



11"/28 cm

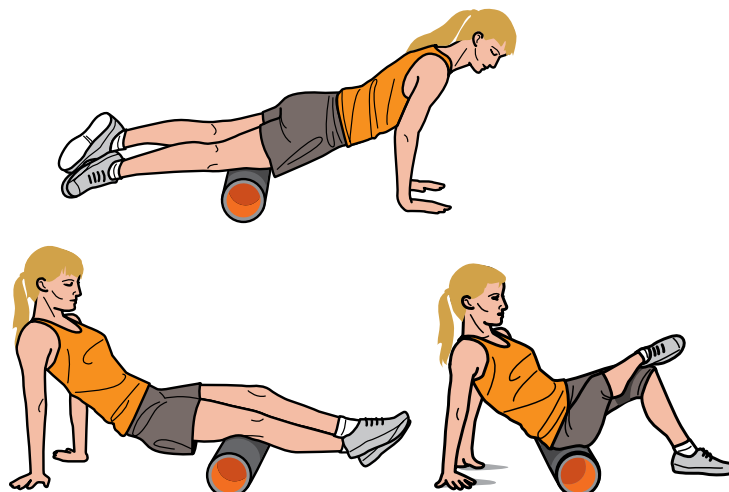


## The Big One

LH818

The new king of foam rollers. Break up trigger points and release muscle tightness. Great for sore backs, IT bands, glutes, quads, hamstrings, calves and more. Built to last with TIGERTAIL®'s stamp of quality. Rigid hollow core, durable foam cover. Sleek and powerful. Easy to clean.

**Dimensions:** 15" x 5½"/38 x 14 cm



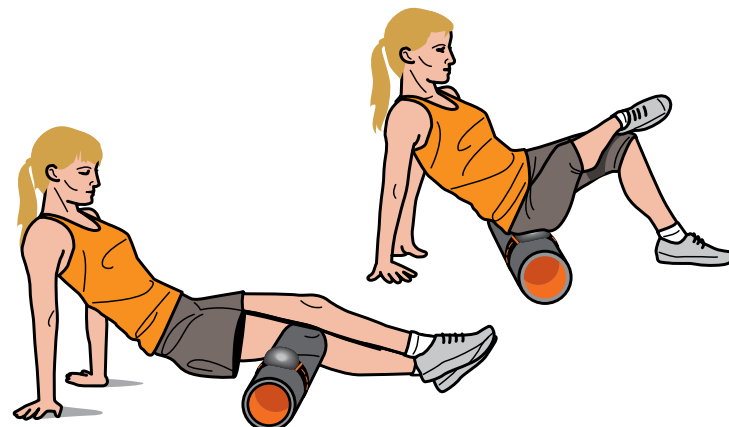
## The Strappy Tiger

LH819

Ultimate accessory for ANY foam roller. This game changer elevates ANY foam roller into a more powerful and penetrating massage tool. Curved, firm shell provides deep muscle knot relief for increased mobility. Great for back, calves, glutes, hips, quads, hamstrings and other muscle groups. Simple to use strap features Velcro® closure.

**Shell Dimensions:** 5" x 4.1"/7 x 10.4 cm

**Nylon Strap:** 25"/63.5 cm







BIOS living

## Trusted By Pro-Athletes

BIOS Living and Tiger Tail team up to bring you the best kept secret in exercise/muscle therapy . Used in approximately 85% of NFL, MLB, NBA, NHL and MLS training rooms, it is recommended and used daily by professional and elite Olympic athletes, athletic and personal trainers, doctors, chiropractors, physical therapists, massage therapists and millions of muscles on people just like you!

## Tiger Tail Features

**Exclusive Tiger Tail Gription™.** All tools offer deep grip and friction on fascia and muscles to bust out knots and speed recovery.

**Muscle friendly!** No spindles, beads, deep grooves or gaps on any of our products.  
No pinched skin, no pulled out hair, no snagged clothing.

**Easy to clean.** Non-porus, non-deteriorating materials. No trapped bacteria. Easy to clean with antibacterial gel or spray.

**Allergen-free.** No rubber or latex.



## Knotty Tiger

LH821

Knot Buster + Shoulder rub. Good things come in small packages. This powerful little knot buster is designed to fit perfectly in the palm of the hand. Great for busting out knots in the neck, arms, shoulders and other areas. Provides deep penetrating muscle-tension relief. Three trigger point curves to apply differing amounts of pressure.

**Diameter:** 2¾"/7 cm

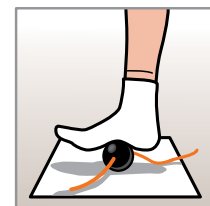


## The Curve Ball

LH820

Throwing a curve at deep tissue muscle massage. This inventive tool offers stable and controlled deep muscle release. Perfect for hips, glutes, back, shoulders and other muscle groups. Grippy flat base provides sustained stationary traction. Curved massage surface provides targeted muscle-pain relief. Use your weight as leverage and let the tool do the work. Use on the floor, chair, bed or wall.

**Dimensions:** 5½" x 5½" x 3¼"/14 x 14 x 8.2 cm



## Tiger Ball Massage-On-A-Rope

LH822

Massage-On-A-Rope. Have a knot you just can't reach? Lean up against a wall or lie down on the ground and simply press away. Perfect for busting out knots in the back, shoulders, legs, piriformis and other spots wanting deep pressure. Silicone ball and corded rope handles.

**Diameter:** 2½"/6.6 cm

**Rope Length:** 47"/119 cm



## DRESSING AIDS

Adaptive devices for dressing such as sock aids, button hooks, zipper pulls and dressing sticks are all designed to assist individuals that may suffer from Arthritis, Parkinson's, Stroke or limited mobility. These devices help those in their day to day lives and activities, to help keep their independence.

This section features products like:

- Sock Aids
- Shoehorns
- Dressing Sticks

... and much more!



# DRESSING AIDS



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## Sock Aid and Stocking Helper 57032

For anyone who has difficulty bending and/or reaching their feet, this sock aid is ideal for arthritis sufferers. It allows people to put on their socks independently and easily despite pain or physical limitations. Made from semi-flexible plastic attached to two long handles.

**Length:** 32½"/82.5 cm



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## Terry Cloth Sock Aid LF264

Flexible plastic sock aid makes putting on socks or stockings easier. Large loop handles are great for those with arthritis. Nylon lining allows easy sliding of the foot through the sock aid. The terry cloth outer cover can be bent to fit any size sock or stocking.

**Length:** 32"/81 cm



## On/Off Sock Aid LF260

Designed to bring efficient support to anyone with mobility limitations. Even without the use of both hands, this product will bring back the simplicity of wearing socks. They are on in one simple step and off with another. Suitable for putting on and taking off all kinds of socks, including nylons and light compression stockings.

**Length:** 12"/30.5 cm



## Universal No-Bend Aid LF262

The perfect solution for putting on stockings. The round edges help to prevent snags. The easy glide strips help your foot slide into your sock or stocking. Comes with a built-in shoehorn and hinges.

**Length:** 10"/25 cm



### Sock Horse Sock Aid

**LG640**

Allows you to put on socks easily and quickly without rope handles. It was designed with a sturdy handle to help people with back, knee or hip problems, decreased flexibility, pregnant women or those who may be overweight.

**Length:** 18"/45.5 cm



### Easy-Pull Hosiery Aid

**LF263**

Supports compression hosiery, medical stockings, socks and pantyhose. Just stretch sock over the support, slide your foot in and pull the handles! No need to bend down or struggle.

**Dimensions:** 8¼" x 14" x 10½"/3.4 x 5.6 x 4.1 cm



### Boot Jack

**LF265**

The tapered slot design fits all sizes and shapes, and features a serrated edge for scraping the bottom of boots. To remove boots, sit down and place one foot on the flat base and place other boot heel in the removal slot. Pull heel out first to remove boot. Works well for stylish footwear or winter boots.



### Shoe Stretchers

**LH542**

Expands tight-fitting footwear for comfort and provides relief for wide feet, bunions, corns and blisters. Ideal for breaking in new shoes.





# DRESSING AIDS



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## Metal Shoehorn

57027

Never bend to put your shoes on again! Use for slipping on shoes easily, without causing back strain. The strong, one-piece design is made from durable metal with a smooth enamel finish and won't snag socks or stockings.

**Length:** 24"/61 cm



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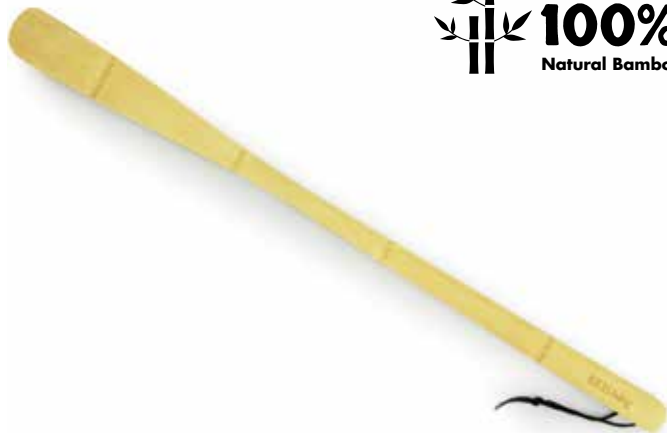


## Plastic Shoehorn

LF249

This lightweight shoehorn comes with a built-in lanyard, making it convenient to hang up when not in use. Colour may vary.

**Length:** 18"/45.5 cm



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Made from  
**100%**  
Natural Bamboo

## Bamboo Shoehorn

57017

This bamboo shoehorn comes with a lightweight nylon cord to hang for easy storage. It is ergonomically designed and provides a flair of style to a simple daily task.

**Length:** 21"/53 cm



## Long Shoehorn

LG056

This long plastic shoehorn is ideal for putting on shoes with ease. Perfect for anyone with back pain or limited mobility.

**Length:** 31"/79 cm



### Telescopic Shoehorn

LK038

Stop bending! With this telescopic shoe horn from Forsite Health, you can put your shoes on with ease and save your back. Features a strong aluminum design. Smooth head makes slipping under feet comfortable & easy. Ideal for use while sitting or standing.

**Length:** 19" - 28"/48.3 - 71.1 cm



### Dressing Stick and Shoehorn

57030

This simple dressing stick eliminates the need to bend in awkward positions, featuring a thick easy to grip, long reach handle and push/pull S-hook. This lightweight 2-in-1 dressing stick is ideal for pulling on or pushing off clothes, retrieving items or putting on shoes.

**Length:** 24"/61 cm



### Button Hook & Zipper Pull

LF267

Makes button and zipper fastening a breeze! It incorporates a stainless steel hook at one end, designed to assist one handed dressing by passing through the button hole and over the button to grip and pull.

**Length:** 8"/20 cm



### Zipper Ring Pulls

LG477

Assists people with arthritis or limited hand dexterity to hold onto zippers. It is ideal for clothing, purses and jackets. Comes in a pack of 3.

**Diameter:** 1"/2.5 cm



# biotime®

biotimefootwear.com

The Biotime Therapeutic shoes have it all!!! They are unisex, constructed with a soft polyester foam backed lining for extra comfort and a hard-wearing polyurethane outsole. Made with a removable, antimicrobial and machine washable at 30°C/86°F, micro suede and Poliyou® footbed to accommodate orthotics.

| Size Chart |    |    |    |    |    |    |    |    |    |    |    |    |    |
|------------|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Euro       | 36 | 37 | 38 | 39 | 40 | 41 | 42 | 43 | 44 | 45 | 46 | 47 | 48 |
| Women (US) | 5  | 6  | 7  | 8  | 9  | 10 | 11 | 12 | 13 | -  | -  | -  | -  |
| Men (US)   | 3  | 4  | 5  | 6  | 7  | 8  | 9  | 10 | 11 | 12 | 13 | 14 | 15 |



## Bryce

Feature full grain leather uppers, leather lined quarters and suede heel pockets. Double strap closure system. Designed to stretch and sized to fit snugly to any foot shape.

| LF514W  | Unisex | Wide   | 39 (EUR) |
|---------|--------|--------|----------|
| LF514M  |        | Medium | 39 (EUR) |
| LF515M  |        |        | 40 (EUR) |
| LF516M  |        |        | 41 (EUR) |
| LF518XW |        | X-Wide | 43 (EUR) |
| LF519XW |        |        | 44 (EUR) |
| LF521W  |        | Wide   | 46 (EUR) |



## Darrell

Lightweight and flexible shoe with a 3D textile upper material. Comes with a 3-way adjustable hook and loop strap closures for comfort fitting.

|       | Men (US) | Women (US) |       | Men (US) | Women (US) |
|-------|----------|------------|-------|----------|------------|
| LH868 | 3        | 5          | LH873 | 8        | 10         |
| LH869 | 4        | 6          | LH874 | 9        | 11         |
| LH870 | 5        | 7          | LH875 | 10       | 12         |
| LH871 | 6        | 8          | LH876 | 11       | 13         |
| LH872 | 7        | 9          |       |          |            |



## Dorien

Lightweight and flexible shoe with micro suede upper material. Comes with adjustable and removable front and back strap for easy convenience.

|       | Men (US) | Women (US) |       | Men (US) | Women (US) |
|-------|----------|------------|-------|----------|------------|
| LH877 | 4        | 6          | LH882 | 9        | 11         |
| LH878 | 5        | 7          | LH883 | 10       | 12         |
| LH879 | 6        | 8          | LH884 | 11       | 13         |
| LH880 | 7        | 9          | LH885 | 12       | 14         |
| LH881 | 8        | 10         |       |          |            |



## Deluxe Post-Op Shoe

Features a non-skid sole and padded heel collar. Durable nylon mesh allows foot to breathe while the padded heel collar contours for a better fit. Hook and loop straps adjusts to accommodate bulky dressings and edema, while the open toe design helps prevent friction on toes. Fits left or right foot.

|              |            |                  |
|--------------|------------|------------------|
| <b>LG338</b> | Women (US) | Small 4 - 6      |
| <b>LG339</b> |            | Medium 6½ - 8    |
| <b>LG340</b> |            | Large 8½ - 10    |
| <b>LG341</b> | Men (US)   | Small 6 - 8      |
| <b>LG342</b> |            | Medium 8½ - 10   |
| <b>LG343</b> |            | Large 10½ - 12   |
| <b>LG344</b> |            | X-Large 12½ - 14 |



## Vivi Pocket Dresser

**LH867**

### THE ALL-IN-ONE DRESSING AID

This patented pocket-sized dressing aid contains four tools in one which fold neatly away when not in use. The multi-tool includes a quick-release hand strap and pocket clip. Pull up or pry out buried zipper tabs. Ideal for small or delicate shirt collar buttons and undoing shoe laces. Easily handles thick denim jean buttons as well!

## Menthogel

These pads provide a refreshing way to soothe foot pain. A pleasant menthol scent helps to keep feet feeling fresh all day and prevents odours. Thanks to a soft, stretchable gel, the pads immediately mold to the exact shape of your foot for a custom fit. The wave and circle patterns absorb shocks and reduce pressure points. A storage bag is included. Washable.

|              |   |          |                        |
|--------------|---|----------|------------------------|
| <b>LG945</b> | B | Set of 2 | Toe Protectors         |
| <b>LG949</b> | F |          | Forefoot Cushions      |
| <b>LG951</b> | H |          | Arch Protectors        |
| <b>LG954</b> | K |          | High Heel Forefoot Pad |







## Silicone Pad Products

These silicone pads provide constant pain relief and protection to various parts of your feet by reducing/relieving friction, blisters, corns and calluses. The heel cups and metatarsal cushions are recommended for patients with heel spurs, Plantar Fasciitis, Metatarsalgia, Fat Pad Atrophy & Morton's Neuroma.

|       |                             |                   |
|-------|-----------------------------|-------------------|
| LF270 | Silicone Toe Straightener   | Small             |
| LF271 |                             | Medium            |
| LF272 |                             | Large             |
| LF287 | Silicone Anti-Friction Ring | One Size Fits All |
| LF281 | Silicone Toe Separators     | Small             |
| LF282 |                             | Medium            |
| LF283 |                             | Large             |
| LF284 | Silicone Heel Cup           | Small             |
| LF285 |                             | Medium            |
| LF286 |                             | Large             |
| LF279 | Silicone Metatarsal Cushion | Small             |
| LF280 |                             | Large             |
| LF273 | Silicone Toe Crest - Right  | Small             |
| LF275 |                             | Medium            |
| LF277 |                             | Large             |
| LF274 | Silicone Toe Crest - Left   | Small             |
| LF276 |                             | Medium            |
| LF278 |                             | Large             |

## Silicone Metatarsal Cushion

The anatomical design provides shock absorption to the metatarsal area and helps relieve the friction under your metatarsal heads. Recommended for conditions such as Metatarsalgia, Fat Pad Atrophy & Morton's Neuroma. Provides unsurpassed cushioning and comfort while also reducing calluses.



## Silicone Toe Straightener

Aligns your toes with constant gentle pressure. Keeps your toes from overlapping and reduces friction for maximum comfort.



## Silicone Anti-Friction Ring

Relieves friction, blisters, corns & calluses. The soft silicone ring cushions, protects and provides relief from sheer abrasive forces. Comes in a pack of 3.

## Silicone Toe Separators

Reduces friction and irritation between the toes. Helps relieve pain of soft corns (between toes), overlapping toes and nail problems.



## Silicone Toe Crest

Relieves forefoot and toe pain caused by hammer, claw & mallet toes. Provides maximum comfort and reduces pressure from the toes and metatarsals.

## Silicone Heel Cup

Recommended for patients diagnosed with heel spurs, Plantar Fasciitis or general heel discomfort. The unique design incorporates a soft blue silicone center into the most sensitive areas of the heel to provide supplemental shock absorption.





## Donut Heel Pads

LH541

Provides relief from painful heels and heel spurs. Designed to surround and support heels from pressure and impact. The removable "donut hole" centre allows pressure relief and lets heels float on air. The performance cushioning absorbs shock, protects tender heels and will not flatten out. Men (US) 8 - 14. Comes in a pack of 2.

**Also available in women's size (US)6-10 - LH541A**

## Swell Sox™

LG772

Ideal for edema sufferers, diabetics and all swollen foot conditions. Made of 100% heavy weight natural cotton. This sock features excellent absorbency, breathability and outstanding pillow-sort comfort. Non-binding construction allows top to expand to accommodate swollen foot conditions and will even fit over dressings and casts. One size fits all.

**Across:** 5¼"/13 cm

**Across Top:** 4¾"/12 cm

**Length:** 19"/48 cm

**Maximum Diameter:** 26"/66 cm



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## Diabetic Slipper Socks with Grip Sole

These socks are highly recommended for people suffering from diabetes, edema, neuropathy or circulatory reduction. The non-slip sole help reduce pressure on sensitive legs. Allows better blood flow due to soft rib knit design that provides a fit that never sags or binds.

|       |       |       |               |
|-------|-------|-------|---------------|
| LF040 | Black | Women | US Size 9-11  |
| LF041 | White |       |               |
| LF042 | Black | Men   | US Size 10-13 |
| LF043 | White |       |               |

## Diabetic Crew Socks

Non-binding, loose-fitting top allows for optimal circulatory flow. Ideal for those with diabetes, edema, neuropathy, circulatory reduction and swollen feet. Full cushion lining with heel and toe support for pressure relief and maximum foot protection. Made from a delicate cotton blend for extra comfort. Machine washable.



|       |       |       |               |
|-------|-------|-------|---------------|
| LG973 | Black | Women | US Size 9-11  |
| LG975 | White |       |               |
| LG974 | Black | Men   | US Size 10-13 |
| LG976 | White |       |               |



## Compression Socks with Zipper

LH579

Provides pressure to help improve circulation. Comfortable knee-high length with open toe design. They are made with durable zippers and meant to fit snugly in order to function correctly.

**Ankle:** 10"-11½"/26 - 29 cm

**Calf:** 18"/45.5 cm



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## Elastic Shoe Laces - Black

57029

Easily turn any pair of laced-up shoes into a slip-on shoe. Stretchable laces stay in place and are ideal for people with arthritic hands who have difficulty tying laces. Comes in a pack of 2.

**Length:** 26"/66 cm

**Also available in white - 57038**



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## Curly Laces

LF246

Never tie laces again. Simply lace through the shoe eyelets and pull to desired tightness. Avoid messy hang down laces with minimal effort. Colour may vary.

**Length:** 45"/114 cm



## Flat Elastic Laces

Tie these elastic laces once and you'll never have to tie or untie them again. Designed to stretch so that the foot can slip in and out of any shoe like a loafer. Comes in a pack of 3.

|       |       |                   |
|-------|-------|-------------------|
| LF237 | White | Length: 30"/76 cm |
| LF238 | Black | Length: 24"/61 cm |
| LF239 | Brown |                   |



## BEDROOM

Bedroom safety aids were created to support a safe sleeping environment in homes and assisted living facilities. They were designed to aid in the transferring, sitting, standing or balancing of an individual and the caregivers supporting them.

This section features products like:

- Bed Safety Rails
- Support Cushions
- Bed Risers

... and much more!





# BEDROOM



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## Bed Rail

LF838

Adjustable M-shaped, aids in transferring, sitting, standing, or balancing. Easy to install and perfect for your home and suitable for travel. Fits any size bed width or mattress height. Safety straps are included to enable superior protection against movement or shifting.

**Maximum 2 Bar Dimension:** 15"/38 cm from the bottom of the mattress to the top of the handrail.

**Maximum 3 Bar Dimension:** 20½"/52 cm from the bottom of the mattress to the top of the handrail

**Weight Capacity:** 300 lbs/136 kg



## Assista-Rail™

LF462

An "inverted U" style bed rail for home beds, providing a unique combination of occupant safety and in-bed mobility. This product is ideal for moving from a lying to sitting position in bed and at bedside. Extremely easy to install, the entire "inverted U" shaped rail installs in minutes with basic tools - simply slides between mattress and box spring. Mandatory safety strap and anti-slide grips hold rail from shifting during use. Made of heavy gauge steel.

**Dimensions:** 33½" x 17¼" x 20"/85 x 44 x 51 cm

**Weight Capacity:** 300 lbs/136 kg



## AbleRise™ Bed Rail - Single

LG090

Provides comfortable support when getting in and out of the bed. It also has a roomy pocket, making it a convenient storage area. The non-metal handle is warm to the touch and can be used for repositioning and turning in bed. Fits twin, double and queen size beds.

**Dimensions:** 39¾" x 20" x 17"-19"/  
101 x 51 x 42 - 47 cm



## Arcorail™

LF839

This rotating bedside handrail gives you maximum mobility in home or clinical care settings. Fits securely to the metal bed frame and helps you reposition, sit up, balance, stand or transfer to a chair or wheelchair. Rotates 360° and locks in place every 90°. Made from professional grade steel coated to resist bacteria growth and ideal for frequent use. Uniquely fits all bed sizes.

**Adjustable Up To:** 15"/38 cm

**Upper Loop:** 6" x 14"/15 x 35½ cm

**Lower Loop:** 5" x 10"/13 x 25 cm

**Weight Capacity:** 300 lbs/136 kg



### Safety Glo® Rail

LF840

Helps you sit up, reposition, balance, stand or transfer. Subtly glows to assist locating the rail in the dark or low light conditions. Fits all mattress sizes with ease. Suitable for conventional beds with a box spring, or certain institutional style beds.

**Handle:** 18" x 1½"/46 x 4 cm

**Height:** 16"/41 cm

**Weight Capacity:** 300 lbs/136 kg



### Inflatable Bed Wedge

LG898

This unique bed wedge is made of heavy gauge white vinyl - perfect for head, foot or leg elevation. The compact design is perfect for easy storage or travel.

**Dimensions:** 27" x 27" x 8"/68.5 x 68.5 x 20 cm

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### Bed Wedge

Designed to elevate or support areas of the body to improve overall comfort. Ultra soft zippered cover is machine washable. Great for reading or watching TV in bed while supporting your spine and back muscles. Wedge is made of polyurethane foam and comes with a pocket.

|       |                                 |
|-------|---------------------------------|
| LF841 | 7" x 24" x 24"/18 x 61 x 61 cm  |
| LF842 | 10" x 24" x 24"/25 x 61 x 61 cm |
| LF843 | 12" x 24" x 24"/30 x 61 x 61 cm |



### Elevated Leg Rest

LG899

Uniquely designed for knee elevation, this leg rest can be used for treatment of phlebitis, varicose veins or tired legs. It helps to flatten the lower spine to reduce lower back pain and features a washable blue denim cover.

**Dimensions:** 17" x 10" x 7"/43 x 25 x 18 cm



# BEDROOM



## CPAP Hose Holder

LK060

Eliminates CPAP related sleep interruptions. The CPAP hose holder slips right between the mattress and box spring to support the tubing away from you. The adjustable arm moves as you move so there is no pulling. It folds into the included polyester string bag for convenient travel or storage when not in use.



## CPAP Hose Cover

LK065

Reduce condensation and maximize heat retention with this decorative CPAP hose cover. By insulating the CPAP tubing the cover can help enhance patient comfort and reduce any friction and noise of the tube sliding during use. Simply slide the cover over your existing hose.

**Length:** 6 ft.



Tool Free  
Assembly  
  
Assemblage  
sans outils

## CPAP Bedside Table

LK066

Keep the night stand clutter free with this easy to use CPAP bedside table. Easily access the CPAP machine when in use. Some assembly required and made from water resistant material making it a snap to clean.

**CPAP holding area:** 12½" x 12¼"/31.8 x 31.1 cm  
**Product dimensions:** 27¼" x 13½" x 0.37"/  
69 x 34.3 x 0.94 cm



## Anti-Snore Strap

LK063

Helps to keep the mouth closed to reduce snoring and increase REM sleep. Designed with an adjustable hook and loop fastener, fleece lining, and ear-holes to provide a comfortable and customized fit throughout the night. One size fits most.





**Leg Pillow** **LG807**

Helps restore natural spine alignment of the back, hips and knees while providing a cushioning support to relax muscles and encourage a more comfortable sleep for back pain sufferers. Made from 100% polyurethane foam the cushion has an attached hook and loop strap to hold it in place. Included is a removable terry cloth cover for easy cleaning.

**Dimensions:** 10" x 8" x 3.6"/25.4 x 20.3 x 9.1 cm



**Heels-Off**

Lifts heels off the bed for total pressure relief. Prevents formation of pressure sores and aids in healing existing ulcers. Elevates legs to relax the spine and off-loads both heels. Features a cover to protect against skin-damaging friction. Wipes clean for easy care.

|              |              |                                       |
|--------------|--------------|---------------------------------------|
| <b>LG324</b> | Medium/Large | 24" x 16" x 7" /<br>61 x 40.5 x 18 cm |
| <b>LG325</b> | Small/Medium | 24" x 13" x 5½" /<br>61 x 33 x 14 cm  |



**Memory Foam CPAP Pillow** **LH573**

Comfortable and unique design, this pillow allows for shoulder, neck, and head support. Memory foam construction provides total comfort for CPAP and BiPAP users. A cut-out at the side of the pillow offers side sleepers a great sleep without disturbance. Machine washable plush terry pillow cover.

**Dimensions:** 72" x 25" x 3"/183 x 63.5 x 8 cm  
**Replacement cover also available - LH574**



**Gel Cooling Pad** **LF154**

Cools and soothes for hours without needing refrigeration. Lowers body temperature and improves comfort, providing relief from heat related symptoms, and strained muscles. Can be used as a pillow insert, mattress pad, seat pad or wheelchair pad. Unfold and it's ready to use.

**Dimensions:** 12" x 8"/30 x 20 cm





# BEDROOM

## Bed Risers

LF398

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These bed risers help those who may have issues getting in or out of bed. They support bed posts of 2.5"/6.3 cm in diameter and provide additional under-bed storage space and are perfect for those extra large storage bins.

**Dimensions:** 6"/15 cm

**Weight Capacity:** 1760 lbs/789 kg  
(440 lbs/200 kg each)



## Cool Flash™ Pillow

LH539

Designed to improve your sleep and help you wake up refreshed. This pillow is pressure activated, water-free, folds easily and is great for travelling. Get instant, long-lasting relief from over heating, night sweats, hot flashes or headaches.

**Dimensions:** 11¾" x 15¾"/30 x 40 cm



## Bed Made EZ® Mattress Lifter

LF848

Ergonomically designed, the mattress lifter holds the mattress in a raised position while you tuck in your bed linens, alleviating neck and back strain. It can be inserted using one or two hands. For most mattresses, it can be used to tuck in the sheets, removing the need to lift a mattress.



### Shake-N-Wake Silent Alarm Clock

**LF834**

Wakes you on time without disturbing others. This watch style device can be worn conveniently and comfortably on the wrist. Instead of emitting loud beeps, it vibrates gently but firmly to wake you up. Requires 1 x AAA battery (not included).

**Dimensions:** 2 1/4" x 3/4" x 2" / 6 x 2 x 5 cm

**Weighs:** 0.131 lbs / 0.06 kg



**LH523**



**LH522**

### Call Bell

The call bell allows users to quickly and easily alert caregivers or family members when assistance is needed or in case of emergency. Omits loud chirp ring. The long handled bell is made of stainless steel with a wooden handle.

|              |                             |                     |
|--------------|-----------------------------|---------------------|
| <b>LH523</b> | Round Tabletop<br>Call Bell | 3" / 7.5 cm         |
| <b>LH522</b> | Long Handled<br>Call Bell   | 4" x 2" / 10 x 5 cm |



### Bed Tray

**LH515**

This unique tray has wide leg room and a flat top with an edged rim. Side pockets provide ample space for books, magazines, cards and make-up kits. Side handles make carrying and handling easy. Colour may vary.

**Dimensions:** 23" x 12" x 8" / 58 x 30 x 20 cm

**Flat Top:** 11" x 14" / 28 x 36 cm



### Bamboo Breakfast Tray

**LG019**

Fast growing and eco-friendly, Bamboo is a great choice for green living. Beautiful as well as functional, this tray is an environmentally friendly addition to any home. Ideal for serving food or as a writing table. Legs fold in for easy storage when not in use.

**Flat Top:** 20" x 12" x 2" / 51 x 30 x 6 cm



# BEDROOM

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## OverBed Table

LF844

An adjustable height table that can be used with both conventional beds and hospital-style beds, provided there is space beneath the bed for the base of the table. Assembly required.

**Height:** 30" - 47"/76 - 119 cm

**Weighs:** 21.8 lbs/9.65 kg

**Table Surface:** 15" x 30¼"/38.1 x 76.8 cm

**Weight Capacity:** 220 lbs/100 kg



## Adjustable Bed Tray

LF835

This bed tray has an adjustable surface made with a solid wood frame in a natural finish and a white melamine top. Perfect for switching from eating to reading. The legs fold into the bottom of the tray top for easy storage when not in use.

**Dimensions:** 14" x 22" x 9"/36 x 56 x 23 cm

**Weight:** 4 lbs/2 kg



## Bedside Beverage Holder

LF846

Clamps onto any tubular bed frame or wheelchair frame. Most glasses, cups, bottles or cans, will fit into the holder, even those with handles. A chrome-plated gooseneck makes positioning the holder easy for hands-free drinking. Hot beverages should not be placed in the beverage holder.

**Tubular Frame Diameter:** ¾" - 1"/2 - 2.5 cm

**Flexible Gooseneck:** 11"/28 cm





## Bed Light

LG831

This bed light will provide your room with the practicality, comfort and safety of having your floor illuminated as soon as you get out of bed. Features a unique motion sensor which detects both light and movement, giving you light when you need it. Ready to install with self adhesive tape for easy mounting. The timer controlled, motion or light activated sensors replace the need for switches. Includes a motion sensor power supply, cable clip, and installation guide.



## Bed Ladder

LH514

Enables people with paralysis and/or general weakness to pull themselves up to a sitting position in bed. Its rings are made of rigid plastic and are strung at 7"/18 cm intervals along a rope. Rungs have smooth plastic end caps. The rope is looped at the end for a secure hold.

**Handle:** 7½"/19 cm

**Length:** 117"/297 cm



## Motion Activated Bedside Lights

LF836

The perfect way to brighten any space in the home or office. Able to detect motion up to 12 feet away and illuminate the area with a bright LED bulb. Simply wave your hand over the top of the unit to activate. It provides emergency lighting in stairways, bedrooms or bathrooms. Comes in a pack of two and requires 4 x AAA batteries (not included).

**Dimensions:** 5" x 2" x 1½"/13 x 5 x 4 cm





# BEDROOM

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## Adjustable Blanket Support **LF845**

Keeps heavy sheets or blankets off sensitive feet. The lift bar fits securely between the mattress and box spring. It is perfect for people with diabetic neuropathy or other conditions that cause foot sensitivity.

**Height From Base:** 23"/58 cm  
**Width:** 20"/51 cm  
**Depth:** 8"/20 cm  
**Weight Capacity:** 10 lbs/4.5 kg



## Reusable Underpad **57005**

This durable and reusable cloth underpad offers comfort, softness and convenience. The pad is designed to keep moisture away from the skin, combined with a waterproof backing to ensure that bedding stays dry. Machine washable.

**Dimensions:** 34" x 37"/86 x 94 cm



## Nite Train-R® **LF461**

Compact alarm device with highly effective moisture sensing bed pad. Nite Train-R is specifically designed for habitual bed wetters, incontinent bed patients in hospitals or nursing homes and the physically or mentally handicapped with bed wetting/incontinence difficulties. A clinically proven way to safely stop bed wetting and/or to alert the caregiver/user when the bed becomes wet. Comfortable, easy to use and highly effective. Requires 1 x 9V battery (included).

**Dimensions:** 20" x 26"/51 x 66 cm



## Wool Pile Bed Pad

This bed pad is designed for your comfort, made from 100% wool pile. Features a 1"/2.5 cm pile height and polyester knit backing. Machine washable.

|              |   |
|--------------|---|
| <b>LG882</b> | <b>Dimensions:</b> 20" x 24"/51 x 61 cm |
| <b>LG883</b> | <b>Dimensions:</b> 24" x 30"/61 x 76 cm |



## HOUSEHOLD HELPERS

Household helpers are ideal tools used to aid individuals with any number of ailments. From mobility issues, dexterity and vision problems, just to name a few, these simple items help make every day living easier, safer and convenient.

This section features products like:

- Reachers
- Magnifiers
- Stationary

... and much more!



# HOUSEHOLD

BIOSliving



## Folding Reacher

LF574

This 26" reacher folds down for easy storage! Discreetly carry the reacher in your purse, rollator basket or pouch. Perfect for picking up objects from high shelves and far distances. At the tip of this reacher there is a magnet that helps pick up lightweight metal objects.

**Length:** 26"/66 cm

**Folded:** 14½"/37 cm

BIOSliving



## Reach-N-Grip

LF573

Pick up small items securely with minimal finger flexion, using the Reach-N-Grip. With its rubberized textured surface it will have a strong hold on objects.

**Length:** 26"/66 cm

**Also available in 32"/81 cm - 57016**

BIOSliving



## Heavy Duty Reach and Grip

57045

Pick up small and large items securely with minimal finger flexing, using the heavy duty reach and grip. The extra-wide jaws with suction cups will have a strong hold on objects and has a lightweight heavy duty aluminum shaft and an ergonomic handle for easy use.

**Length:** 34"/86 cm



## Pikstik® Aquatong®

LH610

With this aquatic reacher, you'll never have to touch water again. Ideal for aquariums, pools, saunas and restaurant safety. It's lightweight, durable and rustproof with strong polycarbonate jaws. Designed for both indoor and outdoor use.

**Length:** 26"/66 cm



## Pikstik® Industrial® LH609

The grip is designed for ergonomic comfort, making pickups painless and easy. The locking grip design helps make lifting easy and secure. A strong black powder coated aluminum shaft works both indoors and outdoors and it will not rust. The stainless steel jaws with suction cup tips provide a powerful hold on items.

**Length:** 26"/66 cm



## Rotating Reacher

This lightweight aluminum reacher with rotating jaws has a built-in wrist support to help when picking up hard to reach objects. The tip of the reacher has a magnet that helps pick up lightweight metal objects.

|              |                             |
|--------------|-----------------------------|
| <b>LH630</b> | <b>Length:</b> 26"/66 cm    |
| <b>LH631</b> | <b>Length:</b> 32½"/82.5 cm |



## TelescoPik® Reacher LF570

With a simple turn of the locking collar, the TelescoPik® is adjustable. Made from strong polycarbonate and aluminum for superior performance and durability. The wide jaws can rotate 90°, allowing the reacher to fit into awkward spaces. The jaws also include a foam rubber insert allowing the reacher to hold objects as small as a dime.

**Length:** 30" - 44"/76 - 112 cm

**Also available in 20" - 26"/50 - 66 cm - LH608**



## Memory Foam Portable Neck Pillow LK015

The special copper fibres remain in the pillow cover after countless uses. This premium quality memory foam pillow supports your neck comfortably and its inherent properties provide this pillow with antibacterial and anti-odour protection and super-fast wicking qualities.

**Dimensions:** 12" x 4" x 12"/30.5 x 10.2 x 30.5 cm





# HOUSEHOLD



## Microbead Portable Neck Pillow

**LG036**

Great to take on airplanes, trains, cars or buses. It allows you to sleep comfortably while travelling. Colour may vary.



## Travel Wallet

**LG797**

This wallet has a total of 11 pockets with a zipper closure for added security. It is great for organizing when travelling abroad. It is hand washable in warm water and soap. Colour may vary.

**Dimensions:** 10" x 9½"/25.5 x 24 cm



## Pocket Weather Station Keychain

**LH601**

Your outdoor survival tool, loaded with a weather forecast, moon phase, temperature and humidity gauge, alarm clock with snooze function, day and year display, built-in compass and LED flashlight. Requires 2 x AG13 and 1 x CR2016 batteries (included).

**Dimensions:** 3½" x 1½" x ¾"/9 x 4 x 2 cm



## Universal Grip Turner

**LG499**

Makes opening/locking doors, switching on the stove, dishwasher or washing machine and any other small day-to-day tasks much easier with this specially designed sturdy plastic grip handle and unique gripping head.



### Travel Kit With Storage Case

9941-0002

#### Canadian Air Transport Security Authority

Containers of liquids, non-solid food and personal items in your carry-on must be 100 ml/100 g or less. All containers must fit in one clear, resealable plastic bag no more than 1L in capacity.

#### Transportation Security Administration (USA)

A clear quart-sized bag of liquids, aerosols, gels, creams and pastes is allowed in your carry-on bag and through the checkpoint. These are limited to travel-sized containers that are 3.4 ounces or less per item.



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2.5X

2X

### Illuminated Magnifier

This illuminated magnifier has 5 LED lights that encompass the magnifying glass, allowing for use at any time. The ergonomic handle is rubberized for a comfortable, secure grip. Requires 2 x AAA batteries **(included in 57023)**.

|       |           |                    |
|-------|-----------|--------------------|
| 57023 | 2"/5 cm   | 2.5x Magnification |
| 57024 | 3"/7.5 cm | 2x Magnification   |

BIOSliving



### Jar and Bottle Opener

57026

No more struggling to get jar or bottle lids off or to grip and turn doorknobs and faucets around the home. This extra large silicone opener is a great household helper and makes difficult tasks more manageable.

Dimensions: 4¾" x 4¾" x 1.8"/12 x 12 x 4.7 cm

5X

4.5X



### Illuminating Handheld Magnifier

LG462

With 12 bright LED lights, this magnifier enables you to read small text, or see fine details regardless of the lighting conditions. The push button switch comes with 2 settings, low or high brightness. Requires 2 x AA batteries (included).



# HOUSEHOLD



2.5X



**Freehand™**

**LG389**

This lighted magnifier offers the versatility of handheld or hands-free use. The 2.5x magnified lens with built-in 5x spot magnifier is mounted on a folding handle for easy conversion from handheld to hands-free function, while providing a wide range of viewing angles. Requires 2 x AA batteries (not included).



3X

**LED Magnifying Glass**

**LG041**

This magnifier not only enlarges print, making it easier to read, it also illuminates simultaneously. Don't struggle with low light situations and keep a hand free while you magnify small objects. Requires 2 x AA batteries (not included). Sold in a PDQ of 12.



2X

**Lighted MagniFold™**

**LG382**

Designed with a rectangular lens, shaped for the way you naturally view things. A collapsible handle locks 3 different positions for the most comfortable alignment. Fold the handle flush for easy storage. Includes built-in LED illumination for improved legibility. Requires 3 x 389 button cell batteries (included).



3X

**MagniCard™**

**LG390**

A compact and simple 3x power magnifier that comes with a built-in bright LED light which activates at the touch of a button for use in low light conditions. Requires 2 x CR2016 button cell batteries (included).

**Dimensions:** 3¼" x 2¼" x ¼"/8 x 6 x 0.64 cm


**Pocket Magnifier™**
**LG380**

An LED magnifier with 3 steps of magnifying powers. It features a crystal-clear acrylic lens. It is an ideal low vision aid, perfect for reading fine print and fits easily in a pocket or purse. Requires 2 x CR2032 batteries (included).


**LumiLoupe™ Ultra**
**LG391**

Choose this magnifier for the best experience when viewing stamps, coins or reading fine print. It has 6 bright LED bulbs with 3 brightness levels. Requires 3 x AAA batteries (not included).


**Illuminating Desktop Magnifier**
**LG461**

Don't spend your time squinting and straining your eyes trying to read fine print in bad lighting. This magnifier makes reading the smallest text in the worst lighting a breeze. Requires 2 x CR2016 batteries (included).

**Dimensions:** 4" x 4" x 2½"/10.2 x 10.2 x 6.4 cm


**MagniLine™**
**LG379**

This magnifying glass is the perfect travel companion. Designed to fit in a pocket or purse, its sleek design is a great size for reading books, newspapers, recipes and coupons. The integrated bright LED bulbs makes it great for reading in low light environments. Requires 3 x G3 button cell batteries (not included).

**Dimensions:** 1" x 0.4" x 6.3"/2.5 x 1 x 16 cm





# HOUSEHOLD



6X

## 12-LED Multiflex Floor Magnifying Lamp

LF584

This lamp has a 5"/12.5 cm diameter and a high-quality acrylic optical lens. A 6x bifocal lens allows for detailed reading, hobbies and crafts. Fully flexible gooseneck adjusts to any position for optimal illumination. AC adapter (included) or battery powered with 3 x D cell batteries (not included). LED bulbs last 100,000 hours.

**Dimensions:** 11" x 9" x 53"/28 x 23 x 133 cm



2X

## Magnibar™

LH618

This is a 2x bar magnifier with a spot lens that magnifies up to 12x. The dual LED lights feature 3 brightness settings. Great for small print reading such as newspapers, magazines and directories. Requires 3 x AAA batteries (not included).

**Dimensions:** 9½" x 1" x 1"/24 x 2.5 x 2.5 cm



3X

## LED Lamp with Magnifier

LG028

This is the perfect task light for detailed artwork, needlework projects, model making and more. The versatile, sturdy base can stand freely and has a fully adjustable gooseneck. Requires 3 x AA batteries (not included).



3X

## Lighted MagRX™

LG384

A 3x magnification clip-on accessory designed to fit on most standard prescription bottles. Simply clip the magnifier to a prescription bottle and swing the magnifying lens outward to magnify text. Two bright LED lights illuminate the prescription label. Requires 3 x 395 button cell batteries (included).



2.5X

4.5X

**Hobby Magnifier**

**LH073**

This magnifier boasts a 2.5x power crystal-clear acrylic main lens, 4.5x power spot lens, built-in bright twin LED bulbs and adjustable neck strap. It can be used as both a pendant magnifier and handheld magnifier. Simply unclasp the magnifier from the neck strap and it can be used as a handheld. Requires 3 x SR41 batteries (included).



**Magniflash™**

An aspheric, LED lighted magnifier and flashlight combination. Aspheric lenses provide a clear image with no blurring and little distortion. Comes with a neck strap and case. Requires 3 x AAA batteries (not included).

|              |                   |
|--------------|-------------------|
| <b>LG385</b> | 5x Magnification  |
| <b>LG386</b> | 7x Magnification  |
| <b>LG387</b> | 9x Magnification  |
| <b>LG388</b> | 11x Magnification |



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4.5X

**Compact Magnifier**

**57020**

This simple and easy to use glass magnifier has a compact and convenient design that easily fits into a pocket/purse. The handy faux leather pouch protects against scratches, damage and fingerprints.



BIOSliving

2.5X

**Magnifier**

**GR210**

This large diameter magnifier was designed with rubberized handle for comfort and to provide a secure grip.

**Dimensions:** 5" / 12.7 cm



## Magnifier Display

GR211

The BIOS Living Magnifier Center was designed to offer multiple options in one convenient counter display.

This display includes the following:

6 x **57020** Compact Magnifiers

4 x **GR206** 2.5x/5x Magnifiers

3 x **GR209** 2x/4x Magnifiers

3 x **57024** LED Magnifiers

3 x **GR210** 2.5x Magnifiers

3 x **57022** Page Magnifiers



## Magnifier

These handheld magnifiers have an acrylic lens and plastic frame. The bifocal lens allows for larger magnification.

|              |           |                       |
|--------------|-----------|-----------------------|
| <b>GR206</b> | 2"/5 cm   | 2.5x/5x Magnification |
| <b>GR207</b> | 2½"/6 cm  | 2x/4x Magnification   |
| <b>GR208</b> | 3"/7.5 cm |                       |
| <b>GR209</b> | 3½"/9 cm  |                       |



GR209



GR208



GR207



GR206





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2X

**Suregrip™****LG381**

This hand and stand magnifier has a 2x glass lens with built-in 10x spot magnifier. Great for threading needles, removing splinters or any time that two hands are required. Perfect for those who want the durability of a magnifying lens and require additional hand strength.

2X

**Credit Card Magnifier****57021**

This credit card sized magnifier can conveniently fit in your wallet. The magnifier has a plastic lens, 2x magnification and comes with a protective case.

**Dimensions:** 3" x 2"/8 x 5 cm



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2X

**Page Magnifier****57022**

This extra-large page magnifier gives the user a larger viewing area. The plastic magnifying lens is encased in faux leather and is easy to use.

**Dimensions:** 9" x 6"/22 x 15 cm

3X

**Screen Magnifier****LG891**

Perfect for fine print reading, this magnifier is made from a sturdy PVC and ABS plastic that swivels 360°.

**Dimensions:** 4 1/4" x 6 1/4"/10.5 x 16 cm





# HOUSEHOLD



**ezREAD™**

**LG393**

Transforms your television into a visual aid. Simply place the ezREAD™ directly on top of your reading material to display the magnified image in full colour right on your television screen. The internal LED illumination ensures the image on your screen is bright and easy to read. The size of your television monitor determines the actual magnification of the item. Requires 3 x AAA batteries (not included) or 10' A/C power adapter (included).



**Pageglow**

**LF136**

This paperback sized rechargeable book light is equipped with 3 bright LED bulbs along the handle and a 3 level dimming switch allowing the user to adjust to the desired brightness. Power lasts for 30 hours, and is rechargeable with the provided USB cable. Ergonomic thumb groove and detachable page clip allows for easy placement on reading material. Protective case and rechargeable battery (included).

**Dimensions:** 7¼" x 5" / 18.5 x 14 cm

**Weighs:** 0.22 lbs / 0.1 kg



**Motion Sensor LED  
Porch Light**

**LF510**

This handy adjustable LED unit offers extra light whenever things get dim. The unit features automatic ON/OFF operation due to a light-sensitive photocell. Waterproof so you can place it anywhere, indoors and outdoors. Requires 4 x C batteries (not included). Comes in silver.

**Diameter:** 5¾" / 15 cm

**Weighs:** 1.25 lbs / 0.5 kg



**Night Light Wall Switch Cover**

**LH597**

This LED switch cover uses 8 long lasting LED bulbs, a peel off adhesive allows the cover to stick to most surfaces. No wiring required. Requires 3 x AAA batteries (not included). Comes in set of 2.

**Dimensions:** 3" x ¾" x 4½" / 8 x 2 x 11 cm



### LED Flex Neck Light

**LF134**

This little light has unlimited uses. 4 bright LED bulbs have both wide angle and spot settings. The light can bend and hold its shape, and is adjustable in any direction. Great for doing crafts, working on your laptop, reading and so much more. Requires 2 x AAA batteries (not included).



### LED Light Bulbs

**LH594**

These LED light bulbs are the perfect solution for any tight spaces needing light. Just peel and stick anywhere. Great for home, office, workshops, closets and cabinets. Requires 3 x AAA batteries (not included). Comes in a pack of 3.

**Dimensions:** 2" x 2" x 2½"/5 x 5 x 6 cm

**Weighs:** 0.40 lbs/0.18 kg



### LED Night Light

**LH596**

This LED night light turns on at dusk and off at dawn using a photoelectric sensor. The LED is rated for up to 100,000 hours. Each light features a 360° rotating head. No batteries required. Comes in a set of 2.

**Dimensions:** 2" x 1¾" x 2"/5 x 4.5 x 5 cm



### Night Light Wall Tap

**LG856**

Converts a single wall outlet into 3 grounded outlets for extra daily use. Features a built-in LED night light and long-lasting LED bulb.



# HOUSEHOLD



## Indoor Plug Timer

**XC922**

The timer has 48 settings per day. Great for programming lights within the home to turn on at night to prevent falls. Grounded 3 prong plug for any indoor outlet with a convenient side outlet. For indoor use only. 120V AC 60 Hz.

**Dimensions:** 2" x 3" x 3"/5 x 7 x 7 cm



## Sound Amplifier

**LF104**

This revolutionary sound amplifier is both affordable and discreet. Designed to look like an expensive cell phone earpiece, it will allow you to hear the sounds of every day life. It is lightweight and compact and the soft foam wire fits snugly over the ear. Includes rechargeable batteries and UL listed charger.



## ShurLok™ Key Storage Lock Box

**LG833**

Allow secure access for medical personnel or trusted neighbours into your home without worrying about break-ins. Stores up to 5 keys so you'll never be locked out again. Features superior security with 10,000 possible code combinations. Provides access only to the keys, the lock box cannot be removed.



## View Base iPhone™ Holder

**LF127**

This flexible phone holder can clamp to a tray table, the side of a wheelchair or anywhere on the go. This innovative holder grips both flat and round surfaces up to 2"/5 cm in diameter. The spring-loaded top clamp securely holds an iPhone™ or iPod™ with or without a protective case.

**Dimensions:** 15" x 12" x 14"/38 x 30 x 36 cm





### Digital Hearing Amplifier **LK034**

Hear what you've been missing with this behind the ear digital hearing amplifier from Forsite Health. Features digital technology for clearer sound and bendable ear line for added comfort. Comes complete with 2 hearing amplifiers, manual, cleaning set, 3 different sets of ear buds, USB adapter & storage case.



### Bedlounge **LG394**

Created to provide hours of comfortable sitting and reading. Sink into soft layers of down, resilient foam, and fleece combed fibres. Designed to support the upper and lower back, neck, shoulders and head. It allows you to relax in ultimate comfort whether you're sitting upright or reclining. Comes in white.

**Dimensions:** 21" x 27" x 25"/53 x 68 x 63 cm

### Wireless Key Finder **LF125**

Locate your lost keys instantly. Simply attach one of the colour coded receptors to your key ring and press the corresponding colour on the transmitter causing the receiver to beep at a loud 95 dB, allowing you to find your keys anywhere within a 50 ft operating range. 2 colour coded key chains included. Transmitters require 2 x AAA batteries (not included). Unit operates on 1 x 3v lithium-ion battery (included).

**Keychain Size:** 1½" x ½" x 1¼"/4 x 1 x 3 cm







# HOUSEHOLD



## Fold-Away Footrest

LF131

Converts any chair into a relaxation station where you can comfortably elevate your legs while you read, watch TV or take a nap. The foam-filled cushion helps absorb the built-up tension in your legs, feet and lower back. Folds flat for storage and can be adjusted to the perfect height. Tapestry covered, walnut wood frame with wheels.

**Dimensions:** 15" x 12" x 14"/38 x 30 x 36 cm



## Couch Organizer

LG903

This 6 pocket organizer adjusts to any couch or chair armrest, allowing you to keep frequently used items handy while serving as a tidy drink and food tray. It conveniently holds remote controls, reading glasses, program guides, food, drinks and much more.

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## Footrest

LF209

Eliminate leg and back pain while improving posture during long work days. The durable metal tube frame features rubber ends to prevent slips and scratches on any surface. Comes with an adjustable platform and provides a simple solution to make the work day much more comfortable while sitting in the same position for extended periods of time.

**Dimensions:** 17" x 11" x 6"/43 x 28 x 15 cm



## Lap Desk Foot Rest Combo

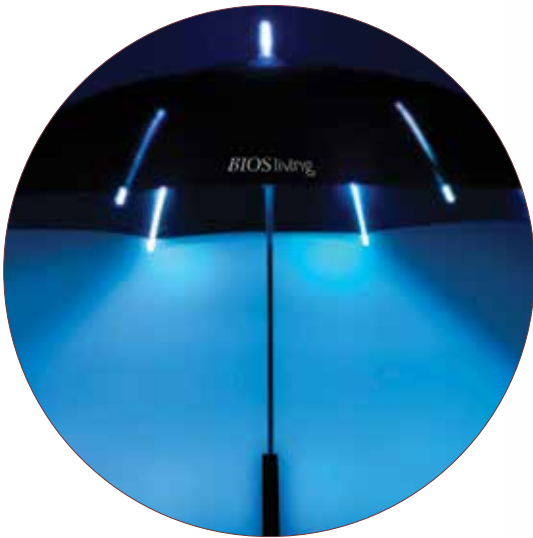
LF139

A lightweight, portable multipurpose accent made from high-quality memory foam. Adds incredible comfort to your posture. It turns any hard surface into an ottoman while offering other great uses such as a lap desk, armrest, remote control holder, lumbar or knee support. Colour may vary.

**Dimensions:** 14" x 11½" x 5"/35 x 29 x 12 cm

**Personal LED Umbrella****59061**

This unique umbrella features multiple white LED lights that encompass the peak, circumference and underside of the handle to increase visibility and safety while walking on dark, stormy evenings. Requires 3 x AAA batteries (not included) which are inserted in the handle.

**Jewellery Cleaner****LF559**

Small enough to fit in a purse and ready to use at any time. The pen is filled with a concentrated formula that is gentle on jewelry and skin. Cleaner comes out of a "handy brush" by twisting the bottom. A perfect portable solution to avoid carrying a large cleaner.





## Comfort Slippers

These well made and designed comfort slippers are ideal for those who experience feet swelling or joint discomfort. They are easy to wear and the fleece lining is ideal for keeping feet warm and snug. Solid non-slip rubber soles provide increased safety.

|              | Women (US) | Men (US) |
|--------------|------------|----------|
| <b>LF031</b> | Size 6     | Size 8   |
| <b>LF032</b> | Size 8     | Size 10  |
| <b>LF033</b> | Size 10    | Size 12  |
| <b>LF034</b> | Size 12    | Size 14  |



## Bracelink™ Clasp Fastener **LF560**

This innovative product lets you attach your bracelet with one hand! Simply slide to any table edge, wrap the bracelet into position and it's done.



## Hover Table **57074**

A mobile solution for comfortable eating, reading or working anywhere in the house. The air mesh fabric and contoured frame fit securely over your lap, creating a breathable cushioning effect which allows users to stay cool and comfortable for hours. The polypropylene tray top can be easily removed for thorough cleaning. Comes in grey and black.

**Dimensions:** 19" x 15" x 4"/48 x 38 x 10 cm



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## Lapdesk Work Station

LF133

This portable lap desk features a large work surface for a book, magazine, laptop or a lunch plate. The flexible gooseneck lamp provides task lighting for working, reading or writing. A handy beverage holder keeps your drink secure while powerful LED lights allow you to work or read in the dark. Requires 3 x AA batteries (not included). It also has a carrying handle, making it easily portable. Comes in grey.

**Dimensions:** 19" x 14½" x 2"/48 x 37 x 5 cm



Tool Free  
Assembly  
Assemblage  
sans outils

## TableMate® II

LF171

Ideal for those with mobility concerns, or anyone recovering from an illness, surgery or injury. The large tray top is perfect for eating, crafts and writing. The tray can be folded down completely for convenient storage.

**Adjustable Height:** 21¾" - 29¼"/55 - 74 cm

**Tray Top Size:** 15" x 20"/38 x 51 cm

**Weight Capacity:** 50 lbs/23 kg



Tool Free  
Assembly  
Assemblage  
sans outils

## Traymate®

LF210

Connects tightly to any furniture arm. For snacking while watching TV or reading. Use on any armchair or sofa. A person may get in or out of a chair without risk of the tray falling.

**Dimensions:** 9" x 8½"/23 x 22 cm



## Pencil Weight™

LF063

The Pencil Weight™ is helpful for individuals who experience decreased coordination or need additional proprioceptive sensory input during writing tasks. Compatible with most writing and colouring tools. Made of durable tricot and filled with 0.25 lbs of lead-free steel shot. Easily secured using the Velcro® strip. Recommended to hand wash and air-dry.

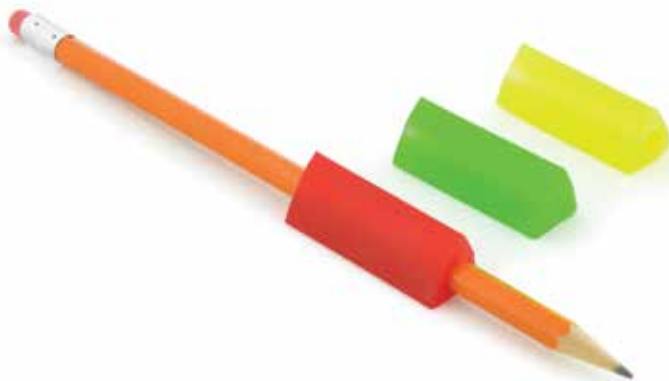
**Length:** 3¾"/9.5 cm

**Diameter:** 7/8"/2.2 cm





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## Triangle Pencil Grips

LF542

A classic style, giving a comfortable grip that encourages proper finger posture. Suitable for left-handers as well as righties, they slip on standard-size pencils easily and hold their position securely. Comes in a set of 3. Colour may vary.



## Pencil Grip

LF543E

A revolutionary applied technology that works with the body's natural physiology to gently place fingers in the proper position for gripping. Allowing over 90% surface contact with its soft comfortable gripping surface. This unique grip sets the industry standard in ergonomics. Colour may vary.



## The Heavy Weight Pen

LF544

This unique, perfectly balanced writing tool reduces fatigue while increasing muscle strength and has been weighted to decrease hand tremors. Each refillable pen includes a high quality Swiss ink cartridge.

**Also available in a pencil - LF544P**



## Pen Again

LF555

An ergonomic design takes advantage of the natural weight of the hand to generate the pressure needed to apply ink to paper. Its crutch-like shape steadies the hand and engages the whole arm so it allows its user to guide it, rather than forcefully grip it. Reduces hand fatigue and eliminates cramping. Comes with 2 refills.

**Also available in a pencil - LF555R**



### Easy Press Stapler

**LG043**

With the simple press of two fingers, this stapler is the perfect tool for the office. Its soft touch grip makes for comfortable, easy use.



### Knee Cushion

**LG044**

This knee cushion is a staple item around the household for various tasks and jobs. It reduces stress on the knees and low back when cleaning the kitchen, bathroom or when gardening outside. Colours may vary.

**Dimensions:** 11½" x 15½"/29 x 39 cm



### Tape Dispenser

**LF105**

This lightweight hand held tape dispenser features a unique ergonomic shape making it easy to use for individuals with the use of one hand. The one button load and cut system allows you to determine the tape length you need. Tape included.



### Needle Threader

**LF547**

This needle threader is automatic and designed for use by individuals with fine motor disabilities or arthritis. Suitable for all types of needles, the device is designed for ease of use. The user inserts the needle, lays the thread in the groove, pushes the lever, pulls the thread through and removes the threaded needle. Needles and thread not included.



# HOUSEHOLD

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## Threading Helper

**LF548**

Designed for individuals with limited eyesight, arthritis and limited hand usage. Dramatically improves ability to thread needles. Needles and thread not included.

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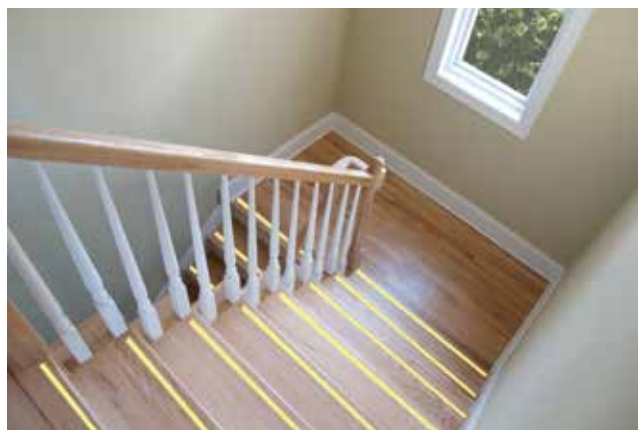
## Glow In The Dark Tape

**58007**

This glow tape can be used on 100's of items in and around your home. Starts to glow in low lighting for individuals that have vision loss. Just cut to your desired length and stick it to your home phone, cell phone, remote control, bed rail, light switches, etc. The uses are endless!

**Dimensions:** 16 ft x 1/4" (1 roll)

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## Anti-Slip Glow Tape

**58008**

This glow tape will help you see where you are going in low light. The anti-slip feature will help prevent falls when walking on wet outdoor surfaces. Will glow up to 5 hours and can be cut to your desired length.

**Dimensions:** 10 ft x 1" (1 roll)

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## No-Slip Ice Carpet

**LG862**

This wide carpet creates safe traction over ice and snow. Walk safely without shovelling, sanding, or spreading chemical salts. It accommodates wheelchairs, wide steps and two people walking side-by-side.

**Dimensions:** 120" x 30"/305 x 76 cm



BIOS  
Weather



### Indoor Thermometer/ Hygrometer TR415

This indoor thermometer with humidiguide comes complete with clear, easy-to-read dials and rotating faces. The modern design makes this unit a great addition to any room in the home. Unit can be placed on a desktop using the built-in easel or hung on the wall.

**Dimensions:** 5¾" x 3½"/15 x 9 cm

BIOS  
Weather



### Digital Indoor Hygrometer With Temperature 258BC

This digital weather unit displays relative humidity and temperature. The colour comfort scale indicates the ideal level of humidity for human health and helps monitor your indoor environment. Requires 2 x AA batteries (not included).

**Dimensions:** 4" x 4"/10.5 x 10.5 cm

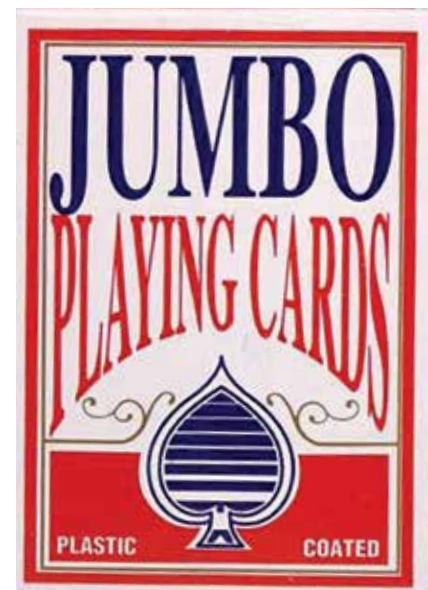


### Playing Card Holder LG065

The perfect solution for people who enjoy playing cards but find it difficult to hold them due to arthritis or other hand limitations. Holder can also hold mah jong tiles, recipes or memos.

**Dimensions:** 10"/25 cm

**Also available in 15"/38 cm - LG066**



### Jumbo Index Playing Cards LF161

Easier to read than a standard deck of playing cards, the jumbo letters and suits are 100% larger to help individuals with low vision and helps reduce eye strain.

**Dimensions:** 5" x 3½" x ½"/12.7 x 8.9 x 1.27 cm





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## Playing Card Holders

LF164

Great for people who love playing cards but have difficulty holding them due to arthritis or limited grasping ability. Cards not included. Comes in a set of 4. Colours may vary.



## Two Deck Card Shuffler

LF163

Shuffle cards with the touch of a finger. This two deck automatic shuffler allows you to spend more time playing and less time shuffling. Can be operated with only one deck of cards. Requires 4 x AA batteries (not included).



## Easy Grip Adult Mini Scissors

LG851

These finely pointed blades are ideal for any kind of detailed work. They can be operated by using one finger and the palm of the hand. It is ultra lightweight and perfect for users with a weak grip.

**Length:** 4¾"/12 cm

**Width:** 2"/5 cm at the widest point



## Push Down Tabletop Scissors

LF347

These scissors are easy to use. Simply push down on the "T" shaped handle cord and the spring will automatically open the scissors once the pressure is released. Ideal for adults or children who are unable to use scissors with conventional loops, or suffer from limited strength.



### Self Open Scissors

**LF294**

Multi-purpose household scissors, suitable for most domestic uses. Blades are steel and have a spring-loaded handle which can be operated by a light squeezing action.

**Length:** 8"/20 cm

**Width:** 2¾"/7 cm at the widest point



### Smart Sizzors

**LF395**

These multi-purpose steel scissors are equipped with hardened, razor-sharp blades and are able to slice through tough materials, crush garlic, strip wire and open bottles. Can be used by both left or right-handed users while an adjustable tension bolt enables you to tighten them. Dishwasher safe.

**Dimensions:** 9" x 4" x ¾"/23 x 10 x 2 cm



### Good Grips® Extendable Duster

**LG011**

A pivoting microfiber head puts dust within reach. The sturdy, lightweight aluminum body is adjustable with a quick twist to easily dust those hard-to-reach places. The duster head rotates 270° and locks at multiple angles, depending on your cleaning needs.

**Dimensions:** 54"/137 cm

**Microfibre duster refill - LG012**



### Mega Lint Roller

**LH562**

Never bend again with this convenient large surface lint roller. Designed to alleviate the strain on your back, the lightweight extendable handle helps to reach under beds, chairs, and couches picking up hair and dust. Eliminates the need to move heavy furniture and can even clean carpet surfaces. Included is 25 layers of adhesive surface strips.

**Dimensions:** 3 ft/36"



# HOUSEHOLD

BIOSliving



## Rolling Shopping Cart

LF533

Perfect for hauling heavy books, groceries, several shopping bags, laundry and more. It is foldable with a detachable bag. The top flap has a drawstring closure and comes with two strong plastic wheels.

**Weight Capacity:** 55 lbs/25 kg

**Dimensions:** 38" x 14½" x 11½"/96 x 37 x 29 cm

**Also available in black - LH509**



## Smart Cart

LG040

Makes toting cleaning supplies, laundry, groceries and other items easy. It has smooth gliding wheels for easy movement and an ergonomic extendable handle that allows you to pull more weight with less effort. Spot clean only. Colour may vary.

**Collapsed:** 18" x 13" x 3"/45.7 x 33 x 7.6 cm

**Open:** 11" x 13" x 17"/28 x 33 x 43 cm



## Dissolving Laundry Bags

LK013

These laundry bags completely dissolve in warm water 65°C/149°F, leaving no residue behind. Simply fill it up and toss in. Great for soiled sheets and transferring bed bug contaminated sheets straight to your washing machine. Comes in an 8 pack.

**Dimensions:** 26" x 33"/66 x 84 cm



## Laundry Bag

LG049

This great looking laundry bag holds a larger amount of clothes than a regular bag. It is easy-to-open and closes with a drawstring.

**Dimensions:** 12½" x 28½"/32 x 72 cm



## **Spiral Pop-Up Hamper** **LG058**

Collapsible but folds flat for easy storage when not in use. Pops open instantly when needed.

**Dimensions:** 18" x 28"/46 x 71.1 cm



## **Jumbo Laundry Washing Bag** **LG059**

Collect laundry easily and place the entire bag in the washing machine eliminating the need to repeatedly bend up and down. Ideal for delicates and small garments.

**Dimensions:** 15" x 19"/38 x 48 cm

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## **Comfort Grip** **57028**

Made from durable soft silicone, these comfort grip holders are ideal for protecting hands while holding grocery bags or paint can handles. Ergonomically designed and can accommodate several bags at one time. Comes in a pack of 2. Colours may vary.



## **Butler Neatsweep™ Dust Pan & Broom** **LF315**

Patented stand-up dustpan and pivoting broom is ideal for quick clean-ups. Unique broom storage pocket keeps dust and dirt inside the dustpan. Handles fit together for easy storage. Dustpan locks closed to carry around the house and locks open to sweep.

**Dimensions:** 31"/79 cm





## All-Purpose Squeegee **LF366**

Features a durable, flexible squeegee blade that leaves surfaces streakless and sparkling. Slim profile. Soft, comfortable non-slip handle. Suction cup allows for easy storage. Comes in white.

**Dimensions:** 10"/25 cm



Bins not included

## Recycling Bin Dolly **LF334**

Designed with two easy-to-adjust hook brackets to fit both tall and short bins. Once loaded, simply leave the bins in place and accumulate your recycling during the week. Made from durable steel, the frame is robust and strong.

**Dimensions:** 51" x 17" x 21"/130 x 43 x 53 cm

**Weights:** 16 lbs/7 kg



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## 2-In-1 Step Stool Ladder **LF356**

Unlike traditional step ladders, this unit easily converts to a heavy-duty hand truck, combining two indispensable household tools into one, while taking up half the storage space. Folds up to an amazing width of 3½"/9 cm.

**Dimensions:** 38½" x 20" x 3½"-18"/98 x 51 x 9-46 cm

**Ladder Handtruck Weight Capacity:** 132 lbs/60 kg



## Key Turner **LF376**

Has a curved, heavy-duty plastic handle that provides extra leverage to turn standard keys. People with arthritis and weak grasp will find this key holder very handy. Colour may vary.



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## Safe T Air™

LF302

Safe T Air™ prevents mold from starting to grow and reduces existing mold up to 98% using tea tree oil as the powerful, non-toxic and all natural anti-bacterial, antifungal and anti-septic active ingredient. Simply place the self contained packaging near affected area and it will start working immediately using the existing air movement indoors to counter mold, bacteria and fungus growth.



## Heavy Duty Foot Stool with Handrail

LG501

Made of a chrome-plated steel frame with a non-slip textured matting on the stool surface. It also features reinforced slip-resistant rubber feet for added stability.

**Dimensions:** 10" x 14" x 9½"/25 x 35 x 24 cm

**Height of Handle:** 34"/86.4 cm

**Weight Capacity:** 500 lbs/226 kg



## Roll-About Chair

LF301

Allows you to sit down to perform tasks, allowing you to cook or work without strain. The large, padded seat and tubular steel frame help reduce stress and fatigue on your legs, feet, knees and ankles.

**Dimensions:** 27" - 34"/69 - 86 cm

**Weight Capacity:** 350 lbs/158 kg



## Smokers Apron

LG305

This specialized apron features a flame resistant fabric which prevents burn holes. A fully sized apron to cover the entire lap and chest of the user. Lightweight material allows for flexibility to form with the body's positioning.

**Dimensions:** 30" x 32"/76 x 81 cm



## Micro Plush Electric Throw

This winter season snuggle up with a rich, soft and luxurious heated throw. Drape it over your favorite chair for a quick reach during those chilly nights.

- Material: Micro plush, 100% Polyester
- Analog controller
- 10 heat settings
- 10 hour automatic shut off
- 13' power cord
- Machine washable only
- 5 year warranty

**Dimensions:** 50" x 62"/127 x 157.5 cm

|       |             |
|-------|-------------|
| 57106 | Taupe       |
| 57107 | Linen Plaid |



57106



57107

## Micro Mink Electric Throw 57109

This winter season snuggle up with a rich, soft and luxurious heated throw. Drape it over your favorite chair for a quick reach during those chilly nights.

- Material: Micro Mink & Sherpa (Wool), 100% Polyester
- Analog controller
- 10 heat settings
- 10 hour automatic shut off
- 13' power cord
- Machine washable and dryer safe
- 5 year warranty

**Dimensions:** 50" x 62"/127 x 157.5 cm





## KITCHEN

The kitchen is one of the most used rooms in the home. The following section includes products that are ideal for making every day living easier providing aids that offer convenience and independence at home. Designed for individuals that may have dexterity issues, use of only one limb or have lower back issues.

This section features products like:

- Cutting Aids
- Jar Openers
- Cooking Utensils

... and much more!





# KITCHEN



## Towelmatic™

LG509

This sensor equipped paper towel dispenser works perfectly with perforated paper towels: standard size and half size sheets. Sensor-activated control guarantees one-hand operation so you never have to touch the unused sheets or the dispenser and the roll never unravels itself. The dispenser prevents germ contamination of the roll, and also saves on paper use! Requires 4 x D batteries (not included).

**Dimensions:** 6½" x 8½" x 14"/16.5 x 21.5 x 36.5 cm



## Good Grips® Soap Dispenser LG009

This stylish dispenser features a large, soft, non-slip button for easy flow. The top has a large opening for no-mess refilling; simply unscrew the top to access. Constructed of 18/10 stainless steel and has a non-skid base for stability.

**Capacity:** 414 ml/17 fl. oz



## EZ™ Faucet

LG510

Turns water on or off without touching a handle. An infrared sensor detects movement and does all the work. Helps prevent spreading of flu or other infectious diseases through touching faucet handles. Control water temperature and flow by adjusting the existing faucet handles at any time. Just set the water temperature and pressure and leave it on. Override switch allows you to turn water on or off manually. Requires 4 x AAA batteries (not included).



## Rolling Mincer & Tenderizer LK010

This kitchen accessory has an easy to use, gourmet mincing/slicing blade and tenderizer blade. Its ergonomic and non-slip handle can double as a garlic press. Includes protective storage cover for blades. Dishwasher safe. Made with 65% ABS and 35% 301 Stainless Steel.

**Dimensions:** 5½" x 2½" x 3¼"/13 x 6.3 x 8.2 cm



Knife Glider LH905

No one likes getting cut while prepping food in the kitchen! The Knife Glider is an easy-to-use plastic shield that protects your hands and makes slicing and chopping fast, easy and, most importantly, safe. It fits any size knife, and is made from plastic, is BPA-free, and dishwasher safe. It's completely transparent, so it's easy to see what you're doing.



Knife Sharpener LF394

With just a few light strokes, the sharpener restores a sharp cutting edge to almost any blunt knife blade. It can also sharpen serrated blades too. A suction cup holds firmly to any smooth surface, keeping one hand free and safely away from danger.

**Dimensions:** 2½" x 2½" x 2½"/6.4 x 6.4 x 6.4 cm



LF292



LF290



Easy Grip™ Kitchen Knives

These kitchen knives have an angled handle which keeps your wrist in a neutral position, preventing strain while in use. They have a non-slip finish which improves your grip even when hands are wet or greasy. They are lightweight with a stainless steel blade and protective cover. Dishwasher safe.

|       |                       |                  |
|-------|-----------------------|------------------|
| LF292 | Carving Knife         | Length: 9"/23 cm |
| LF290 | General Purpose Knife |                  |



# KITCHEN



## ETAC Fix Preparation Board **LG496**

Stands firmly on its 4 friction feet or the enclosed suction feet. The jaws hold a bowl, grater or piece of food in place. There is also a small plate with spikes to hold smaller pieces of food. Spikes can be removed and placed pointing downwards to obtain a flat surface. Dishwasher safe. Knife not included.

**Dimensions:** 12½" x 11½"/32 x 29 cm



## Silicone Anti-Slip Coaster **LF070**

Adheres to any surface and leaves no residue upon removal. Excellent for preventing dishes from sliding on tabletops, counters and trays. Dishwasher safe.

**Dimensions:** 5½"/14 cm

**Larger size also available 8"/20.3 cm - LF071**



## Geroline™ Jar Opener **LF372**

Installs easily in seconds with the adhesive strips provided but can be permanently installed with screws as well through the available sockets. Simply remove the tape backing and press the device in a convenient location underneath your kitchen cabinet. Helpful for people that suffer with conditions like arthritis, fibromyalgia or carpal tunnel syndrome.



## Jarkey™ **LF375**

Open jar lids by lifting the edge so that the vacuum inside is released. Once released, it is easy to unscrew the lid. Made from sturdy ABS plastic. Colour may vary.





### **Easy Twist Jar Opener** **LH554**

Ideal for opening any size jar or bottle. Just select the appropriate size, grip firmly and twist. The soft rubber gasket creates a firm hold.



### **Good Grips® Jar Opener** **LF370**

Open any size jar effortlessly. The sharp stainless steel teeth will grip the lid firmly, as a soft, non-slip handle cushions your hand and absorbs pressure. Dishwasher safe.



### **Good Grips® Smooth Edge Can Opener** **LG001**

Easily take off lids leaving behind an even, safe edge. Stainless steel cutting wheel does not touch the food, remaining clean. Dishwasher safe.



### **One Touch™ Can Opener** **LF388**

Automatic, one-touch button can opener eliminates the need for twisting, pulling and struggling. Can be used on round cans of any size. The opener walks around the can and stops automatically when complete, leaving no sharp edges. Great for those with weak hands. Requires 2 x AA batteries (not included). Colour may vary.





# KITCHEN

## One Touch™ All In One

LF391

This 5-in-1 kitchen tool has it all, opening and lifting off bottle caps, prying can lid covers, lifting and pulling can tabs off, and jar pop/breaking vacuum seals. The rotary gear engineering allows for an effortless and smooth cutting function for safety. Ideal for those with arthritis or limited strength. Non-slip grip handle for added comfort.



## Hand Jar Opener

LH556

The pockets of this holder fit the thumb and fingers easily. It works as a grip to unscrew tight jars and gives a grip on hot, cold or slippery items.



## Good Grips® “Y” Peeler

LF364

Includes a built-in eyer and features a sharp stainless steel blade that glides through even the toughest fruit and vegetable skins. The soft, comfortable handle cushions your hand as you peel and is non-slip, even when your hands are wet. Dishwasher safe.



### **Good Grips® Peeler Set of 3** **LG006**

Each peeler in this 3-piece set has a soft, comfortable grip that is non-slip, even when wet, making them the perfect kitchen companions. Set includes a swivel peeler, julienne peeler and a serrated peeler. Dishwasher safe.



### **Good Grips® Peeler and Parer Set** **LG017**

The Swivel Peeler is simply the best peeler you will ever try! The sharp stainless steel blade glides through the toughest fruit and vegetable skins with ease. The Paring Knife has a fine edge stainless steel blade that is perfect for paring and cutting. Dishwasher safe.



### **Good Grips® Dough Scraper/Chopper** **LG022**

Use this handy tool to section dough for pie crusts, evenly portion dough for pastries and scrape dough from your floured board. Try it for lifting cookies from a cookie sheet or chopping firm vegetables like celery. Dishwasher safe.



### **Good Grips® Slotted Spoon** **LG024**

The perfect spoon for lifting dumplings or potatoes. Small holes allow steam and liquids to escape. Sturdy black nylon is safe for non-stick cookware. Heat-resistant up to 400°F/204°C. Dishwasher safe.



# KITCHEN



## Good Grips® 3-in-1 Avocado Slicer

LG007

This slicer splits, pits and slices avocados safely and effectively. The plastic blade easily cuts through the skin of the avocado yet remains safe to touch. Dishwasher safe.



## Good Grips® Turner

LG025

This turner is safe for non-stick cookware. With a soft, broad handle it is comfortable to hold and won't slip out of your hand. Heat-resistant up to 400°F/204°C. Dishwasher safe.



## Good Grips® Medium Grater

LG942

The bi-directional etched stainless steel grating surface is ideal for coarse grating of soft cheeses, butter, apples, cabbages, potatoes, onions and more. Features a comfortable, non-slip handle. Dishwasher safe.



## Good Grips® Apple Wedger

LF362

Perfect for preparing apples for cobbler or preparing a simple snack. Soft, wide handles take the pressure off hands, while a sharp, stainless steel blade glides easily through fruit. Raised handles assure ample clearance between hands and the table. Comes in white. Dishwasher safe.

**Dimensions:** 7"/18 cm



### **Good Grips® Corn Peeler** **LG008**

This kitchen gadget was designed to safely remove multiple rows of kernels from corn cobs for individuals that can not hold the cob to eat. The peel handle is non-slip and comfortable. Dishwasher safe.



### **Good Grips® Pizza Cutter** **LF361**

Sharp stainless steel pizza cutting wheel with a built-in thumb guard for added safety. Soft handle absorbs pressure while you slice up your favourite pizza. Dishwasher safe.



### **Cover Blubber Food Saver** **LG940**

This is a simple reusable food saver that replaces plastic wrap. Lift the cover edge to push out air for a tight seal. Designed for use in the refrigerator. Comes in a pack of 4, with sizes ranging from small, medium, large and extra large. BPA free.

**Small:** fits up to 3"/8 cm

**Medium:** fits up to 5" /12.7 cm

**Large:** fits up to 7" /17.8 cm

**X-Large:** fits up to 10"/25.4 cm

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### **Pot/Pan Handle Holder** **LG609**

Useful for individuals with limited movement of their arms. The handle fits in the centre groove and prevents saucepans and frying pans from turning when cooking and stirring.

**Note:** Do not use on glass or ceramic stovetops.





# KITCHEN



## Silicone Pot Handle Grip **LH619**

This silicone handle fits most pots and pans. It is flexible, non-stick, and can withstand high temperatures. Top rack dishwasher safe. Colour may vary.



## Single Oven Rack Guard® **LH163**

The Oven Rack Guard® offers real protection against burns from the accidental touching or brushing against hot oven racks up to 500°F/260°C! Made from Nomex fabric first developed for firefighters, it protects by slowing the heat transfer from standard sized metal oven racks to your skin. The snaps allow for easy installation or removal and is machine washable and dryer safe.

**Dimensions:** 18"/45 cm length



## Cool Touch™ Lid Handle Covers **LH162**

The Cool Touch™ Lid Handle Covers protect your hand and fingers from hot metal lids found on the majority of kitchen cookware. Not only are the covers dishwasher safe but they also provide a strong secure grip when in use. This product is also perfect for stockpots and turkey fryers. Can not be used in the oven or in a BBQ . Sold in a 3 pack.



## Splatter Guard Pro™ **LH164**

The Splatter Guard Pro™ is a new and innovative design on a classic kitchen frying tool. Protect yourself from grease splatter while being able to see and stir your food while it cooks. The patented design features sloped sidewalls that stop grease splatters. Is heat resistant up to 500°F/260°C, is made from Platinum Cured Silicone and stainless steel. Dishwasher safe.

**Fits pots with up to a diameter of:** 13"/33 cm



BIOS  
Professional

### Digital Portion Scale

600SC

The digital portion control scale is one of the thinnest scale on the market. With sleek lines and optimal efficiency in the kitchen, it will be sure to add to your food portion control efforts. It has an easy wipe surface and quick repeatability that will make cost control a breeze. Easy wipe stainless steel top. Requires 2 x AAA batteries (included).

**Dimensions:** 8¼" x 6" / 20.95 x 15 cm

**Weight Capacity:** 5000 g / 9 lbs / 15 oz



BIOS  
Professional

### Digital/Analog Kitchen Scale

599SC

Recognize correct serving sizes by managing your diet with a portion scale. Features a blue backlight display with touch sensor operation. Requires 3 x AAA batteries (included).

**Dimensions:** 5¾" x 10" x 1" / 14.6 x 25.4 x 2.5 cm

**Weight Capacity:** 5000 g / 11 lbs



BIOS  
Professional

### Portion Scale

KS100

Diet scales are great for keeping track of portion sizes. This handy little diet scale is the perfect size as it doesn't take up a lot of space and can easily be taken with you on the go.

**Weight Capacity:** 2.2 lbs / 1 kg / 35.3 oz



### Good Grips® Angled Measuring Cup

LF360

The Angled Measuring Cup has a 2-cup capacity and a patented angled surface that lets you read measurements from above. Eliminates the need to fill, check and adjust. Standard and metric measurements. Sturdy plastic body with soft grip handle. Dishwasher and microwave safe.



# KITCHEN



## Good Grips® Scrub Brush **LF367**

The Scrub Brush head has 2 types of bristles for better cleaning. High ergonomic handle allows for knuckle room and is non-slip when wet. Dishwasher safe.



## Good Grips® Soap Dispensing Sponge **LG003**

Allows for no-leak, no-mess, soap dispensing while doing dishes. The dish sponge features a soft, comfortable, non-slip handle.

**Sponge refills (pack of 2) also available - LG004**



## Good Grips® Water Bottle Cleaning Set **LG010**

This convenient set includes a long bottle brush, straw brush and detail cleaner to provide a thorough clean for any of your cups and glassware. All 3 tools store together on a handy ring and easily snap off for use. The brushes have durable nylon bristles that won't lose their shape. Soft, comfortable, non-slip handles provide a firm grip during use.

**Dimensions:** 3" x 2" x 15.6"/7.4 x 5 x 40 cm



## Soft Top Palm Brush **LH563**

Dispense soap with a light push of the button, soap shoots out and onto the item being scrubbed. Soft, comfortable grip is non-slip and the contoured shape is designed for optimal comfort. Leak-proof and the bristles are made from nylon. Colour may vary.





## EATING & DINING

Using adaptive products effectively is crucial to independence with eating and drinking. There are a range of products that assist with difficulties such as limited grip, tremors or lack of muscle control and use of one hand only.

This section features products like:

- Cutlery
- Plates and Bowls
- Cups and Mugs

... and much more!





# EATING & DINING

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## Integral Cutlery Set

Integral is a cutlery set specifically developed for people with gripping difficulties and limited wrist range of motion. The aesthetic appearance and proven functionality allow users to eat independently and make the everyday pleasures of good food even more enjoyable. The bullet shaped handle fits perfectly into the palm of the hand and makes it easy to hold.

### FEATURES:

- Produced from the finest quality 18/10 stainless steel, which ensures durability, a beautiful shine, a lasting performance and is dishwasher safe.
- The flattened top of the blade makes it easier to apply pressure when cutting.
- The lean transition from handle to bowl allows you to hold it in various positions.
- The light curve at the edge of the blade allows a rocking motion when cutting.
- The elevated handle makes it easy to pick up the cutlery from flat surfaces.
- The flattened bottom of the handle ensures the cutlery stays put.

Amefta

DESIGN  
PLUS



reddot design award



|              |          |                               |   |
|--------------|----------|-------------------------------|---|
| <b>314SC</b> | Fork     | <b>Weighs:</b><br>3.5 oz/99 g | <b>Handle<br/>Diameter:</b><br>1.6"/2.54 cm |
| <b>316SC</b> | Spoon    | <b>Weighs:</b><br>3.5 oz/99 g |   |
| <b>315SC</b> | Knife    | <b>Weighs:</b><br>3.5 oz/99 g |   |
| <b>318SC</b> | Full Set | -                             | -   |

## Built-Up Utensils

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The flexible ribbing on the latex-free built-up handle adapts to any grip. The fork & spoon have a special twist built into the metal shaft, allowing them to be bent to any angle. Suitable for both left/right handed use. This utensil line is a great solution for arthritis, neurological impairments, or generalized weakness. Users will find these utensils comfortable to hold, less stressful to use and easily adaptable to any eating situation.

**Handle:** 1½"/3.5 cm

|              |               |                                |
|--------------|---------------|--------------------------------|
| <b>LF716</b> | Fork          | <b>Weighs:</b><br>2.85 oz/81 g |
| <b>LF717</b> | Teaspoon      | <b>Weighs:</b><br>2.55 oz/72 g |
| <b>LF719</b> | Soup Spoon    | <b>Weighs:</b><br>3.1 oz/88 g  |
| <b>LF720</b> | Rocker Knife  | <b>Weighs:</b><br>2.9 oz/82 g  |
| <b>LF748</b> | Utensil Strap | -                              |





## Angled/Contoured Cutlery

This innovative cutlery features shaped handles to assist those with restricted wrist or finger movement. The knife has a straight built-up handle with an angled blade that allows cutting with a rocker action. The fork/spoon have curved built-up handles that are comfortable to grip and require little wrist movement.

|              |            |                               |           |
|--------------|------------|-------------------------------|-----------|
| <b>LG450</b> | Knife      | <b>Weighs:</b><br>2.7 oz/78 g | -         |
| <b>LG451</b> | Fork       | <b>Weighs:</b><br>1.7 oz/48 g | -         |
| <b>LG452</b> | Soup Spoon | <b>Weighs:</b><br>1.9 oz/54 g | -         |
| <b>LG457</b> | Spoon      | <b>Weighs:</b><br>1.9 oz/54 g | Left Hand |



## Weighted Utensils

Weighted cutlery is designed to provide Parkinson's disease sufferers and those with tremors an attractive and comfortable way to help counter hand tremors while eating. 100% stainless steel construction. Dishwasher safe.

**Dimensions:** 7<sup>3</sup>/<sub>4</sub>" / 20 cm

|              |               |                              |
|--------------|---------------|------------------------------|
| <b>LF721</b> | Fork          | <b>Weighs:</b><br>7 oz/198 g |
| <b>LF724</b> | Soup Spoon    |                              |
| <b>LF722</b> | Knife         |                              |
| <b>LF723</b> | Dessert Spoon |                              |



## Evo Of Ware

**LG660**

This cutlery is ideal for individuals with impaired strength or mobility, allowing them to eat independently. The handle can be rotated within the hand, giving the user superior flexibility and control. Easy to clean and will fit in most utensil drawer slots. FDA approved. Sold as a 3 piece set: fork, knife, and spoon. Not recommended for microwave or oven use. Dishwasher safe.

**Length:** 6" / 15.24 cm



# EATING & DINING



## Anti-Slip Sheath

**LG607**

Designed to fit cutlery handles of all shapes and sizes. Particularly useful for people with reduced hand function, unsteady or weakened grip and for people with limited joint movement in the hand. This sheath is fully washable and long lasting.



## Adaptive Cutlery

With high-contrast colouring, this ergonomic cutlery is easy to locate. The handles are designed to be adjustable and made from a flexible material with an anti-slip grip. Comes with a removable strap to help hold onto the cutlery while eating. Colour may vary.

|              |       |
|--------------|-------|
| <b>LF714</b> | Fork  |
| <b>LF715</b> | Spoon |

**LF725**



**LF726**



## Universal Cuff

An excellent eating aid for people who have trouble grasping and holding small utensils. Ideal for children and adults with little or no hand strength.

|              |                  |  |
|--------------|------------------|--|
| <b>LF725</b> | Adjustable Strap | <b>Fits:</b> 3½" to 4½" / 8.89 to 10.16 cm |
| <b>LF726</b> | Plastic Clip     | <b>Length:</b> 5" / 12.7 cm                |



**KNORK®**

**LF703**

Allows convenient one-handed cutting and eating. Created to provide a single utensil that functions as both a knife and a fork. Useful for people with limited hand mobility, such as arthritis and paralysis. Dishwasher safe.

**Dimensions:** 7½" x 1¼" / 19 x 3 cm



### Universal Built-Up Handles LF728

These ergonomic, soft-ribbed, built-up handles make it easier for people with arthritis or limited grasping ability to self-feed and perform other daily activities. Handle is soft and curved so it fits comfortably in the hand. Accommodates utensils and other everyday items. Dishwasher safe. Comes in a pack of 4.

**Handle Diameter:** 1 3/4" / 4.5 cm



### Closed-Cell Foam Tubing LF727

This sheath is uniquely designed to fit cutlery handles of all shapes and sizes. It is particularly useful for people with reduced hand function, limited joint movement, or unsteady/ weakened grip. Hand washable and expected to withstand repeated use over time. Comes in pack of 6 assorted colours: 2 x Tan: 1/4" / 0.5 cm, 2 x Red: 1/2" / 1 cm, 2 x Blue: 3/4" / 2 cm.

**Length:** 12" / 30 cm



### Pediatric Plastic Coated Spoon LF059

Stainless steel spoon coated with an FDA approved, soft, white plastic. Protects teeth, gums and lips. Not recommended for children with severe biting reflexes. Top rack dishwasher safe.



### STÄ BOWL™ LF729

This unique bowl is designed to aid people who have difficulty eating due to lack of upper body or extremity control. Handle and non-skid base stabilize the bowl on the table, the handle also provides extra stabilization when lifting or transporting the bowl. Spouts on both sides facilitate easy drinking. Scratch resistant, as well as dishwasher and microwave safe.

**Length with handle:** 11 3/4" / 29.8 cm

**Width:** 7" / 18 cm

**Capacity:** 16 fl. oz / 473 ml





## Scooper Bowl

LG076

A high rim and reverse curve on one side, aid in scooping food onto a utensil without spilling over the side. Suction cup base prevents skidding, making one-handed eating easier. Do not put suction cup in dishwasher.

**Dimensions:** 4½"/11.5 cm

**Capacity:** 12 fl. oz/355 ml



## Plastic Food Bumper

LF739

Ideal for people who want to use conventional tableware, but have difficulty getting food onto utensils or who tend to push food off the plate because of a lack of coordination. Sanitary food bumpers clip onto any circular dinner plate and provide walls for food, making it easier to push onto forks or spoons. Dishwasher safe.

**Fits plates with a diameter of:**  
9" - 11"/23 - 28 cm



## Inner Lip Plate

Designed to assist children, the elderly, people with limited muscle control and individuals with the use of only one hand. The deep inner lip keeps food from sliding off the plate. The user brings the fork or spoon to the edge of the plate and pushes the food onto the utensil. Dishwasher, autoclave and microwave safe.

|       |       |                           |
|-------|-------|---------------------------|
| LH516 | Blue  | <b>Diameter:</b> 9"/23 cm |
| LH517 | Red   |                           |
| LF746 | White |                           |



## Scoop Dish

LH160

This dish allows for simplified eating with its flat bottom and high rim with reverse curve on one side to help scoop food against and onto a utensil without spilling over the side. It is dishwasher and microwave safe up to 180°F/82°C. Comes in blue.

**Diameter:** 6¾"/17.2 cm



### 3 Section Plate

LH161

This sandstone plate has high dividers in each compartment that can help push food onto utensils. The two smaller sections hold up to 200 ml/6.75 oz. capacity, while the third larger section holds 375 ml/12.6 oz. Included is a clear plastic cover for easy transporting and storing of food. The plate and lid are dishwasher and microwave safe up to 180°F/82°C.

**Diameter:** 8¼"/20 cm



### Round Up Plate

LH519

This plate is suitable for children and adults with limited muscle control and coordination. A high inner wall around the circumference prevents food from spilling or sliding off the plate. Dishwasher safe.

**Diameter:** 8"/20 cm

**Height:** ¾"/1.9 cm



### Non-Slip Cup Support

LF712

Great to hold yogurt cartons, cups or other containers. Its non-slip surface holds the cup in place and makes it easy to open. Colour may vary.



### RedWare

LF743

Research indicates that people with Alzheimer's disease experienced a 24% increase in food intake and 84% increase in liquid intake when eating and drinking with tableware that offers a high contrast in colour. RedWare is brightly coloured tableware which assists Alzheimer's patients in distinguishing their tableware from their food and drink. Includes scooper dish with non-skid base, drinking cup, built-up fork and spoon.



# EATING & DINING



## Drink Buddy

LG661

Easy to use with cans, bottles, cups or glasses. It is great for all ages as well as individuals with motor-function challenges. It is lightweight, easily stackable and can be used indoors and outdoors. Holds bottles and glasses with a diameter of up to 3½"/8.9 cm.



## Transparent Mug With Spout

LG079

High-strength, clear plastic mug with extra wide base for stability. Reduces difficulty drinking for children and adults who lack extremity strength and coordination. The two handle design is perfect for those requiring added joint protection in their hands. Mug and lid are both dishwasher safe.

**Dimensions:** 4" x 8" x 10"/10 x 20 x 25 cm

**Capacity:** 8 fl. oz/237 ml



## Red Cup

LF737

The red colour of this cup makes locating it simple and the two handles make drinking easier. The extra wide base provides greater stability and reduces spilling accidents. It comes with 2 different lids: the spout lid is contoured to fit comfortably in the mouth and the anti-splash lid helps to direct the flow of liquid into the mouth. Dishwasher safe.

**Capacity:** 8 fl. oz/237 ml



## No Tip Weighted Base Cup

LG078

Two-handled cup with round base assists in self-righting, even when released from a lying position. Comes with two spill-proof lids. One lid is dish-shaped clear plastic with two holes to let fluid flow into the dish for drinking. The other lid has a moulded plastic mouthpiece. Top shelf dishwasher safe.

**Capacity:** 8 fl. oz/237 ml



### Transparent Nosey Cups

Designed with a cut out for the nose to allow drinking without bending the neck or tilting the head. These cups are injection molded to ensure a completely smooth surface and comfortable fit for the lips and nose. Dishwasher safe.

|              |                                   |
|--------------|-----------------------------------|
| <b>LF732</b> | <b>Capacity:</b> 4 fl. oz/118 ml  |
| <b>LF733</b> | <b>Capacity:</b> 8 fl. oz/237 ml  |
| <b>LF734</b> | <b>Capacity:</b> 12 fl. oz/355 ml |



### Dual Handled Mug

**LG046**

Ideal for sufferers of decreased hand strength or limited dexterity. This ceramic mug with two extra large handles allow for a sturdier grasp when holding and drinking, making drinking safer. Ideal for hot and cold beverages. Dishwasher and microwave safe.

**Capacity:** 11 fl. oz/325 ml



### Transparent Mug

**LH512**

This mug has 2 large handles so it can be picked up and held easily. It features a wide base to avoid tipping or spilling. Comes with 2 different lids to suit every need: a spouted lid with a contour to fit comfortably in the mouth and an anti-splash lid that helps to direct the flow of liquid. Both lids can be used with a straw. The mug and lids are dishwasher safe, durable, and never impart a flavour.

**Capacity:** 9 fl. oz/266 ml

**Also available in larger size -  
12 fl. oz/355 ml - LH510**



### Large Handled Transparent Mug

**LH511**

Features a large handle so it can be picked up and held easily. It comes with two different lids to suit every need; a spouted lid with a contour to fit comfortably in the mouth and an anti-splash lid that helps to direct the flow of liquid. Both lids can be used with a straw. The mug and lids are dishwasher safe, durable, and never impart a flavour.

**Capacity:** 12 fl. oz/355 ml





# EATING & DINING



## Cup Holder

A handle that attaches to everyday mugs, glasses and bottles, increasing grip and stability while drinking. The innovative clip-on design snaps on and off easily. The wraparound style protects hands and fingers from hot mug surfaces. Hand wash in warm water and dry thoroughly before use. Always hold mug with both hands. Attach before adding hot liquids. Not suitable for microwave use.

|              |      |
|--------------|------|
| <b>LG680</b> | Blue |
| <b>LG681</b> | Red  |



## People Feeder

**LG077**

Provides an alternate to syringe feeding for thick soups or pureed foods. A soft, 5½"/14 cm silicone rubber feeding nozzle can hold one tbsp and can be squeezed to control the flow of food into the patient's mouth. Easy disassembly for cleaning. Dishwasher safe.

**Capacity:** 7 fl. oz/207 ml



## CamoCup®

**LF749**

Specially developed for infants, children and adults with suction, drinking and swallowing disorders, to promote their sensorimotor skills. The unique shape is ideal and comfortable to hold in two hands. The beak shaped spout to provide a steady flow of liquid. Dishwasher safe.

**Capacity:** 4.6 fl. oz/120 ml



## Vacuum Feeding Cup

**LF736**

A soft rubber air release button on this vacuum feeding cup makes it possible to drink liquid without raising the head. A simple push of the button releases a small, controlled amount of liquid, which will not spill from the cup even if it is lying on its side. Dishwasher and autoclave safe.

**Capacity:** 8 fl. oz/237 ml



### UDrink Holder

**LF742**

Allows the user to hold and drink a beverage independently. Ideal for people with limited or no grip strength. Adjustable velcro to fit bottles, cans, cups, and glasses of all different shapes and sizes.



### Cupcap®

**LG608**

A self-sealing cap that will stretch to fit over the top of cups, glasses and beakers and allow a straw to enter for drinking. This cap prevents spills even when the cup or glass is knocked over, protecting surfaces and furnishings. Comes in a pack of 2.

**Diameter:** 2.4"/6 cm and 3.1"/8 cm

Straw not included



### Kennedy® Cup

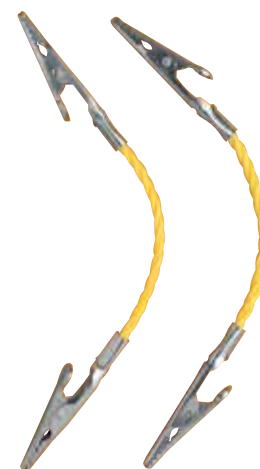
**LF735**

A lightweight spill-proof drinking cup that is ideal for people of all ages. The patented design allows the cup to be easily filled with warm or cold liquid. Once the lid is screwed on, the liquid will not spill out, even if the cup is turned completely upside down. This means an end to messy spills and new independence for those who have difficulty using conventional cups.

**Dimensions:** 4¼" x 4¼" x 3½"/11 x 11 x 9 cm

**Capacity:** 7 fl. oz/207 ml

**Replacement lids 6 pack also available - LF735L**



### Make-a-Bib® Clip and Cord

**LH518**

Make "do-it-yourself" bibs out of napkins, towels, plastic film or other materials. Consists of braided nylon with a spring tension pinch clip at each end. Each piece clips to one side of the shirt and to an edge of the bib material. Comes in a pack of 2.

**Dimensions:** 5" x 4½" x ¼"/12.7 x 11.4 x 0.3 cm



# EATING & DINING



BIOSliving

## Flannel Bib

Absorbent and helps protect clothing from spills and stains. Binding around edge with snap closure. Machine wash and dry. Colour may vary.

|              |                 |                      |
|--------------|-----------------|----------------------|
| <b>LF752</b> | Medium          | 30" x 17"/76 x 43 cm |
| <b>LF753</b> | Large           | 36" x 17"/91 x 43 cm |
| <b>LF754</b> | Terry Cloth Bib | 24" x 17"/61 x 43 cm |



## Water Proof Terry Bib

**LG759**

Comfortable and generously sized clothing protector made of soft light blue terry with a lightweight waterproof backing. Roomy catch-all pocket at the bottom collects crumbs and opens with snaps for easy crumb removal. Machine washable. Comes in light blue.

**Dimensions:** 32" x 20"/81 x 51 cm



## Vinyl Clothing Protector

**LG089**

Offers protection from spills and is easy to clean. Features a continuous cuff along the bottom to catch food and liquids, preventing them from dropping to the floor. Machine washable and air dry. Comes in clear.

**Dimensions:** 18" x 36"/46 x 91 cm



## Disposable Clothing Protector

**LH524**

Disposable peel and stick clothing protector is waterproof, lightweight, and comfortable to wear. Great for travel and made of polyester backed tissue. Features a built-in crumb catcher for larger food particles. No ties required; simply stick to a shirt before eating and peel off to throw away after use. Comes in a box of 50.

**Dimensions:** 13" x 18"/33 x 16 cm



## ORTHO SUPPORT

Patients that are concerned with muscles, ligaments and joints are considered orthopedic patients. There are so many orthopedic disorders that it is almost impossible to list them all. Some of the more common disorders are arthritis, fractures, low back and neck pain. Orthopedic supports and braces are available to help in the aid and recovery of some of these common disorders.

This section features products like:

- Lumbar Support
- Neck Support
- Braces

... and much more!

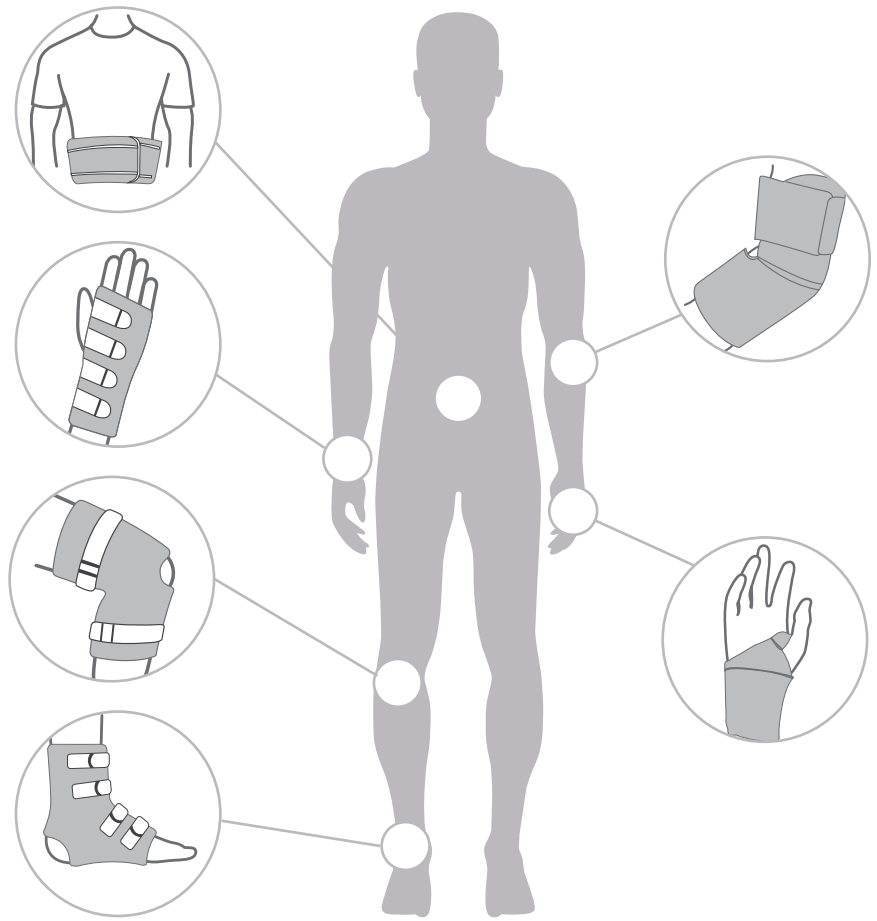




# ORTHO SUPPORT

The BIOS Living Ortho Support line are quality supports, splints and braces that were designed for the user in mind.

Comfortable to wear, easy to put on and take off, the Neoprene material provides compression to increase blood flow and retains body heat to keep muscles warm.



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## Elbow Brace

**LK042**

Designed to give moderate support for the user and provides strength for stiff, weak or injured elbows. This brace is made from a Neoprene blend and has 2 adjustable compression supports for a customized fit and can be used on either elbow.

**Dimensions:** 6½" – 13½"/16.5 – 34.3 cm



BIOSliving

## Neoprene Knee Brace Stabilizer

**LK043**

This stabilizer provides moderate support and compression for stiff, weak or injured knees. Comfortable to wear, it is designed with dual stabilizers that help provide medial and lateral support and can be used on either knee.

**Dimensions:** 13" - 17½"/33 – 44.5 cm



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## Wrist Brace

**LK044**

Provides support to strengthen wrists that are stiff, weak or injured. Made from a Neoprene material that retains body heat which increases blood circulation to keep the muscles warm and will not limit finger movement. Can be used on either wrist.

**Dimensions:** 4½" – 9½"/11.4 – 24.1 cm

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## Back Support Braces

Designed for individuals that may experience back pain or looking for additional lumbar support. The hard back support gives extra stability while your lumbar is supported with 4 foam pads for comfort. These braces can be worn during daily activities or exercise.

|              |                   |                            |
|--------------|-------------------|----------------------------|
| <b>LK045</b> | Small/<br>Medium  | 27" – 35"/<br>68.6 – 89 cm |
| <b>LK046</b> | Large/<br>X-Large | 35" – 43"/<br>89 – 109 cm  |

BIOSliving



## Wrist Splint

**LK047**

Designed to be used on either wrist, this adjustable splint provides comfortable support for injured, weak or post-cast wrists. It provides compression and retains body heat which increases blood circulation to keep your muscles warm. It will not limit finger movement.

**Dimensions:** 5½" – 8½"/14 – 21.5 cm

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## Ankle Brace

**LK048**

Provides comfortable support for injured, weak or post-cast ankles. The wraparound style and adjustable straps make it easy to use on either ankle. This brace is made from Neoprene material and offers moderate support.

**Dimensions:** 8" – 10"/20 – 25.4 cm



# ORTHO SUPPORT



## Neck Vitalizer M3™

LF082

Neck, shoulder and back pain/fatigue often cause slouched sitting. As a result, the head protrudes too far forward placing additional stress on the neck and shoulders, also known as "Forward Head Posture". Within seconds you will notice the neck drop backwards, the chest open up and shoulder/neck muscles relax. Features a convenient pump for inflation.

**Dimensions:** 8" x 11" x 0.12" - 3.0" /  
20 x 28 x 0.3 - 7.6 cm



## Lumbar Decompressor M3™

LF083

Adjustable and portable back or neck comfort. Works great in bucket seats, airplanes and smaller chairs. You may place the support wherever it's required and inflate the air chamber accordingly. Clinically proven to be beneficial for improving spinal curvature over an extended period of time. Colour may vary.

**Dimensions:** 12" x 9" x 0.12" - 3.0" /  
30 x 23 x 0.3 - 7.6 cm



## Lumbar™ Air Plus

LF221

Adjustable and portable back or neck comfort. Works great in bucket seats, airplanes and smaller chairs. Place the support wherever it's required, inflate the air chamber accordingly and secure with the seat strap. Clinically proven to be beneficial for improving spinal curvature over an extended period of time. Colour may vary.

**Dimensions:** 2" x 10½" x 7" / 5.1 X 26.7 x 17.8 cm



## Embrace™ Air Plus with Pump

LF220

Designed with pressure mapping, foam contours to your body naturally, offering gentle lateral support. A vertically adjustable air system provides you with guaranteed back support. Colour may vary.

**Dimensions:** 18" W x 20" H / 45.7 W x 51 H cm  
**Also available without pump - LF222**



## Deluxe Back & Lumbar Support LG806

Ergonomically designed to provide complete support for the back and spine. Its molded, high density foam retains its shape and rebounds at pressure points, while the attached strap hold the cushion firmly in place. Included is a removable zippered cover for easy cleaning.

**Dimensions:** 14" x 13"/35.6 x 33 cm



## Jazz RX™

LF080

This backrest is ideal for any long-term sitting – at home, work, in a car or on a plane. Tucked behind your back, the Jazz RX™ prevents backaches by providing lumbar support and maintaining the spine's natural curve. Found to improve sitting posture and reduce tension and stress in the lower back, allowing for more comfortable prolonged sitting.

**Dimensions:** 16¾" x 16¾" x (½" - 3½")/  
42.4 x 42.4 x (1.27-9) cm

## Heel Aid

LG933

Use with a post-op shoe to eliminate the pelvic obliquity caused by the difference in leg length. Simply peel one or two layers at a time to adjust the height ¾", ¼" or ⅛". Features a durable leather cover with three resilient rubber layers tapered for comfort. Layers are firmly held together by peel-apart adhesive. Use bilaterally for progressive treatment of Plantar Fasciitis or Achilles Tendinitis. Comes in a pack of 6. One size fits all.







# ORTHO SUPPORT

## Hydrothotics

Hydrothotics are pain relieving dynamic fluid orthotics. Hydrothotics' dynamic fluid technology provide relief for pain in your feet, heels, ankles, knees, hips and lower back. The fluid provides you with arch support, cushioning and a massage for your feet to relieve pain and increase circulation in your lower extremities. Hydrothotics are easily sized to fit your shoes by simply trimming the toe end of the orthotics with a pair of scissors.

| Size Chart |      |                   |            |
|------------|------|-------------------|------------|
| Product    | Size | Men (US)          | Women (US) |
| LH886      | XS   | -                 | 5 - 6 - 7  |
| LH889      | M2   | 7½ - 9            | 9 - 10½    |
| LH890      | L    | 7½ - 9½<br>X-Wide | -          |
| LH891      | L2   | 9½ - 10½          | 11 - 12    |
| LH892      | XL   | 11 - 13½          | -          |
| LH893      | XXL  | 14 - 16           | -          |



## Multi Purpose Ankle Wrap

**LF599**

Designed to comfortably provide support by lifting and supporting the arch of the foot while providing compression and soothing warmth. One size fits all.



## Compression Ankle Support

Provides relief with uniform compression and heat retention. The major function is to help support the ankle and reduce overall swelling. This is ideal for tendinitis, bursitis, muscle strains, ligament sprains and more. The material is neoprene with high quality quadstretch for 4-way movement.

|       |       |        |
|-------|-------|--------|
| LH577 | Beige | Medium |
| LH578 | Black | Large  |



## Magnetic Knee Strap

**LG748**

Applies focused pressure to the kneecap, reducing pain and agony. The strap is designed to improve patellar tracking and elevation. It reduces pain caused by running and jumping and provides relief from tendinitis, chondromalacia and Osgood-Schlatter disease. Powerful magnets improve blood flow to knee area. One size fits all with the fully adjustable Velcro® strap and comfortable faux calfskin cover.



## Neoprene Deluxe Ankle Support

**LF600**

Stabilize and support weak ankle muscles and ligaments following strains, sprains and stress injuries. The neoprene retains body heat, increases blood circulation and helps keep muscles warm, reducing risk of injury during or after sporting activities. One size fits all.



## CSUS Night Splint

Night splint for plantar fasciitis with adjustable dorsiflexion straps. Metatarsal wedge maximizes dorsiflexion stretch. Fits right or left foot.

|               |        | Women (US) | Men (US) |
|---------------|--------|------------|----------|
| <b>LG766</b>  | Small  | 4 - 8      | 3 - 7    |
| <b>LG766M</b> | Medium | 9 - 11     | 8 - 10   |
| <b>LG766L</b> | Large  | 12+        | 10+      |

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## Gel Heel Cushions

**LG824**

Designed with form-fitting, flexible quadstretch neoprene for 4-way movement. The gel pad cushion provides shock absorption with each step and fits comfortably in shoes providing all day relief. One size fits all.



# ORTHO SUPPORT



## Safeboot II

Floats heel & relieves pressure preventing development of heel ulcers and allows for healing of pre-existing ulcers. External cover can be removed and washed.

|                |         |                 |
|----------------|---------|-----------------|
| <b>LG768</b>   | Small   | Up to 8"/20 cm  |
| <b>LG768M</b>  | Medium  | Up to 9½"/24 cm |
| <b>LG768L</b>  | Large   | Up to 11"/28 cm |
| <b>LG768XL</b> | X-Large | Up to 13"/33 cm |



## Elastic Knee Stabilizer

The flexible side stabilizers increase lateral stability and support knee ligaments without limiting movements. The front opening offers increased support for the patella and prevents compression.

|              |                   |                          |
|--------------|-------------------|--------------------------|
| <b>LF602</b> | Small/<br>Medium  | 11" – 15½"/ 28 – 39.2 cm |
| <b>LF603</b> | Large/<br>X-Large | 15½" – 20"/ 39.2 – 51 cm |



## Neoprene Knee Stabilizer **LF604**

Neoprene retains body heat, increases blood circulation and helps keep muscles warm. The flexible side stabilizers increase lateral stability and support knee ligaments without limiting movements. The front opening offers increased support for the patella and prevents compression. One size fits all.



## Women's Neoprene Knee Support **LF601**

The flexible side stabilizers increase lateral stability and support knee ligaments without limiting movement. Buttress insert acts as a patella stabilizer, while preventing direct pressure on the patella itself. Targets compression just below the kneecap to help relieve pain. One size fits all.



## Compression Knee Wrap **LH576**

The easy ON/OFF wrap provides comfort, support and helps relieve pain. The uniform compression and heat retention is ideal for athletics and fitness. Recommended for tendinitis, bursitis, muscle strains, ligament sprains and more. The material is neoprene with high quality quadstretch for 4-way movement.

**Dimensions:** 12" – 14½"/30 – 37 cm



## Arm Protection Sleeve

The arm protection sleeve provides covering against tears and abrasions for thin, fragile skin tissue. Can be used for active and non-ambulatory patients. Made of a cotton/Lycra® mix material that is washable and reusable.

|                |         |                             |                               |
|----------------|---------|-----------------------------|-------------------------------|
| <b>LG769</b>   | Small   | <b>Width:</b><br>2¾"/7 cm   | <b>Length:</b><br>14"/35.5 cm |
| <b>LG769M</b>  | Medium  | <b>Width:</b><br>3"/7.5 cm  | <b>Length:</b><br>15"/38 cm   |
| <b>LG769L</b>  | Large   | <b>Width:</b><br>3¼"/8.2 cm | <b>Length:</b><br>17"/43 cm   |
| <b>LG769XL</b> | X-Large | <b>Width:</b><br>3¾"/9.5 cm | <b>Length:</b><br>18½"/47 cm  |

## Thumb Spica

Treats "Texting Thumb" using a patented 3-dimensional molding technology that allows for varying thickness in strategic locations for superior comfort, fit and effective long-term immobilization and protection.

|              |         |           |                          |
|--------------|---------|-----------|--------------------------|
| <b>LH150</b> | X-Small | Left Hand | 5¼" – 6¼"/13.3 – 15.9 cm |
| <b>LH151</b> | Small   |           | 6¼" – 7¼"/15.9 – 18.4 cm |
| <b>LH152</b> | Medium  |           | 7¼" – 8"/18.4 – 20.3 cm  |
| <b>LH153</b> | Large   |           | 8" – 9"/20.3 – 22.9 cm   |
| <b>LH154</b> | X-Large |           | 9" – 10"/22.9 – 25.4 cm  |

|              |         |            |                          |
|--------------|---------|------------|--------------------------|
| <b>LH155</b> | X-Small | Right Hand | 5¼" – 6¼"/13.3 – 15.9 cm |
| <b>LH156</b> | Small   |            | 6¼" – 7¼"/15.9 – 18.4 cm |
| <b>LH157</b> | Medium  |            | 7¼" – 8"/18.4 – 20.3 cm  |
| <b>LH158</b> | Large   |            | 8" – 9"/20.3 – 22.9 cm   |
| <b>LH159</b> | X-Large |            | 9" – 10"/22.9 – 25.4 cm  |







# ORTHO SUPPORT



## Elastic Splint Wrist Ambidextrous

Designed to help relieve the pain and swelling associated with carpal tunnel syndrome and to help support weak injured wrists. Helps relieve pain and swelling while maintaining full range of movement of thumb and fingers. Extra long 6½"/16.5 cm spoon and two side splints provide rigid support.

|              |               |
|--------------|---------------|
| <b>LF593</b> | Small/Medium  |
| <b>LF594</b> | Large/X-Large |



## Thumb Support

**LG369**

This neoprene support has a comfortable fit and retains body heat for better blood circulation. Extremely useful in the treatment of sport and accidental injury as well as workplace demands. This is adjustable to fit both the left and right hand. One size fits all.



## Neoprene Splint Wrist

Neoprene retains body heat, increases blood circulation and helps keep muscles warm. Snug fit of the hand and wrist for patient comfort. Does not limit finger movement. One size fits all.

|              |       |       |
|--------------|-------|-------|
| <b>LF591</b> | Men   | Left  |
| <b>LF592</b> |       | Right |
| <b>LF595</b> | Women | Left  |
| <b>LF596</b> |       | Right |



## Neoprene Wrist Brace

**LF590**

Designed to support weak wrist muscles and ligaments following strains, sprains and stress injuries. Neoprene retains body heat, increases blood circulation and helps keep muscles warm, reducing risk of injury during or after sporting activities. Cushions against blows and remains effective when wet. One size fits all.



## Restorative Flex Hand

Treats a contracted tightly closed fist. The mouldable plastic allows patients to work through their tone or spasticity. Adult universal sizing.

|                 |                              |
|-----------------|------------------------------|
| <b>LG774</b>    | Left Hand with Regular Cone  |
| <b>LG774LRC</b> | Left Hand with Reverse Cone  |
| <b>LG774RRC</b> | Right Hand with Regular Cone |
| <b>LG774RVC</b> | Right Hand with Reverse Cone |



## Elastic Wrist Wrap

**LF598**

Adjustable tension. Designed to support weak wrist muscles and ligaments following strains, sprains and stress injuries. One size fits all.

## Restorative Hand

Treats wrist hand contractures. The mouldable plastic allows patients to work through their tone or spasticity.

|                 |                          |       |
|-----------------|--------------------------|-------|
| <b>LG767</b>    | X-Small Up to 5"/12.7 cm | Left  |
| <b>LG767XSR</b> |                          | Right |
| <b>LG767SL</b>  | Small Up to 6.5"/16.5 cm | Left  |
| <b>LG767SR</b>  |                          | Right |
| <b>LG767ML</b>  | Medium Up to 7"/17.8 cm  | Left  |
| <b>LG767MR</b>  |                          | Right |
| <b>LG767LL</b>  | Large Up to 8"/20.3 cm   | Left  |
| <b>LG767LR</b>  |                          | Right |





# ORTHO SUPPORT



## Back Support

**LG372**

This firm support has a comfortable fit while retaining body heat for better blood circulation. One size fits all.



## Abdominal Support - Men

**LG370**

This abdominal support has a comfortable fit while retaining body heat for better blood circulation. One size fits all.

**Also available for Women - LG371**



## Elbow Sleeve With Zipper

**LH575**

Provides comfort and support for tendinitis, bursitis, muscle strains, ligament sprains and more. It allows natural movement for exercise, athletics and daily activity. The material is neoprene with high quality quadstretch for 4-way movement.

**Dimensions:** 10½" – 11½"/26 - 29 cm



## Neoprene Golf and Tennis Elbow Pad

**LF597**

Integrated compression pad reduces muscle contractions in the forearm and soothes the pain associated with inflammation of the epicondylitis. One size fits all.



## Magnetic Posture Corrector

Helps to relieve aches and pains by improving breathing, relaxing muscles and straightening the neck and head. It supports using therapeutic magnets and is made with a comfortable cotton lining and neoprene material. It can be discretely worn under clothing and is unisex.

|              |         |                          |
|--------------|---------|--------------------------|
| <b>LH420</b> | Medium  | 28" - 38"/71 - 96.5 cm   |
| <b>LH421</b> | Large   | 38" - 48"/96.5 - 122 cm  |
| <b>LH422</b> | X-Large | 48" - 60"/122 - 152.5 cm |



## Adjustable Hernia Support

Can support single or double hernias. It is lightweight and invisible under clothes. It is complete with two removable pads.

|                |         |                            |
|----------------|---------|----------------------------|
| <b>LG889S</b>  | Small   | 30" - 33"/76.2 - 83.8 cm   |
| <b>LG889M</b>  | Medium  | 34" - 37"/86.4 - 94 cm     |
| <b>LG889L</b>  | Large   | 42" - 45"/106.7 - 114.3 cm |
| <b>LG889XL</b> | X-Large | 46" - 49"/116.8 - 124.5 cm |

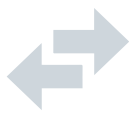
## Hip Protectors

These pads are amazingly lightweight and weigh less than 1.5 ounces/28 grams. Discreet and comfortable to wear-suitable for day or nightwear. Lightweight pad easily slips into the concealed pockets and are unobtrusive beneath a skirt or trousers. Decrease your risk of injury in case of a fall. Contains underpant and 1 pair of hip protectors.



| Men's Waist  |           |           |           | Women's Waist |           |           |           |
|--------------|-----------|-----------|-----------|---------------|-----------|-----------|-----------|
| Model        | Size      | Inches    | CM        | Model         | Size      | Inches    | CM        |
| <b>LG955</b> | Small     | 28" - 30" | 71 - 76   | <b>LG961</b>  | Small     | 22" - 26" | 55 - 66   |
| <b>LG956</b> | Medium    | 32" - 34" | 81 - 86   | <b>LG962</b>  | Medium    | 26" - 30" | 66 - 76   |
| <b>LG957</b> | Large     | 36" - 38" | 91 - 96   | <b>LG963</b>  | Large     | 30" - 34" | 76 - 86   |
| <b>LG958</b> | X-Large   | 40" - 42" | 101 - 107 | <b>LG964</b>  | X-Large   | 34" - 38" | 86 - 96   |
| <b>LG959</b> | XX-Large  | 44" - 46" | 112 - 116 | <b>LG965</b>  | XX-Large  | 38" - 44" | 96 - 112  |
| <b>LG960</b> | XXX-Large | 48" - 50" | 122 - 127 | <b>LG966</b>  | XXX-Large | 44" - 50" | 112 - 127 |





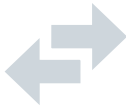
## TRANSFER DEVICES

When one has difficulties moving independently due to limited mobility, transfer devices are available to help the caregiver transfer a patient from the bed, the bathroom, shower or the car securely. Transfer devices help patients that have issues getting up or down, turning/pivoting, getting in or out of bed or do not have sufficient limb strength. The right transfer device can simplify the process for both caregivers and patients, saving time and providing safety.

This section features products like:

Transfer Boards  
Gait Belts  
Transfer Belts

... and much more!



Geo Gait Belt

Gait belts have been determined to reduce the risk of caregiver and patient injury, since there is less strain on the back. They are a necessary aid to the caregiver for ambulating patients that have an unstable gait. This belt features a geometric design on a wipe clean nylon surface.

**Length:** 60"/152 cm  
**Weight Capacity:** 250 lbs/113 kg

|       |                |
|-------|----------------|
| LH620 | Metal Buckle   |
| LH621 | Delrin® Buckle |

|       |                |
|-------|----------------|
| LH622 | Delrin® Buckle |
| LH623 | Metal Buckle   |



Pathoshield Gait Belt – Orange LH400

This belt effectively controls bacteria with its sealed construction plastic. It allows for safe ambulation of unstable patients, are liquid-proof, and the plastic-coated webbing disinfects with spray or wipe-on disinfectant.

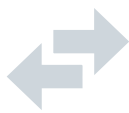
**Dimensions:** 60" x 2"/152 x 5.1 cm  
**Weight Capacity:** 250 lbs/113 kg



Pathoshield Gait Belt – Blue LH401

This belt effectively controls bacteria with its sealed construction plastic. It allows for safe ambulation of unstable patients, are liquid-proof, and the plastic-coated webbing disinfects with spray or wipe-on disinfectant.

**Dimensions:** 72" x 2"/183 x 5.1 cm  
**Weight Capacity:** 350 lbs/159 kg



# TRANSFER DEVICES



## Cotton Gait Belt – Pinstripe **LH402**

This belt effectively reduces the possibility of patient falls and staff back injuries when transferring an unstable patient. Comes with a durable metal buckle and can be machine washed.

**Dimensions:** 60"/152 cm  
**Weight Capacity:** 250 lbs/113 kg  
**Also available in 72"/183 cm - LH403**



## TurnEase™ **LF679**

Helps to assist patients while turning and moving in bed. Makes getting in and out easier and helps to maintain independence. Ideal for individuals suffering from Parkinson's disease, muscular dystrophy, stroke, arthritis, back pain, stiffness or anyone that is having difficulty turning in bed. Machine washable.

**Dimensions:** 37" x 27"/94 x 68.5 cm  
**Weight Capacity:** 300 lbs/136 kg



## Super Sling™

Facilitates patient transfer, lifting and positioning while reducing exposure to back injury. Features friction reducing bottoms that ease positioning and transfer. Reinforced stitching at the handles and 2" wide nylon webbing for patient safety.

|              |               |  |   |
|--------------|---------------|--|---|
| <b>LG334</b> | 4<br>Handles  | <b>Dimensions:</b><br>40" x 36"/<br>101 x 91 cm  | <b>Weight<br/>Capacity:</b><br>250 lbs/113 kg |
| <b>LG335</b> | 8<br>Handles  | <b>Dimensions:</b><br>46" x 46"/<br>117 x 117 cm | <b>Weight<br/>Capacity:</b><br>500 lbs/227 kg |
| <b>LG336</b> | 12<br>Handles | <b>Dimensions:</b><br>72" x 36"/<br>183 x 91 cm  |   |

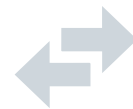


## CarEase™ **LF682**

The slick inner surface makes getting in and out of a car effortless. Sliding and rotation into the car seat is smooth with barely any friction. Perfect aid for all sliding transfers, especially useful for those making routine day trips.

**Dimensions:** 18" x 22"/46 x 55 cm





## Bariatric Shifter

**LG365**

Ideal for lateral transfers of patients, reducing caretaker back strain by minimizing friction on transfer surfaces. Elongated shape brings 14 handholds to ergonomically correct position. Extra-wide design better supports excess tissue and patient's head. Flexible plastic is great for uneven surfaces.

**Dimensions:** 38" x 72" x 3"/96 x 183 x 7.5 cm

**Weight Capacity:** 600 lbs/271 kg



## Padded Transfer Belt

**LH404**

This transfer belt provides a good grip and extra security when transferring people in a range of situations. Attached are 4 looped handles and is padded for extra comfort.

**Fits waist size:** 28"-42"/71-106.7 cm



BIOSliving



## Memory Foam Swivel Cushion LF690B

Designed to help individuals that have mobility limitations rotate on a seat. The portable and lightweight memory foam cushion is ideal for use in the car, home or office. The anti-slip base fits most seat sizes and the removable cover is easy for cleaning.

**Weight Capacity:** 220 lbs/100 kg



## Foldable Transfer Rail

**LG828**

Full size transfer rail easily and conveniently folds to almost half its size. Enables easy transfers to and from wheelchairs. Folds and unfolds quickly for easy storage and portability. Minimal surface area reduces the risk of friction-based skin tears.

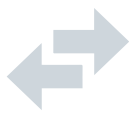
**Unfolded:** 33"/76.2 cm

**Folded:** 16¼"/41 cm

**Weights:** 1 lb/0.45 kg

**Weight Capacity:** 250 lbs/113.6 kg





# TRANSFER DEVICES

## Patient Roller Transfer Device

Allows one or two staff members to move a patient from one surface to another with very little effort, no lifting or pulling required. Transfers the patient between slightly uneven surfaces up to 3"/7.5 cm height difference without lifting. Long-lasting, trouble-free aluminum rollers with steel ball bearings and heavy-duty black conductive vinyl cover.

**Weight Capacity:** 300 lbs/136 kg

|              |   |                                  |
|--------------|---|----------------------------------|
| <b>LG366</b> | <b>Dimensions:</b><br>24" x 14"/61 x 35.5 cm  | <b>Weighs:</b><br>5.8 lbs/2.6 kg |
| <b>LG367</b> | <b>Dimensions:</b><br>30" x 14"/76 x 35.5 cm  | <b>Weighs:</b><br>6.3 lbs/2.8 kg |
| <b>LG368</b> | <b>Dimensions:</b><br>67" x 14"/170 x 35.5 cm | <b>Weighs:</b><br>13 lbs/5.9 kg  |



## Upeasy™ Lift Cushion

Provides up to 80% lift assist for users who otherwise would need help getting up from a seated position. Equipped with a hydraulic lifting mechanism, no electricity is required for operation. Can be closed and easily carried using the built in handle. Adds 1.5" (4 cm) to seat height when seated. Includes a washable cover and high-density foam cushion.

|              |              |  |
|--------------|--------------|--|
| <b>LF381</b> | UpEasy™      | <b>Weight Capacity:</b><br>95 - 220 lbs/43 - 100 kg  |
| <b>LF382</b> | UpEasy Plus™ | <b>Weight Capacity:</b><br>200 - 340 lbs/90 - 154 kg |





## Plastic Transfer Board

**LF409**

Allows for easy transfer from the wheelchair, bed, chair or toilet. Constructed using durable heavy-duty plastic without hand holes. The transfer board is lightweight and easy to handle.

**Dimensions:** 27 $\frac{3}{4}$ " x 8" x 1 $\frac{1}{4}$ " / 70.5 x 20.3 x 18.4 cm  
**Weight Capacity:** 350 lbs/159 kg

## SuperPole™ System

An award-winning modular support system designed for those requiring assistance with standing, transferring, or moving in bed. Central to the system is a stylish floor-to-ceiling grab bar, which provides a secure structure. Easy to install/relocate. Rubber pads on the ceiling and floor plates hold the pole secure and prevent scuffing of floor and ceiling (even stipple ceilings). For improved safety with additional gripping and bearing support, the SuperBar™ can be added for horizontal pivoting. The SuperTrapeze™ provides superior assistance to achieve a seated position in bed. The "ladder like" handle on the SuperTrapeze™ allows for improved use of arm strength to climb to a seated position.

|              |                                |
|--------------|--------------------------------|
| <b>LF470</b> | SuperPole™: 8 ft/244 cm        |
| <b>LF471</b> | SuperPole™ with SuperBar™      |
| <b>LF472</b> | SuperPole™ with SuperTrapeze™  |
| <b>LF473</b> | SuperBar™ Add-On Kit           |
| <b>LF474</b> | SuperTrapeze™ Add-On Kit       |
| <b>LF476</b> | Uni-Fit Extender: 8' - 10' Fit |
| <b>LF477</b> | Angled Ceiling Plate           |



## Wooden Transfer Board

Individuals can be transferred easily from wheelchair, bed, or commode. Features two cut-out handles or notches for easy carrying and gripping. Sealed and coated for easy transfer.

**Weight Capacity:** 350 lbs/159 kg

|              |                            |                          |
|--------------|----------------------------|--------------------------|
| <b>LF404</b> | Without<br>Cut-out Handles | <b>Length:</b> 24"/61cm  |
| <b>LF405</b> |                            | <b>Length:</b> 30"/76 cm |
| <b>LF406</b> | With Cut-out<br>Handles    | <b>Length:</b> 24"/61cm  |
| <b>LF407</b> |                            | <b>Length:</b> 30"/76 cm |





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